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Stability of influenza A virus in droplets and aerosols is heightened by the presence of commensal respiratory bacteria

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ABSTRACT Aerosol transmission remains a major challenge for control of respiratory viruses, particularly those causing recurrent epidemics, like influenza A virus (IAV). These viruses are rarely expelled alone, but instead are embedded in a consortium of microorganisms that populate the respiratory tract. The impact of microbial communities and inter-pathogen interactions upon stability of transmitted viruses is well-characterized for enteric pathogens, but is under-studied in the respiratory niche. Here, we assessed whether the presence of five different species of commensal respiratory bacteria could influence the persistence of IAV within phosphate-buffered saline and artificial saliva droplets deposited on surfaces at typical indoor air humidity, and within airborne aerosol particles. In droplets, presence of individual species or a mixed bacterial community resulted in 10- to 100-fold more infectious IAV remaining after 1 h, due to bacterial-mediated flattening of drying droplets and early efflorescence. Even when no efflorescence occurred at high humidity or the bacteria-induced changes in droplet morphology were abolished by aerosolization instead of deposition on a well plate, the bacteria remained protective. Staphylococcus aureus and Streptococcus pneumoniae were the most stabilizing compared to other commensals at equivalent density, indicating the composition of an individual's respiratory microbiota is a previously unconsidered factor influencing expelled virus persistence.

IMPORTANCE It is known that respiratory infections such as coronavirus disease 2019 and influenza are transmitted by release of virus-containing aerosols and larger droplets by an infected host. The survival time of viruses expelled into the environment can vary depending on temperature, room air humidity, UV exposure, air composition, and suspending fluid. However, few studies consider the fact that respiratory viruses are not alone in the respiratory tract—we are constantly colonized by a plethora of bacteria in our noses, mouth, and lower respiratory system. In the gut, enteric viruses are known to be stabilized against inactivation and environmental decay by gut bacteria. Despite the presence of a similarly complex bacterial microbiota in the respiratory tract, few studies have investigated whether viral stabilization could occur in this niche. Here, we address this question by investigating influenza A virus stabilization by a range of commensal bacteria in systems representing respiratory aerosols and droplets.

KEYWORDS aerovirology, respiratory microbiota, influenza A virus, droplet, aerosol, saliva

nfluenza A virus (IAV) is a prominent respiratory pathogen that has circulated throughout the human population for over a century. Despite extensive research efforts, this virus continues to cause annual epidemics, and has caused multiple pandemics of varying scale. IAV prevalence is also seasonal, and so places recurrent

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pressure on healthcare systems. A major transmission pathway for this virus is via expelled particles from the cough, sneeze, or breath of an infected individual (1). These expelled plumes usually include droplets that fall and deposit on a surface within seconds [typically particles >100 μ m (2)], and smaller aerosol particles that can stay airborne for minutes to hours (2). This airborne route of transmission can be extensive and is difficult to control indoors where people spend close to 90% of their time in modern society (3). Disinfection of virus-containing aerosol particles and droplets in our indoor environments is a crucial mitigation strategy to curb the spread of respiratory infections; however, we have limited understanding of the processes facilitating viral survival within these particles.

Notably, viruses are not alone within the respiratory tract—the respiratory microbiota is complex and ever present, with the nasopharynx, oropharynx, and lung colonized by various species of commensal bacteria. This flora is part of normal respiratory health, and bacterial colonizers typically persist with no adverse symptoms. The upper and lower respiratory tracts differ in their microbial composition (4), with common genera *Moraxella, Staphylococcus, Streptococcus, Haemophilus, Prevotella, Neisseria, Fusobacterium*, and *Corynebacterium* typically colonizing the upper region (5–7). In contrast, the lower respiratory tract (encompassing trachea and lungs) has substantially lower biomass due to ongoing immune-mediated removal, but still harbors a number of microbes (4), with detection of *Streptococcus, Prevotella,* and *Veillonella* species reported in healthy lungs (8–10).

A particularly under-researched aspect of respiratory viral transmission is how co-expelled microbes may affect IAV stability. Airborne respiratory bacteria have been detected in expelled droplets and aerosols of saliva and sputum from human patients (11, 12); these include commensal species such as Pseudomonas aeruginosa, Staphylococcus aureus, and Klebsiella pneumoniae (13, 14), as well as disease-associated aerosol-borne bacteria like Mycobacterium tuberculosis (15). One recent study identified both Streptococcus pneumoniae and IAV within the same expelled aerosol fraction from co-infected ferrets. This study also showed the presence of bacteria was stabilizing for IAV against physical desiccation of bulk solutions, and depletion of nasal bacteria from ferrets completely abrogated aerosol-based transmission of influenza A virus from these animals (16). Presence of respiratory bacteria due to co-infection or commensal colonization may therefore be a previously underappreciated factor of influenza virus transmission dynamics. Microbe "co-operation" from the perspective of environmental stability has been investigated previously for pathogens of the gut, with binding of enteric viruses to commensal gut bacteria enhancing both viral stability and viral transmission fitness (17-19). Investigating whether similar stabilization could occur between respiratory pathogens will improve our understanding of what factors keep these viruses infectious while airborne, and we seek to understand the potential mechanism(s) of pathogen stabilization within systems representative of respiratory droplets and aerosols.

RESULTS

Commensal respiratory bacteria enhance viral stability in droplets

To assess whether commensal bacteria could influence the stability of IAV in static droplets, decay experiments were performed in a humidity- and temperature-controlled chamber. For these experiments, H1N1 IAV strain A/WSN/33 was utilized, and 1 μ L virus-containing droplets were deposited on a non-binding surface in conditions representative of indoor spaces. In temperate climates, indoor relative humidity (RH) can be <30% in winter months, and around 50% in summer (20), thus conditions of 40% RH at ambient temperature (22°C–25°C) were chosen as "mid-point" indoor conditions. Figure 1A shows the decay of A/WSN/33 infectivity in 1 μ L droplets when the virus was deposited alone in phosphate-buffered saline (PBS). While there was stability in viral titer for the first 15 min post-deposition, a substantial 3-log₁₀ decay in titer was then observed after 30 min. After this sharp decay, remaining infectious viral titers were again

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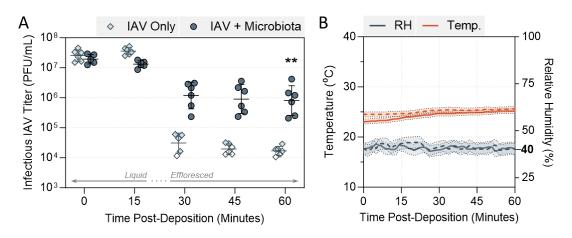


FIG 1 Decay of A/WSN/33 IAV in 1 µL PBS droplets at 40% RH and 22°C–25°C in a humidity-controlled chamber when mixed with microbiota bacteria. (A) A/WSN/33 virus was added to PBS alone (IAV Only), or added to PBS containing live commensal respiratory bacteria (IAV + Microbiota), for 5×10^7 plaque forming units (PFU)/mL final virus concentration. Equal colony forming units (CFU) of *S. pneumoniae, S. aureus, Haemophilus influenzae, Moraxella catarrhalis,* and *P. aeruginosa* were added for 10⁸ CFU/mL total in the +microbiota case. One microliter droplets of each virus suspension were deposited on a non-binding 96-well plate and exposed to indoor air conditions for a total of 60 min. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi (PBS for infections) at time-points 0, 15, 30, 45, and 60 min post-deposition, and infectious viral titers were quantified by plaque assay (clear symbols indicate samples that were below plaque assay limit of quantification (LOQ), and were set at LOQ/ $\sqrt{2}$ as described in Materials and Methods). Infectious viral titers were corrected for physical recovery (determined by genome quantification of IAV in each recovered droplet by digital PCR) relative to samples collected immediately after deposition (time 0, where no physical loss has occurred due to drying). Individual data points of triplicate droplets from two independent experimental repeats are shown (n = 6 droplets total per group), with geometric mean ± geometric SD. Significant differences between IAV titers at time 60 were determined by Mann-Whitney U-test (**, $P \le 0.01$). (B) RH and temperature were monitored by a portable hygrometer across the 60-min period, with readings taken every minute. Solid and dotted lines distinguish readings from individual experimental repeats, with confidence intervals (±0.5°C, ±3% RH as provided by manufacturer) indicated by shaded regions. Bold text indicates the target RH.

stabilized, giving an inverted sigmoidal decay curve over the 60-min time-course. This sigmoidal decay for IAV in droplets has been observed before (21, 22), with the sharpest decline in infectious titers occurring just prior to droplet efflorescence, when the salt molality of the droplets is maximal.

This is in contrast to the inactivation kinetic observed when respiratory bacteria were also present within the deposited droplets. A consortium of five different bacteria (Streptococcus pneumoniae, Staphylococcus aureus, Haemophilus influenzae, Moraxella catarrhalis, and Pseudomonas aeruginosa, representative of the commensal microbiota in the upper respiratory tract of healthy individuals) were mixed in equal proportions and added to A/WSN/33 virus prior to droplet deposition. This setup was designed to mimic pathogens that may be spatially co-localized on a mucosal surface before being expelled by a cough or sneeze. This bacterial mixture was highly stabilizing to A/WSN/33 over the same time-course. Approximately 1-log₁₀ reduction in infectious viral titer was observed in this group (termed +microbiota) at 30 min, compared with the decay of $3-\log_{10}$ for virus alone. By the end of the time-course, approximately 100-fold more infectious virus was recovered from droplets containing the microbiota mixture. In all cases, viral infectivity data were corrected for physical recovery of IAV from each individual droplet (typical work-flow of droplet experiments shown in Fig. S1); hence, this increased viral titer was not simply due to reduced viral adsorption to the plate surface when bacteria were present. RH and temperature were constrained during all experiments, and were reproducible across experimental repeats (Fig. 1B).

Individual Gram-positive respiratory bacteria provide viral stabilization in droplets

To determine which of the microbiota members were most crucial for mediating viral stabilization, bacterial species were tested individually. Figure 2A shows Gram-positive

bacteria *S. pneumoniae* and *S. aureus* offered substantial protection to A/WSN/33 against droplet-associated decay at 40% RH (temperature and RH data shown in Fig. S2A). Over the entire monitoring period, only 1-log₁₀ decrease in viral titer was observed when virus was mixed with each of these individual bacteria, compared to >3-log₁₀ decay for A/WSN/33 alone. This was very similar to the trend seen in Fig. 1A, showing individual bacteria can be just as effective as the mixed microbiota for viral stabilization. We also performed a dose titration of the bacterial concentration used, ranging from 10⁸ colony forming units (CFU)/mL down to 10³ CFU/mL. At concentrations down to 10⁵ CFU/mL (yielding just 100 CFU per droplet), stabilization of the virus relative to the virus-only control was maintained (Fig. S3).

In addition to viral stabilization, the drying behavior of the droplets was vastly different when bacteria were present; droplets containing bacteria effloresced sooner (first visible instance of droplet efflorescence is indicated by light and dark green circles in Fig. 2B), and showed a wider/flatter morphology compared to droplets of virus alone. Diameters of the drying droplets were also quantified using an automated particle identification software (with a custom model pre-trained on droplet images) paired with the particle measurement function in ImageJ, and diameter measurements of drying droplets were confirmed to be larger when bacteria were present (Fig. S4A).

To ensure that the observations conducted with the lab-adapted A/WSN/33 IAV were also applicable to clinically relevant strains, a comparison was made to A/Netherlands/07/2009, a more recent human isolate of H1N1 IAV. Figure S5 shows the inactivation kinetic of virus alone in droplets was comparable between these two IAV strains, and that similar stabilization by *S. pneumoniae* occurred for both. A/WSN/33 was therefore deemed a suitable surrogate, and was used for the remainder of this study given the ease of high titer growing and viral titration. Also, literature has reported that certain bacteria can improve viral binding to target host cells by acting as "coupling agents," and thus, before progressing further, it was important to ensure enhanced viral titers in droplet experiments were not simply due to bacterial effects in the downstream plaque assays. Figure S6 showed that cells exposed to virus and bacteria together showed the same levels of virus infection compared to virus alone at ratios representative of those used in droplet experiments, indicating that titer differences in these experiments were due to a true stabilizing effect.

We know from prior droplet work (22) that IAV inactivation kinetics differ between efflorescing and deliquesced conditions; hence, it was of interest to assess whether bacteria could also be protective within a deliquesced droplet. Droplet experiments were performed at a higher RH of 75% and 22°C–25°C (T and RH data shown in Fig. S2B), which retained the droplets in a liquid state for the entire monitoring period (exposure time was increased to 2 h, as droplet evaporation was now much slower). Figure 2C shows droplets containing A/WSN/33-only displayed ~3-log₁₀ decrease in viral infectivity under these altered conditions. Over the first hour, a small amount of viral decay was seen across all samples (~1-log₁₀), and subsequently, a >2-log₁₀ loss in viral titer occurred between time-points 60 and 120 for virus alone. *S. pneumoniae* and *S. aureus* both retained the ability to protect A/WSN/33 from decay at this high RH, with approximately 1-log₁₀ more infectious virus detected in these groups at the end of the time-course.

Individual Gram-negative respiratory bacteria provide a milder stabilization effect for IAV in droplets compared to Gram-positive strains

Droplet experiments were repeated at 40% and 75% RH, now using the Gram-negative respiratory bacteria of interest (*H. influenzae, M. catarrhalis,* and *P. aeruginosa*). Figure 3A shows the inactivation kinetics of A/WSN/33 virus alone compared to virus co-deposited with these three individual bacteria at 40% RH. The inverted sigmoidal inactivation curve for virus alone was again apparent, and in the presence of Gram-negative bacteria, the virus decay curves now also showed a drop in viral titer around the efflorescence point. However, Gram-negative bacteria still retained approximately 1- to 1.5-log₁₀ higher viral titers at the end of the time-course compared to virus alone (note that A/WSN/33 titers

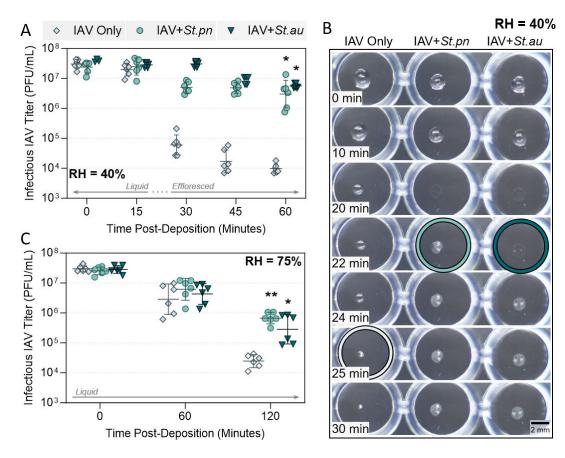


FIG 2 Decay of A/WSN/33 in 1 µL PBS droplets at 22°C-25°C in a humidity-controlled chamber when mixed with Gram-positive bacteria. (A) A/WSN/33 virus was added to PBS alone (IAV Only), or added to PBS containing live Streptococcus pneumoniae (+St.pn) or Staphylococcus aureus (+St.au) bacteria at 10⁸ CFU/mL. In all cases, virus was added for 5×10^7 plaque forming units (PFU)/mL final concentration. One microliter droplets of each virus suspension were deposited on a non-binding 96-well plate and exposed to indoor air conditions for a total of 60 min at 40% RH. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi (PBS for infections) at time-points 0, 15, 30, 45, and 60 min post-deposition, and infectious viral titers were quantified by plaque assay. Infectious viral titers were corrected for physical recovery (determined by genome quantification of IAV in each recovered droplet by digital PCR) relative to samples collected immediately after deposition (time 0, where no physical loss has occurred due to drying). Individual data points of triplicate droplets from two independent experimental repeats are presented (n = 6 droplets total per group), with geometric mean \pm geometric SD. Significant differences in infectious titers at time 60 relative to IAV-only control were determined by one-way analysis of variance (*, P ≤ 0.05). (B) One microliter droplets containing A/WSN/33 virus alone or A/WSN/33 mixed with S. pneumoniae or S. aureus in PBS [as in (A)] were recorded during drying at 40% RH. Images are representative of three individual droplets per group. Colored circles highlight the time-point where crystallization was first visible by eye for each sample. Scale bar = 2 mm. (C) Decay of A/WSN/33 in 1 µL droplets at 75% RH, when virus was added to PBS alone, or to PBS containing S. pneumoniae or S. aureus [as in (A)]. One microliter droplets were exposed to indoor air at 75% RH for a total of 120 min. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi at time-points 0, 60, and 120 min post-deposition, then quantified and corrected as for (A). Clear symbols indicate samples that were below limit of quantification (LOQ) and were set at LOQ/ $\sqrt{2}$. Individual data points of triplicate droplets from two independent experimental repeats (n = 6 droplets total per group) are presented, with geometric mean ± geometric SD. Significant differences in infectious titers at time 120 relative to IAV-only control were determined by Kruskal-Wallis test (*, P ≤ $0.05; **, P \le 0.01$).

in the +*P. aeruginosa* experiment were not statistically higher than the virus-only control). Representative images in Fig. 3B show these Gram-negative bacteria had a similar effect on the physical droplet behavior compared with Gram-positive bacteria, causing an earlier efflorescence time, paired with a wider/flatter morphology and larger final radius (see Fig. S4B for diameter measurements). When tested at the higher humidity of 75% RH, all three Gram-negative strains retained the ability to partially stabilize A/WSN/33 (Fig. 3C), though viral titers in the +*H. influenzae* experiment were no longer statistically higher than controls. The most consistently stabilizing Gram-negative bacterium was *M. catarrhalis*, which at 40% RH also caused the earliest efflorescence and retained the widest droplet diameter (Fig. 3B; Fig. S4B).

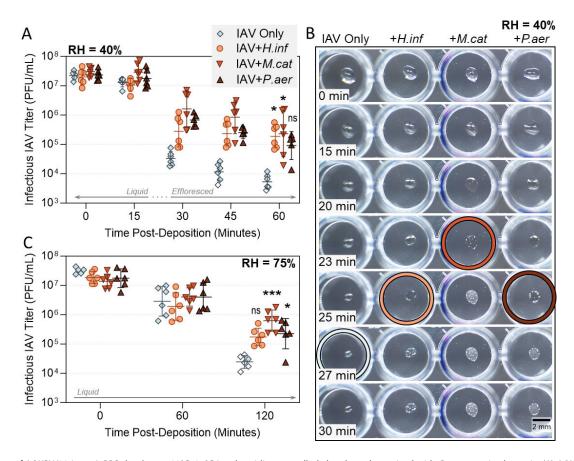


FIG 3 Decay of A/WSN/33 in 1 µL PBS droplets at 22°C–25°C in a humidity-controlled chamber when mixed with Gram-negative bacteria. (A) A/WSN/33 virus was added to PBS alone (IAV Only), or added to PBS containing live Haemophilus influenzae (+H.inf), Moraxella catarrhalis (+M.cat), or Pseudomonas aeruginosa (+*P.aer*) bacteria at 10⁸ CFU/mL final concentration. In all cases, virus was added for 5×10^7 plague forming units (PFU)/mL final concentration. One microliter droplets of each virus suspension were deposited on a non-binding 96-well plate and exposed to indoor air conditions for a total of 60 min at 40% RH. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi (PBS for infections) at time-points 0, 15, 30, 45, and 60 min post-deposition, and infectious viral titers were quantified by plaque assay (clear symbols indicate samples that were below limit of quantification (LOQ) and were set at LOQ/√2). Infectious viral titers were corrected for physical recovery (determined by genome quantification of IAV in each recovered droplet by digital PCR) relative to samples collected immediately after deposition (time 0, where no physical loss has occurred due to drying). Data show individual data points of triplicate droplets, from two independent experimental repeats (n = 6 droplets total per group), with geometric mean \pm geometric SD. Significant differences in infectious titers at time 60 relative to IAV-only control were determined by Kruskal-Wallis test (*, P ≤ 0.05; ns, not significant). (B) One microliter droplets containing A/WSN/33 alone or A/WSN/33 mixed with H. influenzae, M. catarrhalis, or P. aeruginosa in PBS [as in (A)] were recorded during drying at 40% RH. Images are representative of three individual droplets per group. Colored circles highlight the time-point where crystallization was first visible by eye for each sample. Scale bar = 2 mm. (C) Decay of A/WSN/33 in 1 µL droplets at 75% RH, when virus was added to PBS alone, or to PBS containing H. influenzae, M. catarrhalis, or P. aeruginosa [as in (A)]. One microliter droplets were exposed to air at 75% RH for a total of 120 min. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi at time-points 0, 60, and 120 min post-deposition, and quantified and corrected as for (A). Clear symbols indicate samples that were below LOQ and were set at $LOQ/\sqrt{2}$. Individual data points of triplicate droplets from two independent experimental repeats (n = 6 droplets total per group) are presented, with geometric mean ± geometric SD. Significant differences in infectious titers at time 120 relative to virus-only control were determined by Kruskal-Wallis test (*, P ≤ 0.05; ***, P \leq 0.001; ns, not significant).

Bacteria do not affect the efflorescence relative humidity (ERH), but rather alter the droplet morphology for faster evaporation

To test whether the observed bacterial-induced morphological differences between droplets also affected the evaporation kinetics, we performed fast-drying experiments similar to those of Fig. 2 and 3. First, 1 μ L droplets were deposited on a hydrophobic cover slip, then placed in an environmental cell with precision-controlled temperature and relative humidity. These kinetic tests were conducted in a non-Biosafety Level 2 laboratory; thus, no virus was included and heat-inactivated bacteria were used for

biosafety purposes. Figure 4A shows exposure of 1 μ L droplets (PBS only, or PBS + *S. pneumoniae* bacteria) to an initially high humidity (>85% RH) with subsequent fast switching to an RH of ~40%. The RH progression between these fast-drying experiments was identical, shown by the overlapping continuous lines. Significantly earlier efflorescence (3.57 ± 0.16 min, *P* = 0.0232, paired two-tailed *t*-test) was observed at 40% RH for droplets containing bacteria, consistent with observations in Fig. 2B and 3B which used live bacteria and IAV. During these controlled humidity cycles at constant temperature, morphological changes of the droplets were also monitored optically with a microscope to acquire images and movies of droplet morphology. Videos S1 and S2 show kinetically slower evaporation for 1 μ L PBS-only droplets with a half-sphere geometry, compared to PBS + bacteria droplets which exhibited a more "pancake"-like morphology during drying. As the latter has a larger surface area exposed to the dry atmosphere, this would result in a kinetically faster evaporation and time shift in efflorescence relative to PBS alone.

To specifically measure ERH, additional experiments were performed using ~30 µm size, single printed droplets of PBS alone or PBS + bacteria. Briefly, these droplets were deposited with a droplet-on-demand printer onto a hydrophobic cover slip, and again were placed in the environmental cell. This time, RH was slowly ramped from high RH (>85%) to ~40% over the course of an hour, allowing the droplets to continuously equilibrate with the surrounding RH. Here, we observed no significant difference in ERH for droplets containing bacteria compared to those without bacteria (Fig. 4B and C). These slow-ramp experiments were repeated six times with varying drying rates, with the same result (also see Videos S3 and S4 for filmed printed droplets during slow-ramp drying). This indicates that the bacteria were not acting as internal nucleation cores to trigger a higher ERH, but rather, they induced faster evaporation solely by altering the droplet morphology.

More quantitatively, differences in droplet morphology become evident upon measuring the equivalent circle radius of the droplet 2D images acquired during drying. Data are shown as measured radii for each droplet with varying RH (Fig. 4Di) and as the percentage of the initial measured radius (Fig. 4Dii) during slow-ramp experiments. Evidently, we observed a significantly stronger dependence of the equivalent 2D circle radius on humidity for the PBS-only droplet compared with the droplet containing bacteria. While the equivalent radius of the PBS-only droplet shrunk by a factor of 1.38 upon changing the relative humidity from 90% to 40%, the droplet containing bacteria shrunk by a factor of 1.14 only, indicative of a smaller contact angle of this droplet compared to the one of PBS. As hygroscopic growth for both droplets should be essentially the same, given by the water activity of PBS, these differences in equivalent radii are due to the different droplet morphologies, with the PBS droplet exhibiting a shape closer to a half-sphere, while the droplet with bacteria flattened upon drying with a much smaller change in 2D equivalent radius.

Intact respiratory bacterial cells are required for viral stabilization in droplets

To confirm whether the observed viral stabilization was restricted to bacteria, or if any similarly sized large inclusion could offer stabilization to IAV, inorganic polystyrene beads (~1 µm average diameter) were tested. Contrary to organic bacterial cells, these beads appeared to have no stabilizing effect on A/WSN/33 virus when co-deposited in droplets (Fig. 5A). Droplet filming showed these polystyrene beads had minimal effect on the drying behavior of the droplets compared to those containing A/WSN/33 alone, with both droplet types retaining a spherical morphology during drying, and efflorescing at the same time-point (Fig. 5B). Additionally, non-respiratory bacteria *Escherichia coli* (enteric bacterium) and *Pseudomonas syringae* (plant bacterium) were tested for potential stabilization of A/WSN/33 in droplets at 40% RH, though data indicated that these non-respiratory bacteria were also not significantly stabilizing compared to virus alone (Fig. S7). This suggested that not only did bacteria possess unique qualities relating

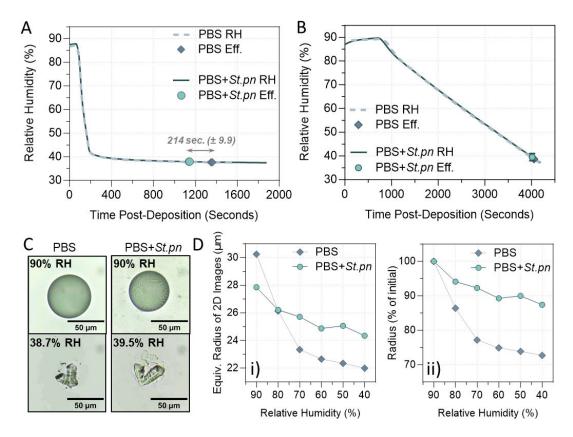


FIG 4 Confirmation of altered efflorescence behavior by whole bacterial cells. (A) RH versus time for two rapid-drying experiments with large droplets (1 μ L initial volume) of PBS alone or PBS containing heat-inactivated *S. pneumoniae* at 10⁸ CFU equivalent/mL (PBS + *St.pn*). Thick lines indicate RH ramp for each independent experiment (PBS: gray dashed line; PBS + *St.pn*: green solid line), while symbols indicate the exact time when efflorescence (Eff.) occurred for both droplet types. PBS droplets without bacteria effloresced an average of 214 ± 9.9 s later than the corresponding droplets containing bacteria (*n* = 2 experiments per group). (B) RH versus time for slow-drying experiments, using smaller printed droplets and a drying rate of ca. 1.4·10⁻²% RH/s. Drying data are shown for two droplets; thick lines indicate RH ramp for each independent experiment (PBS: gray dashed line; PBS + *St.pn*: green solid line), while symbols indicate the ERH for each condition. Both ERH agreed within measurement uncertainty (ERH = 38.7 ± 1.5% for PBS, *n* = 4 individual experiments; and ERH = 39.5 ± 1.5% RH for PBS + *St.pn*, *n* = 3 individual experiments). (C) Representative images of each droplet type at the indicated RH during the slow-drying experiment of (B). Scale bar = 50 µm. (D) Equivalent circle radii of the 2D images for the droplets of (B) upon slow drying, presented as (i) the measured 2D radii in micrometer, and (ii) the 2D radii as a percentage of the initial radius measured at 90% RH.

to virus stabilization, but it may be that respiratory bacteria in particular were most effective when paired with IAV.

To investigate further, a singular protective respiratory bacterium, S. pneumoniae, was chosen for subsequent analyses. Initially, the wild-type encapsulated isolate of S. pneumoniae was compared to a genetically modified non-encapsulated mutant. This non-encapsulated mutant (termed R6) is of the same serotype and expresses a similar protein profile to wild-type S. pneumoniae, but lacks the cps locus required to produce capsular polysaccharide [see Fig. S8 for scanning electron microscopy (SEM) images of each]. Figure 5C shows that removal of the capsule had no effect on the ability of the bacteria to provide stabilization for A/WSN/33. Next, S. pneumoniae was treated via two physical inactivation methods. One treatment (heat shock) removed cellular viability but retained intact cellular morphology, while the other (lysis by prolonged heat treatment) removed both viability and cellular intactness. Both methods were confirmed to sterilize the bacterial suspensions by CFU plating, and the effect on morphology was confirmed by oil immersion microscopy (Fig. 5D). Inactivated S. pneumoniae at 10⁸ CFU/mL equivalent of inactivated bacteria was then compared to the live version for stabilization of A/WSN/33 in droplets. Figure 5E demonstrates that while heat shock had no detrimental effect on viral protection-and thus bacterial viability must not be

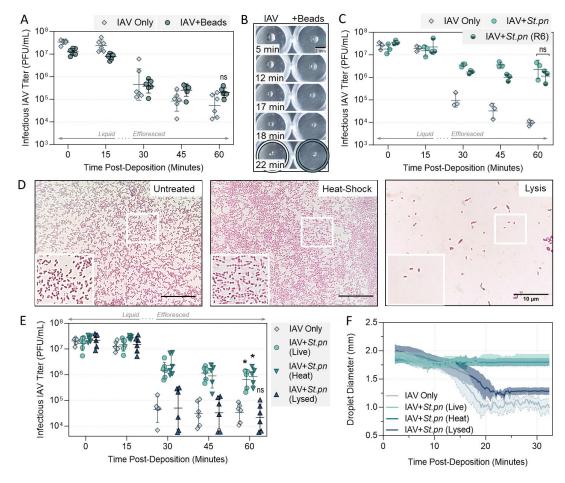


FIG 5 Decay of A/WSN/33 in 1 µL PBS droplets at 22°C-25°C in a humidity-controlled chamber when mixed with physical variations of S. pneumoniae bacteria. (A) A/WSN/33 virus was added to PBS alone (IAV Only), or added to PBS containing bacteria-like inert polystyrene 1 µm beads (IAV + beads) at 10⁸ particles/mL. In all cases, virus was added for 5×10^7 plaque forming units (PFU)/mL final concentration. One microliter droplets of each virus suspension were deposited on a non-binding 96-well plate and exposed to indoor air conditions for a total of 60 min at 40% RH. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi (PBS for infections) at time-points 0, 15, 30, 45, and 60 min post-deposition, and infectious viral titers were quantified by plaque assay. Infectious viral titers were corrected for physical recovery (determined by genome quantification of IAV in each recovered droplet by digital PCR) relative to samples collected immediately after deposition (time 0, where no physical loss has occurred due to drying). Data points of triplicate droplets are shown, from two independent experimental repeats (n = 6 droplets total per group), presented as geometric mean \pm geometric SD. Significant differences in infectious titers at time 60 relative to the IAV-only control were determined by unpaired t-test (ns, not significant). (B) One microliter droplets of PBS containing A/WSN/33 alone or A/WSN/33 mixed with polystyrene beads [as in (A)] were recorded during drying at 40% RH. Images are representative of three individual droplets per group. Colored circles highlight the time-point where crystallization was first visible by eye for each sample. Scale bar = 2 mm. (C) Decay of A/WSN/33 in 1 µL droplets at 40% RH when virus was added to PBS alone (IAV Only), or added to PBS containing live wild-type S. pneumoniae (+St.pn) or live un-encapsulated 5. pneumoniae (R6), both at 10⁸ CFU/mL final concentration. Droplets were deposited on a non-binding 96-well plate, with triplicate droplets of each mixture individually recovered in 300 µL of PBSi at time-points 0, 15, 30, 45, and 60 min post-deposition, for quantification and correction as in (A). Individual data points of triplicate droplets are shown, presented as geometric mean ± geometric SD. No significant difference (ns) in infectious titers at time 60 between the two bacteria groups were determined by one-way analysis of variance. (D) Ten microliters of untreated, heat-shocked, or lysed S. pneumoniae bacteria at 10⁹ CFU equivalent/mL was stained with crystal violet and deposited on glass slides. Cover slips were fixed on top of wet mounts, and cells were imaged at 100× magnification using an oil immersion objective. Scale bar = 10 µm. Images are representative of duplicate samples. Inset (white box) is zoomed in to highlight individual cells. (E) Decay of A/WSN/33 in 1 µL droplets at 40% RH when virus was added to PBS alone (IAV Only), or added to PBS containing live S. pneumoniae (+St.pn, Live), heat-shocked S. pneumoniae (+St.pn, Heat), or lysed S. pneumoniae (+St.pn, Lysed) at 10⁸ CFU equivalent/mL final concentration. Droplets were deposited on a non-binding 96-well plate, with triplicate droplets of each mixture individually recovered in 300 µL of PBSi at time-points 0, 15, 30, 45, and 60 min post-deposition, for quantification and correction as in (A). Clear symbols indicate samples that were below limit of quantification (LOQ) and were set at LOQ/ $\sqrt{2}$. Individual data points of triplicate droplets from two independent experiments are shown (n = 6 droplets total per group), with geometric mean ± geometric SD. Significant differences in infectious titers at time 60 relative to IAV-only control were determined by Kruskal-Wallis test (*, P ≤ 0.05; ns, not significant). (F) One microliter droplets were prepared as in (E), then filmed during drying at 40% RH. Images of drying droplets were taken every 16 s beginning 2 min post-deposition, and diameters of all droplets from each image were quantified by ImageJ processing. Data are presented as the mean diameter (thick line) \pm SD (shaded error regions) of triplicate droplets, from two independent experiments (n = 6 droplets total per group).

required for enhanced viral stability—bacterial lysis did completely abrogate protective ability. Diameters of drying droplets were also measured at the same 40% RH conditions. Data in Fig. 5F show live and heat-shocked *S. pneumoniae* had the same effect on the drying droplet diameter, retaining a wider droplet diameter compared to droplets of A/WSN/33 virus alone. Conversely, despite containing comparable organic matter and protein content, droplets containing A/WSN/33 with lysed *S. pneumoniae* showed minimal changes in droplet behavior relative to virus-only droplets, with a progressive shrinking in 2D diameter until efflorescence at approximately 20 min post-deposition. Collectively, these data show lysed bacteria were unable to alter droplet drying morphology and were unable to confer viral stabilization.

Bacterial-mediated virus stabilization is maintained in a physiologically relevant matrix

An increasing number of studies are emerging that demonstrate the pronounced effect of matrix composition on inactivation kinetics of studied viruses. To ensure the trends we were observing here were able to be replicated in a more physiological matrix, artificial saliva was tested. Figure 6A shows a similar inactivation kinetic for A/WSN/33 alone in artificial saliva droplets compared to the previously tested PBS droplets. Importantly, viral stabilization by bacteria (*S. pneumoniae*) was also observed in this physiological matrix, despite the increased composition complexity. The protective effect was slightly dampened relative to previous figures where PBS was used, but by the end of the time-course, there remained >1.5-log₁₀ more infectious A/WSN/33 virus in bacteria-containing droplets compared to virus alone. Earlier efflorescence of droplets was also observed in the bacteria case (Fig. 6B).

Respiratory bacteria are found in the same size fractions as IAV in aerosols, and can mediate partial viral stabilization

To test whether respiratory bacteria could also be protective within the smaller micro-environment of an expiratory aerosol, suspensions of A/WSN/33 virus alone or virus mixed with the protective bacterium *S. pneumoniae* were aerosolized and held suspended within a 1.6 m³ aerosol chamber at 40% RH. The system used for viral and bacterial aerosolization was designed to mimic the physiological mechanism of bronchiole fluid film burst, or bubble burst, for aerosol generation. This occurs in the lower respiratory tract when the small airways open and close with tidal breathing. *S. pneumoniae* was again selected as the representative bacterium for these experiments, as live *S. pneumoniae* has been detected in the lung of healthy volunteers (8–10) where this passive mode of airborne particle generation occurs.

Initially, each inoculum (A/WSN/33 alone or A/WSN/33 pre-mixed with S. pneumoniae, both in PBS) was aerosolized into the aerosol chamber for 30 s, to generate a suitably large aerosol plume. Then, air was collected for a period of 15 min into an Andersen Multistage Impactor, which collects and fractionates aerosol particles based on their aerodynamic cut-off diameter from 0.65 to 7 μ m. Each of the six size fractions were titrated for infectious virus by plaque assay, and were extracted and quantified for viral genome copies by digital PCR (dPCR). Figure 7A shows that for both inoculum types, infectious A/WSN/33 could be recovered from all six of the aerosol size fractions. However, when A/WSN/33 was co-aerosolized with bacteria, three aerosol size fractions between 0.65 µm and 3.33 µm contained 1-log₁₀ more infectious virus compared with virus aerosolized alone; these three size fractions are also where the most infectious bacteria were detected. This appeared to be a true increase in infectivity rather than in total virions, as comparable numbers of IAV genomes were quantified in these fractions between IAV only and IAV + bacteria experiments. Bacterial genome copies relative to infectious units appear in Fig. S9, with genome copies also slightly enriched in the smaller size fractions.

As bacteria and infectious virus were found to be co-localized within the same aerosol fractions by the Andersen sampling method, longer exposure experiments were then

Full-Length Text

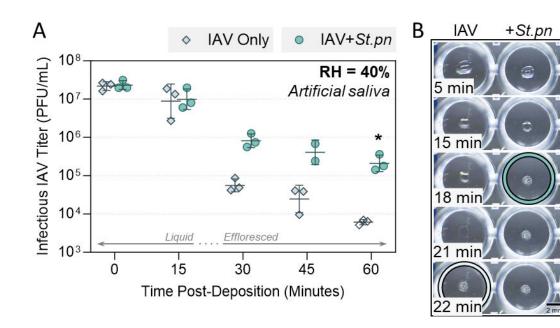


FIG 6 Decay of A/WSN/33 in 1 µL artificial saliva droplets at 40% RH and 22°C–25°C in a humidity-controlled chamber. (A) A/WSN/33 virus was added to artificial saliva containing live *S. pneumoniae* (IAV + *St.pn*), at 10⁸ CFU/mL final concentration. In both cases, virus was added for 5×10^7 plaque forming units (PFU)/mL final concentration. One microliter droplets of each virus suspension were deposited on a non-binding 96-well plate and exposed to indoor air conditions for a total of 60 min. Triplicate droplets of each mixture were individually recovered in 300 µL of PBSi (PBS for infections) at time-points 0, 15, 30, 45, and 60 min post-deposition, and infectious viral titers were quantified by plaque assay [clear symbols indicate samples that were below limit of quantification (LOQ), and were set at LOQ/ $\sqrt{2}$]. Infectious viral titers were corrected for physical recovery (determined by genome quantification of IAV in each recovered droplet by digital PCR) relative to samples collected immediately after deposition (time 0, where no physical loss has occurred due to drying). Individual data points of triplicate droplets are shown, presented as geometric mean ± geometric SD. Significant differences between IAV titers at time 60 was determined by Mann-Whitney U-test (*, *P* ≤ 0.05). (B) One microliter droplets containing A/WSN/33 alone or A/WSN/33 mixed with *S. pneumoniae* in artificial saliva [as in (A)] were recorded during drying at 40% RH. Images are representative of 3 individual droplets per group. Colored circles highlight the time-point where crystallization was first visible by ey for each sample. Scale bar = 2 mm.

performed to assess if aerosolized virus could be stabilized over longer time-periods by co-aerosolized bacteria. Again, liquid inoculum samples of A/WSN/33 alone or A/WSN/33 pre-mixed with *S. pneumoniae* were aerosolized for 30 s into the 1.6 m³ aerosol chamber, and air samples were now collected into the BioSpot-VIVAS instrument for 10 consecutive minutes at three individual time-points (0–10 min, 20–30 min, 40–50 min post-aerosolization). For each sample, residual viral titers were determined by plaque assay, and viral genome copies were extracted and quantified by dPCR as a measure of physical recovery.

Figure 7B shows that the total viral genome copies collected did not drop over the course of these 50-min experiments. There was a slight trend for fewer genome copies to be recovered from the aerosolized IAV + bacteria samples, though this difference was within a factor of 2 across matched experiments. Additionally, infectious viral titers were slightly higher when the virus was co-aerosolized with bacteria (Fig. 7B). This difference was between 0.5- and 1-log₁₀ at time-points 5 and 25 min, with a similar if not larger difference at 45 min (IAV alone was below quantification limits by this time-point in both independent experimental repeats). To account for any potential fluctuations in the total number of virions aerosolized when bacteria were present, infectious titers were also divided by total genome copies recovered in each corresponding sample. This provided a measure of infectious virus relative to total virions recovered (i.e., an "infectivity ratio"), and the change in this ratio with time is presented in Fig. 7C. Data show the infectivity ratio was comparable prior to aerosolization between IAV only and IAV + bacteria inoculums, but post-aerosolization, the presence of bacteria caused ~0.5-log₁₀ more viral infectivity to be retained at the first sampled time-point. The average infectivity difference was then increased to ~1.5-log₁₀ by 25 min. By 45 min, infectivity for IAV

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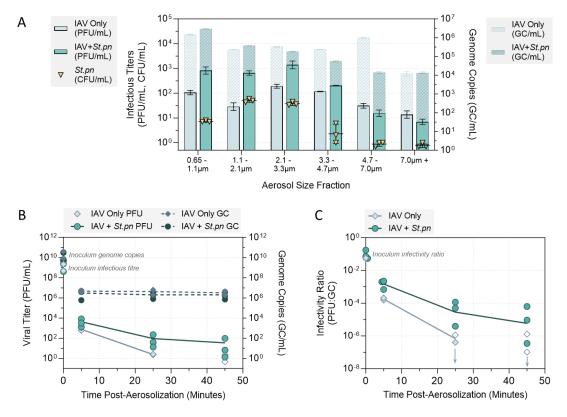


FIG 7 Infectivity of A/WSN/33 in suspended aerosol particles at 40% RH. A/WSN/33 was added to PBS alone (IAV Only), or added to PBS containing live S. pneumoniae bacteria at 5 × 10⁸ CFU/mL (IAV + St.pn). A/WSN/33 virus was spiked in at 2 × 10⁹ plaque forming units (PFU)/mL final viral concentration in both cases. For each experiment, the liquid inoculum (either IAV alone or IAV + St.pn) was added to a sparging liquid aerosol generator, and nebulized into an aerosol chamber [comprised of a sealed 1.6 m³ polytetrafluoroethylene chamber suspended inside a large biosafety cabinet] for a total of 30 s, with the air flow set at 30 L air/min. The chamber was maintained at 24°C ± 1°C and at the targeted RH of 40% (±3%) for the full duration of each experiment. (A) Immediately after the 30-s nebulization, aerosol particles were recovered using an Andersen Impactor for a total of 15 min. Aerosol samples collected by each stage of the Andersen Impactor (six stages total) were recovered for quantification of infectious A/WSN/33 virus (PFU/mL, left axis) and viral genome copies (GC/mL, right axis). Infectious titers were determined in technical triplicate by plaque assay, and viral genome copies were determined in technical duplicate by dPCR. Infectious bacteria (determined by agar plating in technical triplicate) were also recovered from each stage in the IAV + St.pn case, and bacterial titers are overlaid in yellow triangles (CFU/mL, left axis). Clear symbols indicate samples that were below plating limits of quantification (LOQ), and were set at LOQ/ $\sqrt{2}$. Geometric mean ± geometric SD is shown in all cases, with one independent experiment conducted for each inoculum. (B) A/WSN/33-only and A/WSN/33 + St.pn inoculums were prepared and nebulized into the aerosol chamber as in (A), but aerosol particles were instead sampled using the BioSpot-VIVAS. Aerosol samples were collected into the BioSpot-VIVAS for 10 consecutive minutes, either immediately after nebulization (collection from 0 to 10 min), 20 min after nebulization (collection from 20 to 30 min), or 40 min after nebulization (collection from 40 to 50 min). Data points are plotted at the mid-point of each collection period (i.e., 5, 25, 45 min). For each time-point, infectious viral titers were quantified in technical triplicate by plaque assay and viral genome copies were quantified in technical duplicate by dPCR. Data points indicate the mean infectious titer (PFU/mL) and mean genome copies (GC/mL) at each time-point from each experiment (clear symbols indicate samples that were below plaque assay LOQ, and were set at LOQ/√2). The IAV-only inoculum was tested in two independent experimental repeats, while the IAV + St.pn inoculum was tested in three independent experimental repeats. Means across independent experiments are also indicated for infectious virus (solid lines) and genome copies (dashed lines). Lines are not drawn when all samples within a group were below LOQ. (C) Values from experiments in (B) were also used to calculate infectivity ratios. At each time-point of each independent repeat, the mean infectious viral titer (PFU/mL) was divided by the mean recovered virus (i.e., genome copy number, GC/mL) from the matched sample to generate an infectivity ratio. The average infectivity ratio for inoculum virus prior to nebulization was 8×10^{-2} (i.e., eight infectious particles for every 100 collected particles) across all experimental repeats. Where required, points are nudged horizontally for visibility. Data points indicate infectivity ratios for each independent repeat at each time-point, with means across experiments joined by solid lines for each inoculum type. Clear symbols and downward arrows indicate samples that were below plaque assay LOQ in (B), and connecting lines are not drawn when all samples within a group were below LOQ at a given time-point.

aerosolized alone was below detection limits; thus, the degree of difference was harder to quantify. Still, IAV aerosolized with bacteria was above the limit of quantification (LOQ) in all samples by 45 min, and thus, these bacteria were also stabilizing to IAV even in aerosol particles.

DISCUSSION

Airborne transmission of respiratory viruses is a major challenge to address in modern society, and improved understanding of factors that influence the stability of expelled viruses is crucial to mitigate ongoing risks of seasonal epidemics and future pandemics. In the case of both respiratory viruses and enteric viruses, there is a highly complex commensal microbiota also present at the sites of infection. Prior studies have found that commensal gut bacteria can be stabilizing to enteric viruses against environmental stresses (17–19), though similar investigation was lacking for resident pathogens of the respiratory niche.

In the present study, experiments primarily focused on 1 µL static droplets that were deposited and exposed to indoor air conditions. Droplets containing A/WSN/33 virus mixed with a representative respiratory microbiota (Fig. 1A), individual Gram-positive respiratory bacteria (Fig. 2A), or certain Gram-negative respiratory bacteria (Fig. 3A) demonstrated significant viral stabilization when compared to virus deposited alone, with 10- to 100-fold more infectious virus after a full hour of exposure to 40% RH room air conditions. Past work has shown that respiratory commensal bacteria, namely *S. pneumoniae* and *M. catarrhalis*, could be stabilizing to A/PR8 (H1N1) IAV in bulk solutions subject to desiccation treatment (16), and our data now show that this stabilization also occurs in droplet micro-environments.

In the droplet system, one mode of action for viral stabilization appeared to be the induction of early efflorescence by the large bacteria. Previous work (22) demonstrated that exposure to high salt molality is the critical driver of IAV inactivation in droplets. Supersaturated salt molalities occur as the droplet progressively evaporates, and rapid virus inactivation occurs under these supersaturation conditions. Efflorescence then reduces the molality of drying droplets back to saturation levels, where inactivation kinetics are comparatively much slower (22). In the current study, droplets containing bacteria effloresced more rapidly compared to droplets containing IAV only (Fig. 2B and 3B). This allows the bacteria-containing droplets to pass more rapidly through the supersaturation phase into efflorescence, and the co-localized viruses are quickly removed from an inactivating supersaturated salt environment. In contrast, virus-only droplets progressively move through saturation into supersaturation, and finally effloresce, leaving substantially more time for salt-mediated virus inactivation. Niazi et al. (23-25) also found that rapid evaporation and thus rapid efflorescence was stabilizing to IAV, human rhinovirus, and respiratory syncytial virus in aerosol particles. One can thus speculate that similar bacterially mediated stabilizing effects would also be observed for other respiratory viruses.

Our data show that this early efflorescence was due to altered droplet morphology, rather than a shift in ERH by the presence of bacteria. Figure 4A confirmed that bacteriacontaining droplets exposed to a rapid decrease in RH effloresced approximately 3 min earlier than equivalent droplets without bacteria. However, Fig. 4B and C shows that in slow-drying experiments, efflorescence RH between the two droplet types was the same, indicating that the presence of bacteria did not alter ERH. Instead, droplet morphology was consistently observed to be altered by bacterial presence in both fast- (Videos S1 and S2) and slow-drying scenarios (Videos S3 and S4). Specifically, bacteria-containing droplets retained larger 2D diameters during the entire drying course, up to the point of efflorescence. This was observed visually for fast-drying experiments in Fig. 2B and 3B, and quantified in Fig. S4 (fast drying) and Fig. 4D (slow drying). As hygroscopic growth for droplets with and without bacteria should be essentially the same, given by the water activity of PBS, these observed differences in droplet radii were instead due to different droplet morphologies. PBS or virus-only droplets exhibited a shape closer to a half-sphere, while the droplets containing bacteria flattened substantially upon drying, with a much smaller change in 2D equivalent radius over time. Flattening of the droplets, and a subsequent increase in surface area to volume ratio, resulted in faster water loss due to evaporation and therefore in earlier efflorescence relative to standard half-sphere drying under identical environmental conditions.

Bacterial lysis experiments revealed that pure organic content was not sufficient to induce this droplet flattening, but rather whole intact bacteria were required for viral stabilization via the early efflorescence mechanism (Fig. 5D through F). This is somewhat similar to observations by Rowe et al., where lysis of bacteria also eliminated bacterial-mediated stabilization of IAV (16). However, their experiments used bulk solutions and thus are independent of droplet morphology, indicating presence of an additional stabilization mechanism that is similarly disrupted by bacterial lysis. Interestingly, this prior study also showed that removal of the capsule layer from S. pneumoniae was associated with loss of IAV stabilization; however, our data showed no requirement for the capsule (Fig. 5C). Differences in micro-environment (droplet vs bulk solution) and the dominant protection mechanism in each is a likely cause for this discrepancy. Polystyrene spheres of similar shape and size to bacteria did not cause droplet flattening nor induce early efflorescence here, and when compared to droplets of virus alone, these spheres did not provide any increase in viral stability (Fig. 5A and B). Thus, the intact and organic bacteria must possess specific properties that are key to altered drying behavior of droplets and the associated viral stabilization.

A similar influence of droplet drying behavior on IAV stability was observed by Rockey et al. (26), for both A/California/07/2009 (H1N1) and A/Perth/16/2009 (H3N2) viruses. Authors tested IAV stability in droplets of human saliva and airway surface liquid (ASL), and observed pronounced decay for both strains in saliva at 50% RH (approximately 2- to 3-log₁₀ after 1 h, similar to the total decay observed here in Fig. 6A with artificial saliva), but found relative viral stability in ASL. Authors state this difference in virus inactivation was not associated with bulk protein content nor salt content differences between the two matrices, but instead could be related to the varying droplet behaviors observed in efflorescing conditions. They noted a small difference in efflorescence time between each matrix, with a drying time of 28.2 min for airway surface liquid (more protective) and 32.4 min for saliva (less protective) at 50% RH. This is analogous to the difference in efflorescence times seen here between bacteria- and virus-only conditions (Fig. 2B, 3B, and 4A).

Combined, it appears that drying droplet morphology and resulting efflorescence time are key determinants of the degree of A/WSN/33 stability in droplets, and much like different respiratory matrices, commensal respiratory bacteria seem to influence these properties in a species-specific manner. The most protective bacteria here were Gram-positive S. pneumoniae and S. aureus, followed by the Gram-negative M. catarrhalis (Fig. 2 and 3), with these three also retaining the largest 2D droplet diameters during evaporation (Fig. S4). All bacteria in these experiments were used at an equivalent protein density across experiments (see Fig. S10 and associated text), and were grown to a comparable early-log phase prior to use. Differences in total protein content or cell densities are therefore unlikely contributors to differential viral stabilization, and other properties (e.g., charge, surface protein profile, secreted metabolites, etc.) must be present to distinguish protective and non-protective species. For example, bacterial biosurfactant production has been shown for other Streptococcal species, and was found to alter surface tension of droplets (27), which could feasibly influence droplet evaporation in a species-specific manner. While not respiratory-focused, Cunliffe et al. (28) similarly observed that the presence of bacteria in droplets was correlated with faster evaporation times relative to droplets of saline matrix alone, and in some instances, their study noted statistically significant differences in evaporation time induced by different bacteria.

In the enteric space, differing levels of bacterial-mediated protection of associated viruses have also been observed (29). For example, Gram-positive bacteria were more effective stabilizers of murine norovirus than Gram-negative bacteria (30), while Gram-negative bacteria and purified lipopolysaccharide (LPS) were more effective stabilizers of picornaviruses (17). In general, these Gram-negatives have a thick layer of LPS covering their outer membrane, with a thin peptidoglycan (PG) layer underneath, while Gram-positives have a thick outer layer of PG, with embedded lipoteichoic acid, teichoic acid, bacterial proteins, and no LPS (31). A study of human and avian influenza viruses showed that LPS could bind to the surface of influenza virus and disrupt its morphology, with both LPS and Gram-negative enteric bacteria being associated with reduced viral stability and reduced long-term aquatic persistence of the tested influenza viruses (32). Potential interaction of respiratory Gram-negative LPS with A/WSN/33 virus here may be the reason for a slight reduction in protective efficacy compared to the Gram-positive bacterial counterparts in droplets, though this requires validation.

It is worth noting that these enteric studies used bulk solutions (i.e., non-efflorescing conditions which never go past salt saturation); thus, the stabilization mechanisms by bacteria are likely to be different. In fact, viral protection in these studies was in part due to direct binding of certain viruses to the bacterial surface. Viral-bacterial binding has also been shown between A/PR8 (H1N1) IAV and certain commensal respiratory bacteria (33, 34), and this interaction could be the additional stabilization mechanism observed in our study. When early efflorescence of bacteria was still stabilizing to IAV against decay (Fig. 2C and 3C).

In addition to static droplets, it was important to also address aerosols within this study, to test how widespread the potential for bacterial stabilization of expelled IAV could be. Figure 7A showed that not only could infectious IAV and infectious S. pneumoniae be effectively recovered from an aerosolized plume, but both virus and bacteria seemed to be localized within the same aerosol size fractions. Specifically, airborne particles between 0.65 µm and 3.3 µm dry size were enriched for both pathogens when they were co-aerosolized, though it is possible that particles outside of the tested size range (i.e., <0.65 μm) could also contain high levels of IAV. An animal study previously identified both S. pneumoniae and IAV within the same expelled aerosol fraction from co-infected ferrets (35), and it is promising that the mechanical system utilized in our study could reproduce these animal-based findings. Stabilization of IAV by co-aerosolized bacteria was also observed in our data, with IAV retaining higher infectivity for at least 45 min in indoor air conditions (40% RH) when bacteria were co-aerosolized (Fig. 7B and C). An animal study observed that the presence of the respiratory microbiota within the nasal cavity of IAV-infected ferrets was crucial for aerosol spread of the virus to non-infected animals. Depleting these animals of their microbiota completely eliminated aerosol-borne spread of IAV, and re-colonizing the depleted ferrets with S. pneumoniae alone was sufficient to restore aerosol transmission to non-treated animals (16). While viral decay was not impeded as dramatically in aerosol particles as was seen in larger droplets here (likely due to the presence of fewer bacteria), the infectious dose of IAV required for aerosol infection of human volunteers can be as low as 3 tissue culture infectious dose 50 (TCID₅₀) total (36). Thus, the slight increase in longevity of aerosolized IAV in the presence of bacteria may be sufficient to have a real impact on the number of infectious doses able to spread to new hosts within an indoor space.

In these aerosols, the particles remained airborne for the entire monitoring period; thus, bacterial-mediated alteration of droplet morphology when drying on a surface was no longer a factor. However, the bacteria may occupy a significant part of the total volume in these airborne particles, resulting in less water per particle compared to aerosols that contain only viruses. Bacteria-containing aerosols could therefore have a larger surface area to water volume ratio, resulting in faster evaporation and earlier removal of co-localized viruses from a supersaturated salt environment, similar to what was observed for drying droplets. Alternatively, the additional stabilization mechanism that functioned in the 75% RH droplet case may also dominate in aerosols. Unraveling the precise mechanism(s) of action of bacteria in each micro-environment will be the focus of future work. Bacterial longevity in aerosols has also been investigated in some recent studies (37, 38), and this element would be additionally interesting to incorporate for the respiratory bacteria tested here.

We acknowledge that this study comes with a number of shortcomings. As viral-bacterial stabilization had not been thoroughly investigated for respiratory pathogens, we

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chose to work with the simplest system possible. This primarily influenced our matrix choice; a basic saline matrix was used to focus on the potential effect of bacteria as an isolated organic component, and to improve reproducibility compared with more complex respiratory solutions. Respiratory matrices are often heterogeneous; thus, replicate droplets can have very different physical properties and internal chemistry, such as pH changes through the loss of CO_2 or uptake of acidic trace gases from the ambient air (39, 40), which could impede identification of a clear bacterial effect. We did test a more physiological matrix of artificial saliva here, and observed pronounced decay of IAV alone (similar to PBS) plus similar levels of viral protection (Fig. 6A) and early droplet efflorescence (Fig. 6B) mediated by S. pneumoniae. An unrelated study investigating S. pneumoniae and IAV in small droplets of respiratory matrix conversely found that bacterial presence did not improve viral stability (35). However, this study used complex airway surface liquid collected from cultures of human lung bronchial epithelial cells, and in this fluid, IAV alone was suitably stable already (authors measured 1-log₁₀ decay total over multiple hours). A different study by the same group showed a direct comparison of ASL to saliva, and again found that IAV in ASL droplets was stable, while in saliva droplets, there was pronounced decay (26), similar to our observations here. Matrix choice is therefore a critical factor, and is the reason for these differing results of bacterial stabilization between our studies. For IAV, the generation site of infectious particles (e.g., lower airways vs the nose) is yet to be conclusively identified, so the most representative matrix is not known. Thus, upper respiratory matrices like saliva plus lower respiratory matrices like ASL should both be considered in the field. Results in nasal mucus or a mixture of mucus and saliva would be additionally interesting to obtain, and future work will aim to characterize whether factors present in these more complex fluids can synergistically enhance the observed protective effect of bacteria.

The pathogen concentrations used for studies such as these are also classically difficult to select. There is a trade-off between using concentrations high enough for accurate enumeration from difficult samples, but that also realistically represent what might be carried by human patients. We acknowledge the doses of virus and bacteria used here are high, and likely are higher than those found in a real-life setting. However, enumerating infectious doses from people is difficult, and as a result, there is a large range that physiological concentrations are estimated to sit within. A study enumerating numbers of beta-hemolytic streptococci expelled by various respiratory activities found that nose blowing, over coughing or sneezing, released the highest bacterial numbers from human patients. In these experiments, nose blowing resulted in an average expulsion of 1.1×10^7 CFU and a maximum of $>1 \times 10^9$ CFU (recovered from a sneezed-on handkerchief in 50 mL of media) (41). The concentrations of bacteria used in our experiments (1 \times 10⁸ CFU/mL, giving 1 \times 10⁵ CFU per deposited droplet) are within range of these measured bacterial loads. In terms of viral loads, IAV was used at an average of 10⁹ genome copies/mL. Infectious doses from respiratory fluids and swabs from severe acute respiratory syndrome coronavirus 2-infected individuals range from 10^2 to $>10^{10}$ genome copies/mL, depending on the study, participant, and sample type (42-44), and influenza A and B viral loads have both been detected in clinical specimens across a similar range (44). Future work will investigate whether the trends observed here are retained when the doses of infectious material per particle are reduced, though this will require higher sensitivity enumeration methods. Additionally, this work predominantly utilized the lab-adapted A/WSN/33 strain of IAV. Comparison to the clinically isolated A/Netherlands/07/2009 showed similar inactivation kinetics and similar stabilization by bacteria (Fig. S5), though it would be beneficial to comprehensively characterize the range of influenza viruses and other respiratory viruses able to be influenced by bacterial presence in droplets and aerosols.

In summary, the coronavirus disease 2019 pandemic highlighted that many unknowns remain as to how respiratory pathogens effectively spread between hosts. Viruses are vulnerable in the environment, and improved understanding of mechanisms allowing viral persistence will enable us to target this critical transmission window. The composition of the respiratory microbiota may be a previously unconsidered contributing factor toward efficacy of respiratory virus transmission. Identifying the "profile" of bacteria most conducive to emission of stabilized virus could be the focus of future work, may aid in identifying risks of super-spreaders, and ultimately could even rationalize differences between viruses with high and low airborne transmission rates. Data indicated at least two mechanisms of bacterial-mediated stabilization are at play, with one mechanism identified as early droplet efflorescence due to an altered drying morphology. As the mere presence of certain bacteria within a droplet caused earlier efflorescence and heightened virus stability, our findings are also highly relevant to enteric aerosol particles and droplets, e.g., those produced from wastewater or toilet facilities, where bacterial burdens are also high. Furthermore, investigation of expelled pathogen stability using microbially complex solutions is not widely performed in the current scientific landscape, and should be adopted in the future for both respiratory and enteric-focused studies to help elucidate the complexity and variability of pathogen transmissions seen in the human population.

MATERIALS AND METHODS

Cells

Madin-Darby canine kidney (MDCK) cells [lab of Ben Hale (UZH)] were grown at 37° C in a humidified atmosphere enriched with 5% CO₂. Cells were cultured in Dulbecco's modified Eagle's medium (Gibco), supplemented with 10% heat-inactivated fetal bovine serum (Gibco), and 100 U/mL of penicillin-streptomycin (P/S, Gibco).

Virus stocks

IAV strains A/WSN/33 (lab-adapted H1N1) and A/Netherlands/07/2009 (clinical H1N1) were inoculated onto confluent MDCK monolayers at a multiplicity of infection (MOI) of 0.001. Cells were infected for 72 h in OptiMEM (Gibco) supplemented with 1% P/S and 1 µg/mL of L-1-tosylamido-2-phenylethyl chloromethyl ketone (TPCK)-treated trypsin (Sigma, cat. no. T1426). Infected culture supernatants were clarified by centrifugation at 2,500 × *g* for 10 min, and IAV was then pelleted through a 30% sucrose cushion at 112,400 × *g* in a SW31Ti rotor (Beckman) for 90 min at 4°C. Pellets were recovered in PBS (ThermoFisher, cat. no. 18912014) overnight at 4°C. Concentrated IAV stocks were quantified at 8.0×10^{10} and 2.0×10^{10} plaque forming units (PFU)/mL (A/WSN/33 and A/Neth, respectively) by plaque assay.

Bacterial stocks

Gram-negative strains Moraxella catarrhalis (Strain Nell, DSM 9143), Pseudomonas aeruginosa (Strain CCEB 481, DSM 50071), and Haemophilus influenzae (Strain 572, serotype B, DSM 11969) were obtained from DSMZ (Germany). Gram-positive strains Staphylococcus aureus (Strain NCTC 8325), Streptococcus pneumoniae (Strain D39V, serotype 2), and Streptococcus pneumoniae R6 (non-encapsulated derivative of D39V, serotype 2) were a kind gift from Professor Jan Wilhelm-Veening (DMF, University of Lausanne, Switzerland). Stocks were streaked onto agar plates overnight, then healthy colonies were used to inoculate and grow liquid cultures to mid-log phase (see Table S1 for media and growth conditions). Once at the required density, liquid cultures were frozen in growth media supplemented with 15%-20% glycerol, and stored at -80°C. When required for experiments, bacterial cells were thawed on ice, washed 3× in PBS to remove glycerol and residual media components (10,000 \times g, 4°C, 5 min), then resuspended in the required matrix (PBS, or artificial saliva) at 1 \times 10 8 CFU/mL for immediate use (see Fig. S10 for the titer correction made for *M. catarrhalis*). Artificial saliva (ASTM E2720-16 composition) was obtained from Pickering Laboratories, USA, cat. no. 1700-0317 (see Table S2 for composition).

Enumeration of microorganisms

Plaque assay for viral titration was conducted using monolayers of MDCK cells in 12-well plates. IAV samples were serially diluted in "PBS for infections" [PBSi; PBS supplemented with 1% P/S, 0.02 mM Mg²⁺, 0.01 mM Ca²⁺, and 0.3% bovine serum albumin (Sigma-Aldrich, cat. no. A1595), final pH ~7.3], before being added to washed cellular monolayers. Viruses were incubated on monolayers for 1 h at 37°C with 5% CO₂ with manual agitation every 10 min. Non-attached viruses were removed from cells, and minimal essential medium (MEM) supplemented with 0.5 µg/mL TPCK-trypsin and agarose was added to cells. Infected and control plates were incubated for 72 h at 37°C with 5% CO₂, and plaques were visualized after fixing cells in PBS + 10% formaldehyde (Sigma, cat. no. 47608-1L-F), then staining with 0.2% crystal violet solution (Sigma, cat. no. HT901-8FOZ) in water + 10% methanol (Fisher Chemical, cat. no. M-4000-15). Depending on the volume of non-diluted sample plated in each titration assay (between 100 µL and 1.2 mL), the LOQ varied between 10 PFU/mL and 0.67 PFU/mL. Positive values were counted only when two or more samples out of a triplicate showed visible plaques. Data points below each corresponding LOQ were set at LOQ/ $\sqrt{2}$, as recommended for non-detectable values by Hornung and Reed (45).

Bacterial stocks and experimental samples were enumerated for viable bacteria by serially diluting in PBS or growth media. Stock samples were titrated by spot-plating 25 μ L of each dilution onto agar plates, while experimental samples were titrated by spreading 100 μ L–1 mL of solution directly onto agar plates in triplicate. Where experimental samples had low concentrations, samples were plated undiluted. After overnight incubation of plates, colonies were enumerated by eye. See Table S1 for agar types used for each bacterial species. Depending on the volume of non-diluted sample plated (100 μ L–1 mL), the LOQ varied between 10 CFU/mL and 1 CFU/mL. Positive values were counted only when two or more samples out of a triplicate showed visible colonies. Samples with no detectable bacteria were set at LOQ/ $\sqrt{2}$ to differentiate between samples at the LOQ and those with no detection, as recommended for non-detectable values by Hornung and Reed (45).

Viral genome quantification

RNA extraction was performed using the QIAamp Viral RNA Mini extraction kit (Qiagen, cat. no. 52906) according to manufacturer's instructions. Viral RNA was stored at -20° C until analysis by dPCR. Amplification and detection were performed by digital PCR (dPCR) using the QIAcuity OneStep Advanced Probe Kit (Qiagen, cat. no. 250132), with primers and probe targeting the influenza A virus M gene segment (specific amplicon length is 110 bp), based on the assay by Ward et al. (46). Primers and probe (Table 1) were obtained from Microsynth (Switzerland), and were reconstituted in Ultrapure RNase-free water according to manufacturer's instructions, to make 100 μ M stocks (stored stocks at -20° C until use). When required, primers and probe were mixed in RNase-free water to make a combined Primer-Probe working solution (forward and reverse primers at 8 μ M, probe at 4 μ M final concentration).

The dPCR mixture for a single reaction for IAV detection was 4 μ L of 4× OneStep Advanced Probe Mastermix, 0.12 μ L 100× OneStep Advanced reverse transcriptase (RT) Mix, 1.2 μ L Primer-Probe working solution (giving 0.8 μ M final concentration of each primer and 0.4 μ M final concentration for probe), 1.5 μ L Enhancer GC, 2.18 μ L RNase-free water, and 3 μ L extracted RNA sample. When required, extracted RNA samples were first diluted in RNase-free water to be within dPCR working range (<10⁴ copies/ μ L to be

 TABLE 1
 Primer and probe list, targeting the matrix (M) genome segment of IAV H1N1 virus

Oligo name	Length	Sequence (5´→3´)	5´ Mod	3´Mod	Oligo ID (Microsynth)
IAV-M_Neo_Fd	25	TGG AAT GGC TAA AGA CAA GAC CAA T	None	None	4687674
IAV-M_Neo_Rv	21	AAA GCG TCT ACG CTG CAG TCC	None	None	4687675
IAV-M_Neo_Probe	24	TTT GTK TTC ACG CTC ACC GTG CCC	FAM	BHQ-1	46877676

accurately quantified). Sample dilutions also ensured no PCR inhibition in our experimental protocol. All sample manipulations were performed under biosafety cabinets. Once prepared, the reactions were loaded into QIAcuity Nanoplate 8.5k 96-well (Qiagen, cat. no. 250021) run using the QIAcuity One Digital PCR System (Qiagen, 2-plex Device, cat. no. 911001). The following conditions were used for the one-step cycling dPCR program: 40 min at 50°C for RT, 2 min at 95°C for enzyme denaturation, followed by 40 cycles of 95°C for 5 s, then 58°C for 30 s for annealing and extension. Signal was quantified and copies/ μ L calculated using the integrated QIAcuity Software Suite. All dPCR runs contained extraction controls and non-template controls which were always negative. For correction of plaque assay data based on physical recovery, PFU data from individual droplets were normalized based on dPCR genome copies recovered at time 0 (t0) for each corresponding group, where no physical loss occurs due to adsorption [see reference (22) illustrating genome copies from a 1 μ L deposited droplet that is immediately recovered from the non-binding plate are identical to genome copies quantified when 1 μ L is spiked directly into recovery medium].

Bacterial genome quantification

Samples were extracted using the QIAGEN PowerLyzer PowerSoil Kit (cat. no. 12855-50) according to manufacturer's instructions. One hundred forty microliters of liquid sample was added per tube for extraction, and eluted in 100 µL for storage at -20°C until quantification. Bacterial DNA was quantified using the Femto Bacterial DNA Quantification Kit (cat. no. E2006) by quantitative PCR (qPCR) and converted from nanogram to genome copies, all according to manufacturer's instructions. Each sample was run in technical duplicates, and included a no template control and an extraction blank to confirm the absence of contamination. The assay was calibrated over a range of 180–1.8 $\times 10^7$ GC/µL, yielding a standard curve with a slope of -3.67, and an intercept of 37.8.

Droplet experiments

Experiments in a sealed humidity- and temperature-controlled chamber (Electro-Tech Systems, cat. no. 5532) were conducted based on methodology established in reference (22). IAV stocks were diluted in the appropriate matrix (PBS or artificial saliva) to 8×10^8 PFU/mL. Washed bacterial strains were resuspended at 10⁸ CFU/mL in the appropriate matrix, and the diluted IAV was spiked in to give 5×10^7 PFU/mL final viral concentration. Where required, bacteria were mixed together (microbiota case) or inactivated via various treatments (heat-shocked at 95°C for 15 min, or lysed by prolonged heat treatment at 95°C for 30 min) prior to addition of the virus. Alternatively, IAV was spiked into matrix alone (no bacteria) at the same final concentration of 5×10^7 PFU/mL. In the case of inorganic polystyrene beads (cat. no. PP-10-10, 5% wt/vol, 1.23 µm mean diameter, ~4.89 \times 10¹⁰ particles/mL, obtained from Spherotech, Illinois, USA), beads were diluted to 10⁸ particles/mL in PBS prior to the addition of virus. Virus and bacteria/bead mixtures were kept on ice for ~10 min while the humidity chamber equilibrated. RH (%) and temperature (T, $^{\circ}$ C) within the sealed humidity chamber were recorded using a portable hygrometer (Model: T174H, cat. no. 05726560, Testo, USA), with readings taken once every minute (confidence intervals provided by the manufacturer were $\pm 0.5^{\circ}$ C, $\pm 3\%$ RH for T and RH measurements, respectively). When required, humidity was adjusted using distilled water, to keep RH levels constant for the duration of the experiment. Once the required RH and temperature were reached, virus solutions were manually mixed immediately prior to deposition of 1 µL droplets on open 96-well plates (non-binding microplates, flat-bottom, transparent, Greiner Bio-One, cat. no. 7655901, Huberlab, Switzerland). Time 0 droplets were deposited last within each group, and were immediately recovered from the plate by addition of 300 µL PBSi directly to the wells. Remaining droplets were recovered 15, 30, 45, 60, or 120 min after deposition, again by adding 300 µL PBSi to the respective wells. For recovery of all droplets, a 1 mL pipette was used to pipette the 300 µL volume up and down five times, followed by physical scratching of the plate surface using the same pipette tip to dislodge any stuck material. This was repeated

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twice prior to transfer of the full 300 μ L to Eppendorf tubes for downstream processing. For each sample, half the volume was frozen for extraction and dPCR, while the other half was frozen for titration by plaque assay. As a control, IAV was spiked into the respective matrix and kept in a sealed Eppendorf tube within the humidity chamber, then sampled at the initial and final time-point of the experiment to ensure no viral decay occurred.

When droplet filming was required, a custom 3D-printed stand housing a Raspberry Pi (Raspberry Pi 4 model B Rev. 1.4, with ARMv7 Processor rev 3 v7l) and a mounted Sony camera (Model: IMX477R, 12.3 megapixels, specifications available here: https://www.raspberrypi.com/products/raspberry-pi-high-quality-camera/) were used. The distance from the camera to the non-binding plate surface was 15 cm. Images were acquired every 16 s for a total of 30 min. Images were then processed using Python CellPose particle identification software (with a custom model pre-trained on droplet images) paired with the particle measurement function in ImageJ.

Determination of ERH in droplets

Additional equipment was used to monitor efflorescence of droplets of PBS alone or PBS containing *S. pneumoniae* bacteria at 10^8 CFU/mL. For biosafety reasons, bacteria were heat-inactivated (95°C for 15 min), then frozen at -20° C prior to use in experiments. One microliter droplets of each matrix were manually deposited on a hydrophobic cover slip, or droplets were deposited with a droplet-on-demand printer on a hydrophobic cover slip. Cover slips were then placed in an environmental cell with precision-controlled temperature and relative humidity. Full details of the setup are given by Song et al. (47). During controlled humidity cycles at constant temperature, morphological changes of the droplets were monitored optically with a microscope (Olympus BX-40, magnification $50\times$ for printed droplets, magnification $4\times$ for 1 µL droplets) equipped with a Raspberry Pi high-resolution camera to acquire images and movies of the droplet morphology.

Aerosol experiments

Inactivation of IAV in levitated aerosol particles was determined by nebulizing the virus in a 1.6 m³ polytetrafluoroethylene chamber suspended inside a large biosafety cabinet. This aerosol chamber is termed the Laboratory of Atmospheric Processes and their Impacts - Bioaerosol Research & Environmental Airborne Transmission Hub, or LAPI BREATH, and is described in reference (48). Dry purified air filtered with a high efficiency particulate air (HEPA) filter and activated carbon filter was used to flush this aerosol chamber prior to experiments. A scanning mobility particle sizer, consisting of a differential mobility analyzer (Model: TSI long, TSI Inc., Shoreview, MN, USA) and a condensation particle counter (Model: 3772, TSI Inc., Shoreview, MN, USA), was used to monitor the particle size distribution within the chamber in real-time. A Nafion humidifier (Model: FC100-80-6MKS, Permapure LLC, Lakewood, NJ, USA) was used to control the RH in the chamber. Nebulization was performed using a sparging liquid aerosol generator (SLAG, CH Technologies, Inc.), and aerosol particles were recovered with either an Andersen Impactor (TE-10-800 Six Stage Impactor System, Tisch Environment, USA) or a viable virus aerosol sampler (BioSpot-VIVAS, Aerosol Devices, Inc.). The advantage of the SLAG nebulizer is the formation of aerosol particles by bursting bubbles from a liquid, mimicking the formation of expiratory aerosol particles in the human body. To avoid any leakage, the chamber was never completely inflated when nebulizing infectious viruses. An air ionizer (Model: SL-001, Dr. Schneider Holding GmbH, Kronach-Neuses, Bavaria, Germany) was used to balance the formation of electrostatic charges on the chamber wall, in order to limit wall losses of aerosol particles.

In all cases, aerosol experiments were conducted using PBS as the matrix. IAV was added to plain PBS, or added to PBS containing live *S. pneumoniae* bacteria at 5 \times 10⁸ CFU/mL (pre-washed 2× in PBS prior to use). Virus was spiked in at 2 \times 10⁹ PFU/mL final viral concentration in both cases. For each experiment, 22 mL of inoculum was added to the SLAG for nebulization. Nebulization into the aerosol chamber was performed for a total of 30 s, with the air flow set at 30 L air/min. The chamber was

maintained at $24 \pm 1^{\circ}$ C and at the targeted RH of 40% ($\pm 3\%$) for the full duration of each experiment. Sampling was performed using either an Andersen Impactor or BioSpot-VIVAS, as detailed below. After each experiment, the chamber was decontaminated by UV radiation and ozone-rich air flushing for an hour.

Size-resolved aerosol sampling

For collection of aerosols based on size, the Andersen Impactor (TE-10-800 Six Stage Impactor System, Tisch Environment, USA) was utilized with the aerosol chamber described above. Nine milliliters of tryptic soy broth (cat. no. 211825, BD) was added to six glass Petri dishes, with one dish placed underneath each of the six stages during Impactor assembly. The virus alone or virus + bacteria inoculums were nebulized for 30 s as described above, then aerosols were collected from the chamber directly into the Andersen Impactor for 15 consecutive minutes immediately after 30 s nebulization. The air flow into the Impactor was 28.3 L/min. After collection, the liquid collection media in each layer was transferred to 50 mL conical Falcon tubes for transport on ice. In addition, 7.6 mL of liquid was recovered per stage due to evaporation during 15 min of collection. Of this volume, 2.5 mL of sample was titrated immediately by plaque assay (100 µL non-diluted sample plated in each well of 12-well plate, with two plates used per stage) to determine viable IAV concentrations. Where required, samples were also diluted in PBSi to enable enumeration of countable plaques. Also, 3.5 mL was utilized for bacterial agar plating, with 1 mL of non-diluted sample spread and adsorbed onto triplicate agar plates (3 \times 1 mL per agar plate for each stage) to enable a low detection limit. Where required, samples were diluted in tryptic soy broth and 100 µL plated to allow for countable colonies. Additionally, 140 µL of sample was frozen for viral RNA extraction and dPCR, and 140 μ L of sample was frozen for bacterial DNA extraction and bacterial DNA quantification. Both genome quantification methods are described above.

Total aerosol sampling

For collection of aerosols across a time-course, the viable virus aerosol sampler (BioSpot-VIVAS, Aerosol Devices, Inc.) was utilized with the aerosol chamber described above. The virus alone or virus + bacteria inoculums were nebulized for 30 s as described above, then aerosols were collected from the chamber directly into VIVAS for 10 consecutive minutes immediately after 30 s nebulization. The air flow into the VIVAS was 8 L/min. Aerosol particles were condensed in the VIVAS sampler and virions were collected in a Petri dish containing 2.5 mL of PBSi. After collection of this initial time-point (0–10 min), the 2.5 mL of collected sample was transferred to a 50 mL Falcon tube and kept on ice until the end of the experiment. Additional time-points of 20–30 min and 40–50 min were collected by the VIVAS in the same manner. Time-points are annotated in the text as the mid-point of each, i.e., 5, 25, and 45 min. All samples were kept on ice until the end of the experiment, and were then aliquoted and frozen at -20° C until quantification. Infectivity was quantified in technical triplicate by plaque assay, while genomic copies were quantified in technical duplicate by dPCR.

Qubit protein measurement

Frozen bacterial stocks were thawed and washed $3\times$ in PBS to remove glycerol and residual media components (10,000 × g, 4°C, 5 min), then resuspended in MilliQ H₂O at 10⁸ CFU/mL for immediate use (see Fig. S9 for the titer correction made for *M. catarrha-lis*). Samples were inactivated at 85°C for 20 min, then cooled and measured for total protein by Qubit 4 using the Protein Assay Quantification Kit (Life Technologies, Q33211), according to manufacturer's instructions.

Scanning electron microscopy (SEM)

Bacterial strains to be imaged were thawed on ice, washed $3 \times$ in PBS, and resuspended in filter-sterilized PBS at a concentration of 10^{10} CFU/mL. Samples were drop-cast onto SEM supports and left to adhere for 15 min. Samples were fixed in glutaraldehyde (1.25% final concentration, 0.1M phosphate buffer, pH 7.4) for 1–2 h, then washed $3 \times$ in cacodylate buffer (0.1M, pH 7.4) for 2 min per wash. Samples were stained with osmium tetroxide in cacodylate buffer (0.1M, pH 7.4) for 30 min, then washed $3 \times$ in H₂O for 2 min per wash. Samples were then progressively dehydrated in a graded alcohol series (1 × 30%, 1 × 50%, 1 × 70%, 1 × 96%, 2 × 100%), with 3 min of incubation per change. Critical point dry was then performed, and samples were mounted and coated with gold palladium. Samples were imaged using the Zeiss Merlin Resolution SEM at the BioEM Facility at EPFL.

Statistical analysis

Quantitative results are expressed as geometric mean \pm geometric standard deviation. Where data were left-censored due to detection limits being reached, non-parametric tests were utilized. Specifically, Mann-Whitney U-test (two-tailed) was used for comparison of data from two groups, and Kruskal-Wallis test (with Dunn's statistical hypothesis test for correction of multiple comparisons) was used for analysis of data from three or more groups involving a single independent variable, according to recommendation from reference (49). Where data were not left-centered and thus normally distributed, the parametric paired or unpaired *t*-test or one-way analysis of variance (with Holm-Šídák's multiple comparisons test) was used. All analyses were performed using GraphPad Prism, version 10.0.2 (GraphPad Software, La Jolla, USA). *P*-values ≤ 0.05 (95% confidence) were considered statistically significant.

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DATA AVAILABILITY

All data relating to this study are shared in accordance with FAIR (findable, accessible, interoperable, and reusable) data principles, and data are deposited in the community-approved and cross-disciplinary public repository Zenodo, available at https://doi.org/10.5281/zenodo.10613395.

ADDITIONAL FILES

The following material is available online.

Supplemental Material

Supplemental material (JVI00409-24-s0001.docx). Tables S1 and S2, Figures S1 to S10, and legends for Videos S1 to S4.

Video S1 (JVI00409-24-s0002.mp3). Droplet drying video: bacteria in PBS, fast ramp. Video S2 (JVI00409-24-s0003.mp3). Droplet drying video: PBS only, fast ramp. Video S3 (JVI00409-24-s0004.mp3). Droplet drying video: bacteria in PBS, slow ramp. Video S4 (JVI00409-24-s0005.mp3). Droplet drying video: PBS only, slow ramp.

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