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### **Brain-Computer Interfaces**

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## Workshops of the Fifth International Brain-Computer Interface Meeting: Defining the Future

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#### Workshops of the Fifth International Brain-Computer Interface Meeting: Defining the Future

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The Fifth International Brain-Computer Interface (BCI) Meeting met on 3–7 June 2013 at the Asilomar Conference Grounds, Pacific Grove, California, USA. The conference included 19 workshops covering topics in brain-computer interface and brain-machine interface research. Topics included translation of BCIs into clinical use, standardization and certification, types of brain activity to use for BCI, recording methods, the effects of plasticity, special interest topics in BCIs applications, and future BCI directions. BCI research is well established and transitioning to practical use to benefit people with physical impairments. At the same time, new applications are being explored, both for people with physical impairments and beyond. Here we provide summaries of each workshop, illustrating the breadth and depth of BCI research and highlighting important issues for future research and development.

Keywords: brain-computer interface; brain-machine interface; neuroprosthetics; conference

#### Introduction

Brain-computer interfaces (BCI) (also referred to as brain-machine interfaces; BMI) provide a direct interface between the brain and technology. Both invasive and non-invasive methods can be used to acquire the signals upon which the BCI is based. The essential element is that the signal source comes directly from the brain, bypassing the normal output pathways in the body. BCIs can be used for communication, prosthetic control, therapy, rehabilitation, and robotics and the list of BCI applications is constantly increasing. Generally, BCIs are described as tools for people with physical impairments, restoring or replacing impaired functions. Here we offer the reader a concise glimpse of relevant topics in the field of BCI research and development.

### History and distinctive features of the BCI meeting series

The International Brain-Computer Interface Meetings occur approximately every three years, bringing together BCI researchers from around the world. The first Meeting, held in 1999, was attended by 50 scientists representing 22 laboratories from the United States, Canada, Great Britain, Germany, Austria, and Italy.[1] The Meetings continued to grow through 2002,[2] 2005, [3] and 2010.[4] The Fifth International BCI Meeting, held on 3–7 June 2013 at the Asilomar Conference Grounds in Pacific Grove, California, USA, was attended by 301 participants from 29 countries representing 165 laboratories. Of these participants, approximately 37% were students or postdocs. For the first time, the BCI

Meeting included participation by people with physical impairments who could potentially benefit from current BCI technology. The 2013 Meeting was the first to be organized by a Program Committee of BCI researchers from around the world, building on the format established in the first four meetings that were organized by the Wadsworth Center, Albany, New York, USA.

A central fact of BCI research and development is that it is an interdisciplinary endeavor. Success requires contributions from neuroscientists, engineers, psychologists, medical doctors, applied mathematicians, computer scientists, clinical rehabilitation specialists, and more. Expertise in all these disciplines, as well as interactions with the intended users, is necessary for productive research and for the development and testing of useful applications. Communication among disciplines and the collaborations that such interactions foster are essential for continued progress. Although many meetings now offer BCI sessions, the BCI Meeting series is unique in providing an appropriately comprehensive and international venue that brings together all relevant disciplines and increasingly includes participation from potential users of BCI technology.

Other distinctive characteristics of the BCI Meetings are the large student participation and the retreat format, in which on-site housing and included meals promote interactions between diverse attendees. With a theme of 'Defining the Future', this Fifth BCI Meeting expanded on the interactive workshops that are distinctive of the BCI Meetings by accepting formal workshop proposals from the BCI community.

#### Organization of workshop summaries

The final full day of the Meeting was devoted to workshops. This report is composed of summaries of the individual workshops, grouped by topic to develop the different themes present. The organizers are listed for each workshop and all additional presenters are identified. While it is impossible to recreate the interactive experience of the workshops themselves, these summaries provide an introduction to their important elements, identify resources for further exploration, and present the resultant conclusions or future directions.

The translation of BCI to practical use for people with physical impairments has been of great interest during many of the Meetings in the BCI Meeting Series. In the 2013 Meeting, two clusters of workshops advanced this goal. One set discussed practical issues for independent BCI use and BCI experiments in a home environment. A second set of workshops focused on defining the best practices, conventions, and standards necessary to a maturing research area.

Signal selection and interventions intended to modify brain signals formed the basis of several workshops, with discussions of the types of signals that can be used and the potential for optimizing performance by harnessing brain plasticity. Another set of workshops brought together groups interested in established BCI areas with special application characteristics. Finally, about a third of the workshops explored future developments in BCI research, some building on long histories of BCI research leading to emergent breakthroughs, with others identifing new areas into which BCIs could expand.

#### Translational focus

#### Conducting BCI experiments in the home

Organizer: Chuck Anderson

Presenters: Patti Davies, William Gavin, and Marla Roll

Expanding BCI research from the laboratory into subjects' homes can pose a challenge for labs whose personnel lack experience conducting home-based research and further complications arise when working with clients with severe motor impairments. Successful transition to home studies requires defining how to (1) recruit, inform, and obtain consent from clients in their homes, (2) minimize interference from electrical sources and activity in the clients' environment, (3) design protocols and applications that are useful and functional in the client's home and (4) collect BCI users' experiences and impressions of EEG equipment and BCI protocols.

Recruitment of subjects is facilitated through collaboration with local academic, supportive, and professional organizations in rehabilitation, amyotrophic lateral sclerosis, multiple sclerosis, cerebral palsy, and spinal cord injury. Obtaining appropriate approval from an ethics or institutional review board requires defining the subject population to recruit from, the BCI protocols to be used, the means of obtaining informed consent from subjects and caregivers, and the steps to be taken to maintain the privacy of the subjects. Preliminary telephone or personal discussions with caregivers are very helpful.

Electrical interference and distractions are often difficult to remove in the home environment. Some sources of electrical noise are difficult to identify. Hospital beds, even when switched off, will still generate interference and must be unplugged from the outlet. Switching off computers, screens, and lights in the area can also help. While removal of noise sources can be a temporary measure to facilitate an experiment, ultimately, the BCI must exist in an environment containing the medical equipment necessary for the long-term health of a user with severe impairments. Real-time filtering methods can be helpful, such as notch filters to remove power-line frequencies and band-pass filters to remove low frequencies due to eye blinks and high frequencies due to muscle twitches. Subjects can also be distracted by over-eager coaching from caregivers, and movement and noise from bystanders and pets.

Most researchers report using BCI2000 or custom software for in-home experiments. P300 speller applications are the most common, as well as motor imagery applications. Standard protocols that are usable in the lab with unimpaired subjects may not be useful in the home. P300 waves may be harder to detect in the home due to interference issues. Subject concentration may drift due to distractions. Careful attention to the presentation of visual stimuli may be needed, requiring appropriate lighting conditions and appropriate contrast and colors on the computer screen. Researchers should bring an adjustable bed stand for holding the computer screen and positioning it for optimal viewing by the subject. Advance information on the physical space limitations can ensure ample space for safely placing recording equipment near the subject.

The collection of a subject's experience is essential. After each session, ask the subject and the caregiver for their impressions of which protocols and EEG systems they prefer. Ask which BCI applications they would most like to see.

In summary, workshop participants agreed that the discussions of possible problems and ways of addressing the problems when recording in the home were very valuable. A central repository for all to share lessons learned would be welcome.

### Independent home use of BCI: requirements for translation and evaluation

Organizer: Andrea Kübler

Presenters: Theresa Vaughan, Eric Sellers, and Elisa Holz While research on BCIs for communication and control has increased almost exponentially over the past 20 years, BCIs remain a last-resort mode of communication due to functional limitations, modest accuracy, and low speed in comparison to other augmentative and alternative communication solutions. Nonetheless, BCIs may be the only viable option of restoring independent communication and autonomy for some people who are severely disabled. Considerable effort has been invested in improving signal detection, speed, accuracy, and reliability.[5–11] However, studies in target populations are far less common.[12] There remains a translational and reliability gap that must be filled by studies of BCI use by target populations and long-term in-home studies to improve BCI reliability.[13,14]

BCIs are fast becoming effective communication and control devices in the laboratory. However, they must be shown to work in real life and to provide capabilities that improve people's lives. They must be simple to operate, need minimal expert oversight, be usable by people who are extremely disabled, and provide reliable, long-term performance in complex environments. Their capacity to satisfy these demanding criteria can only be

determined through long-term studies of independent home use by target user populations. Translational research to establish BCIs' clinical value must answer four questions. (1) Can the BCI be implemented in a form suitable for long-term home use? (2) Who needs and can use the BCI? (3) Can the home environment support BCI usage and is it actually used? (4) Does the BCI improve the user's life [14–16]?

The user-centered approach provides a standardized framework to design and evaluate translational and reliability studies and enables comparison between BCI-based applications for communication and control. This iterative process of development and feedback between researchers and users can lead to increased refinement. User-centered design product usability as effectiveness, efficiency, and satisfaction. For BCI-controlled applications, effectiveness is equivalent to selection accuracy and efficacy to the information transferred per time unit and the effort invested (workload). Satisfaction with a device can be assessed for general and BCI-specific aspects and includes the match between user and technology.[13,17-22]

Studies in the user's natural environment are needed to prove the usability and feasibility of BCI devices for daily use and to identify challenges and additional applications. The BCI application Brain Painting was installed in the home of a person locked-in by ALS and the usability of the BCI device was continuously evaluated by the end-user. This person has used the BCI for more than a year with only the help of her family. BCI-controlled Brain Painting not only improves quality of life, but also enables social inclusion.[21,23–25]

Further research is needed on usability, system robustness and convenience, training and technical support, subject inclusion criteria, recruitment, consent, and retention. The workshop members discussed issues, obstacles, and solutions from which a decision algorithm for bringing BCIs to end-users was derived.[26]

### Augmentative and alternative communication for BCI 101

Organizer: Melanie Fried-Oken

Presenters: Greg Bieker, Jane E. Huggins, Aimee Mooney, and Betts Peters

The field of Augmentative and Alternative Communication (AAC) provides a framework for device design, clinical assessment, and intervention for people with complex communication needs.[27] AAC is more than just devices; it is a human process of information transfer.[28] AAC includes both unaided approaches, such as eye blinks for yes/no, and aided approaches, such as communication boards or speech-generating devices. BCI-based communication systems, like other aided AAC approaches, should be customized to each user's needs

and abilities. Before adopting the BCI system, the user should consider: (1) the language of the device, which may include letters, icons, photos or phonemes, and the contribution of language models for word prediction or completion; (2) the output of the device, including speech output and/or visual displays (i.e., text on a computer screen); (3) the input mechanism or how one selects the language units in the device (e.g., event-related potentials, steady-state visual evoked potentials, or multimodal access incorporating eye gaze, head mouse or single switch control [29]); and (4) the user's own preferences and feedback. The intersection between BCI and AAC research and development is significant, especially as we consider BCI systems as assistive technologies for people with severe speech and physical impairments.[30]

AAC-BCI collaborations should include hybrid BCI systems that incorporate access methods such as eyegaze; systems with GPS or speech-recognition that determine the context of a conversation and provide vocabulary; identify appropriate algorithms that error-related potentials for error correction; and automatic system adaptations that infer and adjust to changes in the user condition (e.g., fatigue, emotional state, cognitive workload). Technical challenges such as synchronizing BCI system timing with AAC components and adequate BCI accuracy must be addressed since each type of BCI will provide a different input interface for AAC. Successful development of BCI input for AAC devices would benefit from prioritizing the BCI signal sources to support AAC devices and establishing standards and research guidelines for BCI inputs to AAC devices.

As BCIs transition to clinical use, a feature-matching procedure will help determine whether BCI as an access method is appropriate for each user. The Matching Person to Technology Model [31] provides guidelines for implementing this process. BCI systems must be adaptable to the context for communication, the purposes of communication, [32] and the role of communication partners or caregivers for message generation.

Finally, the driving principle for BCI research and development must be the user. As a Participatory Action Research challenge,[33] the design and implementation plans must be shaped by feedback from people with severe speech and physical impairments and their families and caregivers.[34] This was emphasized by a presentation from Greg Bieker, the only person with locked-in syndrome present at the BCI meeting,[35,36]

#### Standardization

#### BCI software platforms and standards

Organizer: Clemens Brunner

Presenters: Gerwin Schalk, Jürgen Mellinger, Christian Kothe, Robert Oostenveld, Armin Schnürer, Jussi Lindgren, and Febo Cincotti This workshop utilized a discussion format to build consensus among participants with a goal of increasing interoperability and compatibility between BCI labs worldwide. Participants discussed current software tools and potential synergies to improve their interoperability. Discussion goals were (1) to identify currently available software solutions for BCI platforms; (2) to become aware of issues and possible solutions when combining components from different platforms; (3) to discuss a suitable common data format for BCI research; and (4) to identify future steps to address issues discussed in this workshop.

The most commonly used BCI software platforms [37] are: BCI2000,[38] OpenViBE,[39] BCILAB with lab streaming layer (LSL),[40] FieldTrip,[41] a proprietary solution by g.tec, and the TOBI platform.[42] A major topic for many participants was to ensure proper support for hardware devices, which was important for software developers, end-users, and hardware companies. We concluded that to avoid reinventing the wheel, we should reuse existing signal acquisition modules in other platforms. The feasibility of this approach has been demonstrated by integrating the OpenViBE acquisition server with BCILAB's LSL, enabling the extended OpenViBE module to stream data in the LSL format.

Software developers also stated that support for hardware with completely open specifications was much easier to implement, which means that data transmission protocols should be documented and not kept secret. However, not all companies agreed, since proprietary protocols enable them to restrict the usage of their devices to tested and supported software environments. In this workshop, we had companies representing both open and proprietary strategies.

Secondly, we discussed ideas for a common file format in the BCI community. People seemed to be very interested in establishing a unified file format, judging by discussions with several leading developers and activity on the workshop mailing list. Creating one common data format would dramatically improve interoperability, and a candidate format later proposed in the mailing list was XDF (extensible data format, code.google.com/p/xdf/).

Finally, the next steps towards BCI software standards will be to continue the discussion about a common file format on the dedicated workshop mailing list (which is now open to the public at groups.google.com/d/forum/bci-standards). Furthermore, a common protocol to exchange data between different platforms could be established by using the TOBI and/or LSL standard interfaces; it remains to be seen if the major platforms adopt one or both protocols (at least in addition to their native communication protocols).

#### BCI performance metrics

Organizer: David Edward Thompson

Presenters: Shangkai Gao, Lucia Quitadamo, Luca

Mainardi, and Khalil Laghardi

The workshop on BCI performance assessment included presentations of existing metrics such as the Transfer Rate (ITR),[43]Information Confusion Matrices (ECM),[44] BCI-Utility,[45] and user-experience-based metrics,[46] as well as discussions of performance measurement in general. BCIs rarely meet the underlying assumptions for ITR, such as equal probability of classes.[47] The ECM metric has the advantage of correct handling of abstentions (selections that do not produce an output).[44,48] The BCI-Utility metric measures expected benefit over time and can be adapted to capture the effects of different enhancement methods such as automatic correction.[45] The uFEEL framework facilitates assessing the overall user experience of a BCI, and includes different types of metrics, such as NASA's Task Load Index.[46]

The second half of the workshop included a group discussion on metric choice, and presentations with further discussion on contentious practices in performance reporting. Customizable parameters (aka free parameters) in metrics lead to inconsistent usages and prevent valid comparisons even between studies reporting the same metric. Such dangers can be overcome if BCI researchers standardize the values of these parameters, creating field conventions and therefore consistent metric calculation. Performance is sometimes also artificially inflated through task choice or non-standard calculation of variables in the equations for each metric. The workshop concluded with a group discussion and decision to collaboratively author a journal paper with the results of the workshop, extended by further discussion.

That paper is currently in submission to the *Journal* of Neural Engineering special issue on the BCI Meeting, under the title of 'Performance Measurement for Brain-Computer or Brain-Machine Interfaces: A Tutorial'. The paper contains checklists for methods sections for both discrete and continuous BCIs, and summaries and specifics on various metrics discussed during the workshop.

#### BCI certifications, guidelines and other standards

Organizer: Brendan Allison

Presenters: Jane E. Huggins, Shangkai Gao, Anton Nijholt, Tobias Kaufmann, and Armin Schnuerer

As BCI research gains momentum, there is a growing need for standards including ethical guidelines, terms and definitions, and reporting guidelines to form the infrastructure of a BCI community. These include methods to calculate information transfer rate (ITR) and adequately describe participants' selection and rejection

criteria and other characteristics such as the nature of any disabilities. Indeed, surveys conducted at the 2010 International BCI Meeting [49] and the 2013 International BCI Meeting showed recognition of a pressing need for such standards. Additionally, many groups utilize different reporting techniques that could lead to confusion and undue inflation of reported BCI performance.[47,50] The launching of the BCI Journal and the on-going efforts to establish a BCI Society may provide the formal entities to develop and entrench such standards.

A particular concern was appropriate training and qualification for researchers providing BCIs to users, particularly users with physical impairments. For example, researchers might be expected to demonstrate familiarity with the challenges of obtaining informed consent from a user who is not able to speak. Such guidelines for ethical research are naturally the responsibility of an ethics or Institutional Review Board (IRB). However, some BCI work may be conducted through entities that do not seek IRB approval (such as industrial research), or through institutes whose IRBs may be unfamiliar with the unique issues associated with BCI research for people with limited communication. The emerging BCI Society could formalize such expectations, later leading to a test or formal certification, but this may be premature and could impede BCI research. Establishment of a formal certification credential is a large undertaking (as illustrated by the assistive technology provider credential from RESNA - Rehabilitation Engineering and assistive technology Society of North organization America. www.resna.org). However, guidelines for ethical behavior are a common feature of professional societies.

Consistent reporting guidelines are another area of concern. Many articles do not publish critical information about how subjects were selected or rejected, details of subjects' medical background and capabilities, and how ITR was calculated. Groups often select subjects with BCI experience who are expected to yield promising results and ignore the difficulties of generalizing these results to the general population. Further, groups often use inappropriate methods to report ITR, such as failing to account for the time between selections. Adequate reporting of results requires a clear description of the method of calculating ITR, including ways in which the ITR calculation may not reflect real-world performance. A BCI Society could also manage media reporting guidelines. Many BCI articles in the popular media are inaccurate or misleading.[51] A BCI Society could provide a respected centralized entity to respond to bad reporting and publicize established guidelines such as the Ingelfinger rule, which cautions against publicly announcing work that has not passed peer-review. This society would presumably have a central website that

include standards and guidelines to help researchers, especially people new to BCI research.

These issues of ethical and reporting guidelines are increasingly crucial as BCI research becomes a mature, mainstream research field. Standardization involves a variety of different elements, many of which will require further discussion and debate to reach consensus within the BCI community.

#### The brain side of the BCI

#### Neuronal ensembles for BCI: local field potentials and electrocorticography

Organizer: Aysegul Gunduz

Presenters: Dora Hermes, Christoph Kapeller, Dan Moran, Bijan Pesaran, Nick Ramsey, Gerwin Schalk,

and Wei Wang.

Recordings from neuronal ensembles, namely local field potentials (LFPs) and electrocorticography (ECoG), have attracted increasing interest in the field of BCIs due to the stability and specificity of these recordings for the interpretation of behavioral and cognitive tasks. [52] LFPs and ECoG represent cumulative afferent synaptic activity, which exhibits broad spectral ranges that modulate with behavior. High gamma activity (~70 to ~300 Hz), unique to intracranial field potentials, is a prime candidate for BCI control due to its high correlation with behavior and fine localization.[53] A recent ECoG study demonstrated three-dimensional control of a robotic limb in a subject with tetraplegia through high gamma modulation ([54], also see [55,56]). Still, invasive approaches can only be clinically viable when the expected benefits outperform non-invasive solutions and outweigh the potential risks. Improving system safety, durability, and performance is not only of utmost importance for the technical viability of invasive BCIs, but is also of great ethical concern.

Although there are long-term studies demonstrating the stability of these signals in animals, [57] present data on the long-term safety of invasive implants in humans are limited.[58-60] Recently, the Neuropace Responsive NeuroStimulator® (RNS), a chronic subdural recording and stimulation system,[61] gained recommendation for FDA approval from the advisory panel, which concluded that its clinical benefits outweigh the risks of its use,[62] paving the path for future cortically implanted systems. Other studies are under way to investigate the signal fidelity of recordings from epidural electrodes, whose position over intact dura results in a lower risk of infection to the brain. Studies in humans show reduction in signal amplitude over the dura compared to subdural recordings.[63,64] Still, animal studies demonstrate the viability of epidural BCI control. [65,66]

Apart from stability and safety, questions remain regarding the optimal design and implantation of recording electrodes. LFPs are often simultaneously recorded with single unit activity using single-contact multi-electrode arrays, although a recent study shows that the optimal laminar depths for these two modalities are different due to the nature of the synaptic potentials versus action potentials.[67] Optimal subdural electrode diameter and density for BCI use in humans remains mostly unexplored. Denser electrode designs provide more detailed information, [68–70] but in turn will increase processing and telemetry requirements in fully implantable systems. Animal studies will remain important to uncover optimal ECoG electrode grid designs and guide human studies.[71]

#### Cognitive processes and brain-machine interfaces

Organizer: Ricardo Chavarriaga

Presenters: Scott Roset and Nathan Evans

A great deal of BMI research focuses on using neural correlates of motor activity to operate devices. However, neural correlates of cognitive processes can also be used enhance human-machine interaction. evidence supports the decoding of neural activity related to attentional mechanisms [72,73] as well as sensory processing [74] and mental workload. [75,76]

The idea of decoding neural correlates of these processes began over 60 years ago with Grey Walter's pre-cognitive carousel [77] and was advanced by the DARPA Biocybernetics program (1974–1978) enhancing man-machine systems. This work supported early ERPs studies as a measure of workload [76] that showed how the P300 amplitude in secondary tasks is modulated by the difficulty of the primary task.[78] The P300-based BCI [79] also sprang from this line of research. Beyond the P300 BCI, however, cognitive processes are not widely exploited by current BCIs. A potential drawback is the need for secondary tasks. However, tapping into processes that are naturally elicited during interactions may be a more transparent and intuitive way to enhance current BMIs (see also the workshop Passive BCI – using neurophysiological signals that reflect cognitive or affective state). Examples of these processes include the prediction of movement intention and error-related neural activity.

Neural activity preceding actions [80] is currently explored to predict onset of self-paced movements [81,82] and interpreting motor control and volition.[83] For example, it can improve motor neuroprostheses by providing a tighter coupling of the intention-related brain activity and movement execution with a prosthesis or robotic device. This may promote beneficial plasticity after brain injuries such as stroke.[84] These correlates can also be exploited in applications for able-bodied users such as a car-driving scenario that decoded selfpaced decisions on braking and steering.[85]

Error-related neural correlates resulting from assessing the correctness of actions have been identified with several recording techniques [86–88] and across different tasks [89] and feedback modalities.[90] Interestingly, these signals can be decoded on a single-trial basis and used to correct erroneous decisions.[91,92] Alternatively, they can be used to improve the BMI using the reinforcement-learning paradigm.[86,87,93,94] Despite these advances, it has yet to be confirmed whether these correlates can be exploited in a more continuous manner, e.g., detecting errors not strongly synchronized to external stimuli as well as decoding information about the magnitude of such errors.

Another challenge is to fully validate the feasibility of decoding cognitive processes during complex tasks and real scenarios of human-machine interaction. This may require hybrid approaches simultaneously monitoring different brain processes and exploiting multimodal recordings.[95,96] A potential avenue is to extend current methods to capture the neural dynamics linked to these processes, e.g., by extracting features based on functional connectivity patterns.[97,98]

Last but not least, BMIs can be a tool to understand the neurophysiology of cognitive processes, enabling study of these processes in interactive environments instead of standard constrained paradigms. A recent example shows how BMI paradigms can be used to study subjective senses of limb ownership and agency, [99] key factors to achieve intuitive, efficient control of motor neuroprosthetics.

#### Is plasticity necessary for good BCI control?

Organizer: Aaron Batista

Presenters: Dan Moran, Patrick Sadtler, Karunesh Ganguly, Eric Pohlmeyer, Amy Orsborn, Steve Chase, and Andy Jackson

Efforts to improve BCI performance must answer the design decision about whether to focus on developing the most effective decoding algorithms, or whether to rely on neural plasticity to allow users to improve device performance through experience. Perhaps a hybrid approach exists, wherein decoding algorithms can be designed that harness neural plasticity.

A special aspect of this workshop is that nearly all speakers employ invasive approaches in the development of BCIs. Each of the studies provided an impressive example of the quality and speed of control that invasive BCI approaches can provide. Decoder adaptation and neural plasticity can combine to yield performance improvements and robustness to interference, and boost long-term retention of performance. Offline consolidation overnight can improve BCI learning. Reinforcement learning can be used to shape BCI performance without detailed error feedback. The envelope of performance can be pushed using intracortical techniques, enabling

monkeys to control two BCI cursors simultaneously. This work highlighted an important lesson for the field, that top performance can only be achieved with high-quality neural recordings.

However, there are specific and intriguing limitations on the extent to which neural plasticity can boost BCI performance. The neural strategies that animals use to learn to control a BCI involve a search for an optimal solution among the natural constraints that exist within the neural space. Additionally, distorting the relationship between vision and action allows direct study of BCI learning, and shows that visuomotor rotations are learned as readily under BCI control as they are for actual arm movements. However, gain changes cannot be learned readily in a BCI context, while they are readily learned for real arm movements. This highlights a shortcoming current decoder designs - decoder algorithm performance might be fundamentally limited since the understanding of how motor cortex controls natural arm movements is incomplete

As a whole, this workshop shows how investigators are pushing the BCI learning paradigm to the very limits of performance, and understanding how the brain reorganizes to achieve BCI control. An overarching message of the workshop is that even as we attempt to develop a range of therapeutic options to suit a diverse patient population, we must maintain an emphasis on how (and by how much) the brain can reorganize to make BCI performance better, more robust, and more long-lasting.

### Teaching the BCI skill: feedback and human training approaches

Organizers: Fabien Lotte, Reinhold Scherer, and Anatole Lécuyer

Presenters: Jozef Legény, Elisabeth Friedrich, Moritz Grosse-Wentrup, Jonathan Wolpaw, Chadwick Boulay, Deniz Erdogmus, Avary Kent, Sergio Varona-Moya, and Jeremiah Wander

Although EEG-based BCIs are promising for numerous applications, e.g., rehabilitation or gaming, due to low reliability they mostly remain laboratory prototypes.[100] Poor BCI performance is partly due to imperfect EEG signal processing algorithms but also to the user, who may not produce reliable EEG patterns. Indeed, BCI use is a skill requiring proper user training.[100] If a user cannot perform the desired mental commands, no signal processing algorithm can identify them. Nevertheless, many research efforts focus on signal processing, largely ignoring the human in the loop.

The most realistic and most difficult approach to BCI design is to optimize the co-adaptation between the user and the BCI.[100] This adaptation should engage, reward, and guide brain plasticity.[100] One approach to the still open question of optimal user training and co-adaptation

is to use adaptive training protocols that first explore various mental tasks (e.g., motor imagery or mental rotation) and then train the user to control the most efficient ones.[101] In general, adapting the training protocol to each user is beneficial: individual channels, frequency bands and mental task selection, individual classifier updates, and co-adaptive learning (with online classifier adaptation) all proved useful for training BCI users.[101–103]

To master a BCI, the user must understand how the BCI works and how to use it. One method of providing this understanding is well-designed feedback that is made clear and easy to perceive by integration with the environment, collocating the feedback with the BCI stimulations (e.g., flickering items for SSVEP).[104] Multimodal feedback has also been explored, e.g., by combining visual feedback with haptic feedback [104] or audio feedback,[105] the latter being particularly useful for patients with low vision.

Effective learning also requires motivation, which can be accomplished with engaging training environments such as virtual reality,[105] or immersive virtual reality.[104] Games [106] also positively impact the user experience and/or learning efficiency. Attention seems to be another essential factor for successful BCI control. Indeed, it has been shown that fronto-parietal gamma power could predict users' performance with a sensorimotor rhythm (SMR) BCI and seems associated with attentional networks.[107] Training BCI users to increase their attentional levels using fronto-parietal neurofeedback is therefore a possible approach to improve BCI performance.

Research on BCI learning can benefit from existing fields of study on learning. Learning to use an SMR-BCI led to similar cortical changes as a motor learning task.[108] This suggests that motor learning theory could inform improved BCI training protocols. Literature on instructional design and educational psychology contains guidelines to ensure efficient skill learning which are rarely satisfied by BCI training protocols. Therefore such guidelines may also improve the efficiency of BCI training.[109]

Overall, feedback and user training approaches are a valuable approach to boost the currently modest BCI performance. This workshop also showed the continuing lack of knowledge about user learning in BCI (e.g., for patient learning, stable skill acquisition or feedback content), thus providing exciting opportunities and challenges for future research.

#### **BCI** special interest applications

Non-invasive BCI control of grasp neuroprosthesis in high spinal cord injured humans

Organizers: Gernot Müller-Putz and Rüdiger Rupp

Presenter: Martin Rohm

The bilateral loss of the grasp function associated with a complete or nearly complete lesion of the cervical spinal cord severely limits the affected individuals' ability to live independently and retain gainful employment post-injury. Thus, it represents a tremendous reduction in the patients' quality of life. Any improvement of a lost or limited function is highly desirable, not only from the patient's point of view but also for economic reasons. If tendon transfers are not applicable due to the unavailability of muscles under voluntary control, neuroprostheses based on functional electrical stimulation (FES) provide a (non-invasive) option for functional improvement of upper extremity function.[110] In particular, hybrid-FES systems consisting of FES and active orthotic components seem to be effective in restoration of a relevant grasp function.[111]

On the other hand, EEG-based BCIs may be a valuable component in a neuroprosthetic user interface. A major advantage over other assistive devices is that a BCI can be operated independently of residual motor functions. Further, motor-imagery (MI)-based BCIs have enormous potential to provide natural control of grasping and reaching neuroprostheses using signals recorded from brain areas associated with upper extremity movements, especially for individuals with a high spinal cord injury (SCI). The combination of traditional assistive devices with a BCI and the use of combinations of brain activity and movement signals for their operation (hybrid-BCI) open new possibilities for real-time control of a neuroprosthesis autonomously by the end-user with an SCI.

We reviewed the state of the art in non-invasive grasp neuroprosthesis as well as in hybrid brain-computer interfacing.[42,112] Subsequently, we presented the actual state of the art in non-invasive BCI-controlled neuroprosthesis [113-116] with an emphasis on the real application of these systems in individuals with high spinal cord injury.[117,118] The highlight of the workshop was the online demonstration (via teleconference) of an end-user with SCI at Graz University of Technology operating the applied neuroprosthesis with a non-invasive hybrid BCI operated by EEG for switching between two different grasp types (palmar and lateral grasp) and a shoulder position sensor for the finger position. During this demonstration we could observe the functionality of the system. After the demo, workshop participants used the opportunity to ask questions of the

Future activities in this research area are the adaptation of (hybrid) BCI systems to the needs of the users as well as identification of new control signals from the EEG. Most prominent here is the direct decoding of complex arm or hand movements from the non-invasive EEG, allowing a pure EEG-based control of the neuroprosthesis.

Overall, the workshop demonstrated that the combination of EEG-based BCI and a non-invasive/invasive neuroprosthesis works. An EEG-based BCI can provide hand movement control for individuals with SCI. Further, it provided the first examples of the use of EEG-based (hybrid) BCIs for the control of hand and elbow function in individuals with SCI.

#### Current state and future challenges in auditory BCI

Organizers: Michael Tangermann, Jeremy Hill, and Martijn Schreuder

Auditory BCI experimental approaches are many and varied, [119–124] yet they can be characterized by the categories (a) application mode (online/offline), (b) EEG features exploited, (c) application type, (d) field of activity, (e) user interaction (none, direct or implicit feedback), (f) software basis and interfaces, and (g) application software basis.

After an overview of the young research field, workshop participants completed forms (with multiple answers allowed). The results from 22 participants showed that the majority of labs applied their auditory BCI system online (14 participants) with ERP features slightly preferred over oscillatory features (13). All applications targeted communication (22), mostly within the field of BCI basic research (16), while industrial applications (1) and clinical applications (2) played a minor role. Only 13 of these systems made use of direct feedback to users, and BCI2000 (11) was the preferred software platform for the BCI core (custom-programed was second with 6). Applications were mostly developed in Matlab (14), followed by  $C^{++}$  (9) and Python (1). When asked to identify bottlenecks to auditory BCIs, participants mentioned classification performance (8) before funding (5) and effectiveness of auditory paradigms (4). Interestingly, reliability of the BCI system (3) and software timing (2) played a minor role only, indicating the quality of the BCI toolboxes. As in the general BCI field, auditory BCIs are not transferred to clinical applications and patient use on a regular basis, although patient applications were acknowledged as a priority for auditory BCI research.

Auditory BCI is a small but rapidly growing field that is quickly forming a novel growing community. Workshop attendees created an email list (https://lists.tu-berlin.de/mailman/listinfo/neuro-auditorybci) to strengthen connections between active auditory BCI research labs, by sharing and discussing research questions, distributing conference dates, posting job announcements, etc.

#### BCIs in stroke rehabilitation

Organizer: Christoph Guger

Presenters: Donatella Mattia, Junichi Ushiba, Cuntai

Guan, Surjo R. Soekadar, and Woosang Cho

Lately, BCI systems have become increasingly useful in the context of stroke rehabilitation. The majority of those BCI systems are based on motor imagery activating the sensorimotor cortex. This activity is translated into continuous control signals for rehabilitation devices. While these devices can be virtual reality set-ups that allow the users to see moving limbs of avatars, studies in patient populations have also successfully used functional electrical stimulation, robotic devices, or exoskeletons attached to the patients' paralyzed limbs. Clinical studies have been completed in a variety of settings [125–127] and the physiological effects of BCI stroke rehabilitation have been studied.[127,128]

A variety of BCI hardware and software components to support this research are available.[129–139] These systems analyze brain activity from the sensorimotor region, extract relevant information, and perform a classification in order to control rehabilitation devices in real time. The variety of BCI systems for stroke rehabilitation was discussed, revealing the breadth of relevant components and remaining questions for optimal design. For example, such systems can use robotics that move parts of the body or the whole body, or they can use functional electrical stimulation or apply tactile or visual stimulation to improve rehabilitation outcomes. As yet unresolved are the questions of which feedback modality and BCI training approach best improves the clinical outcome.

Another important issue is the selection of BCI features that should be utilized for proper feedback. Currently, people are using slow cortical potentials, the delta to alpha ratio, mu, alpha, gamma or beta activity. Furthermore, electrode location is an important consideration for improving classification accuracy as well as the motor function learning. A big question is whether the BCI features should be calculated from brain regions that were affected by the stroke or from healthy regions. Likewise, there are different functional outcome measures, which are selected according to clinical or scientific relevance. Thus, wider acceptance and common measures are of course crucial to interpret results correctly. Questions about more fundamental underlying issues in neuroscience and neuro-plasticity mechanisms also merit discussion. Additionally, in order to compare studies, the patient selection mechanism is important, along with proper communication and generalization of results. Finally, brain stimulation is increasingly being studied, and may play an important role in stroke rehabilitation.

#### **Future BCI directions**

### Causing a sensation: development of a somatosensory afferent interface for BCI users

Organizer: Lee Miller

Presenters: Kevin Otto, Dustin Tyler, Doug Weber,

Sliman Bensmaia, and Philip Sabes

Virtually all BCIs rely exclusively on visual feedback. Yet, lost proprioception causes movements that are poorly coordinated, and require great conscious effort.[140] Likewise, cutaneous anesthesia of the fingers makes manipulating small objects almost impossible.[141] Successful movement BCIs will likely require an afferent interface to convey tactile and proprioceptive feedback in addition to the efferent interface that provides movement.[142,143] Development of a successful somatosensory interface requires addressing the following questions. (1) At what level(s) of the neuroaxis should an interface be made? (2) What stimulus characteristics will maximize efficacy and safety? (3) Is biomimicry a critical design consideration, or does user adaptation make it unnecessary?

Charge-balanced, symmetrical square pulses have long been used to activate the nervous system. Alternative waveforms that have been tested appear to offer little increased efficacy.[144] However, recent results suggest that the dynamics of stimulus train modulation may affect the quality of tactile sensation. In two humans with chronically implanted peripheral nerve cuffs, low-frequency modulation of stimulus intensity transformed the typical tingling sensation into well-localized, graded sensations of pressure that were stable for over a year.[145] The patient reported that the sensations improved prosthesis use and made it feel more like his own limb and less like a tool. Previously, monkeys have learned to use arbitrary intracortical microstimulation (ICMS) trains representing artificial 'textures' to distinguish three virtual objects.[146] Now, well-localized sensations of graded pressure have been produced in monkeys through ICMS in cortical areas 3b and 1 using stimulus trains that mimicked natural neuronal somatotopy and dynamics.[147] Future work will tailor the stimulus to convey both temporally precise contact information and a graded sense of contact force.

Both central and peripheral interfaces are also being tested to restore proprioception. One approach in cats has been to record multi-electrode signals under anesthesia from the dorsal root ganglia during passive limb movement.[142] The recordings were 'replayed' through the electrodes, and the stimulus parameters optimized to maximize the similarity between the natural and stimulus-evoked cortical activity.[148] Alternatively, a monkey was trained to report the direction of force perturbations applied to its hand. Electrodes in somatosensory cortical area 2 were characterized by the discharge recorded

during movement. In later experiments, the monkey reported a sensation of movement in the corresponding directions when these electrodes were stimulated. A different group used stimulation of eight electrodes in areas 1 and 2 to represent different projections of an error gradient pointing toward a target.[149] They paired the ICMS with visual cues conveying the same information. Although no such error signals are known to exist in S1, after several months of practice two monkeys learned to make accurate movements to targets guided only by the ICMS.

Where possible, an optimal somatosensory interface should likely remain faithful to the principles of sensory representation in S1, while also taking full advantage of natural adaptation. Linking the artificial inputs to well-correlated natural inputs of other modalities may be an effective training strategy. Whether central or peripheral stimulation will ultimately prove more effective remains an open question.

### Combining BMI and neural stimulation for restoration of sensory-motor function

Organizer: Robert Leeb

Presenters: Stanisa Raspopovic, Kai Keng Ang, Joseph E. O'Doherty, and Ricardo Chavarriaga

A brain-machine interface (BMI) typically relies on registering and decoding electric neuronal activity to control external devices. This workshop focused on what may be seen as its counterpart: stimulation of electric neuronal activity, both at the central and peripheral levels, for complementing the use of BMIs by restoring sensory or motor functions, and as a means to effectively close the BMI loop.

Up to now most BMIs have only used visual feedback during control of neuroprosthetic arms.[150] Thus, only movement was restored, not full normal sensorimotor functions of the limbs. However, prosthetic arms are becoming increasingly sophisticated and are already able to provide a sense of touch. Several different ways are explored to establish the new connection between the brain and the prosthetic device for control and sensation.[151] These include using the remaining nerves in the stump, re-routing the nerves to other muscle groups and skins, or directly recording from and stimulating the cortex.

Peripheral neuronal stimulation has been shown to effectively substitute impaired neural pathways to restore motor function in patients with paralysis, providing, for example, sensory feedback for people with upper limb paralysis. Nerve stimulation using transverse intrafascicular multichannel electrodes (TIME) is used in animals, [152] and more recently in humans, to provide information

about touch and even force pressure from neuroprosthetic devices, enabling a natural grasp.

Intracortical micro-stimulation (ICMS) can be utilized to provide somatosensory feedback, substituting or enhancing sensory capabilities, in what has been termed a bi-directional BCI or brain-machine-brain interface (BMBI). In monkeys, artificial tactile feedback can be created by stimulating the primary somatosensory cortex.[153] Thus, the monkey could perform an active exploration task with a virtual reality arm moved by motor commands derived from neuronal activity recorded from the primary motor cortex, while ICMS feedback occurred whenever the actuator touched a virtual object. This allowed different artificial textures on the virtual objects to be differentiated.[146]

Stimulating the electric neuronal activity in the cortex can be used not only to provide feedback, but also to modulate neuronal excitability. In particular, transcranial direct current stimulation (tDCS) may potentially influence the modulation of electrophysiological patterns exploited by BMI.

Current research addresses the question of whether such stimulation facilitates BMI learning and improves BMI performance.[154] In addition, it is important to assess whether these techniques can selectively enhance the activity of physiologically targeted brain areas, an interesting property for BMI-assisted neurorehabilitation. Clinical studies have shown facilitating effects for upper limb stroke rehabilitation when combining tDCS with motor imagery-based BMI and robotic feedback.[155]

These results suggest that control of motor neuroprostheses by BMIs might benefit from the addition of peripheral or cortical stimulation to either enhance the brain patterns used for control, or to generate artificial sensory feedback from the prosthesis and thereby restore lost sensory-motor function.

# Tactile and bone-conduction based BCI paradigms – state of the art, challenges and potential new applications

Organizers: Tomasz M. Rutkowski and Christoph Guger Presenters: Christoph Kapeller, Mounia Ziat, Moonjeoung Chang, and Hiromu Mori

State-of-the-art stimuli-driven BCI paradigms rely mostly on visual or auditory modalities. Recently tactile (or haptic) modality approaches have been proposed to offer alternative ways to deliver sensory stimulation inputs which could be crucial for patients suffering from weak or lost eyesight or hearing (the so-called 'ear stacking syndrome'). Several techniques have already been developed to connect the BCI to a traditional haptic

interface or to utilize those interfaces as stimulation sources. The invited presenters at the workshop presented their recent developments and discussed pros and cons of their approaches.[156–160]

The workshop balanced oral and hands-on interactive presentations, starting with an introduction to basic haptic/tactile concepts, devices, and methods with possible applications to BCI. BCI prototypes described included a tactile-based BCI involving tactors to deliver P300-generating stimuli,[156] and finger/hand [157,158] and head/bone-conduction [159,160] based tactile BCI prototypes.

Demonstrations provided background on existing haptic devices and illustrated the state of the art and future challenges for tactile BCIs. Audience participation with online tactile BCI prototypes used dry g.SAHARA electrodes for fast EEG set-up. The online demos with tactile BCI-naïve users from the workshop audience did not result in perfect accuracies, but all accuracies were above chance levels. Continued research for this sensory modality is therefore still necessary to identify optimal stimulus generation and evoked response classification.

As illustrated by the modest performance of the online tactile BCI for the workshop's 'tactile modality naïve' users, current tactile BCI paradigms must be modified and improved before tactile BCIs are ready for use by people who are locked-in. However, even in their current form, the tactile BCIs presented may be regarded as a possible alternative for people who are locked-in if they cannot use vision- or auditory-based interfaces due to sensory or other disabilities.

Major lines of study for future research on tactile and bone-conduction BCI paradigms include the possibile bone-conduction sensory effects produced by application of exciters to the head area.[159,160] These concepts have already been applied with healthy users and tests with paralyzed users will follow soon. A tactile BCI with vibrotactile exciters attached to the user's head (scalp bones) is an interesting option for delivery of multimodal stimuli. Somatosensory and auditory stimuli combine via the bone-conduction effect when the stimulation is in an acoustic frequency range. This could provide people with locked-in syndrome or ALS with a potentially fast information transfer rate.[159,160]

As a summary of the workshop discussions, a review paper is being developed by the organizers and active workshop participants that focuses on available tactile devices and existing tactile BCI prototypes. We invite the reader to join us for discussion with other tactile BCI community members through our website (http:// tactile.bci-lab.info), FaceBook page (https://www. facebook.com/tactileBCI) or twitter feed (https:// twitter.com/tactileBCI).

#### BCI and detection of consciousness

Organizer: Christoph Guger

Presenters: Andrea Kübler, Damien Lesenfants, Donatella

Mattia, Gernot Müller-Putz, and Srivas Chennu

A recent review showed that 4 of 24 patients (17%) identified as being in a vegetative state were not only consciously aware but could answer yes or no questions.[161] Other potentially communicative patients with disorders of consciousness might be undetectable through standard clinical testing, but may benefit from BCI. Hence, some users meet all behavioral criteria for vegetative state, but nevertheless have covert awareness. Some research to assess cognitive activity in coma patients relies on fMRI. But fMRI is expensive, bulky, and more time-consuming than EEG assessments. Further, evaluation with fMRI is ineffective in patients with uncontrollable movements and impossible for patients who have metal implants or rely on medical equipment containing metal. EEG-based BCI can provide an effective tool for assessing cognitive state and allowing communication and may be more efficiently used to evaluate patients with transient periods of relative wakefulness.

The workshop featured presentations by coauthors of a new review on BCI and disorders of consciousness. These included presentations on auditory-, tactile-, and motor imagery-based BCI paradigms from the DECO-DER project [121,161–163] and the usage of auditory-and motor imagery-based BCIs for communication with people who have disorders of consciousness.[164,165] The results of three clinical studies on BCI and disorders of consciousness were presented.[166–170] Finally, the hardware and software components important for a practical assessment and communication system were presented.[161]

A BCI system for this application must manage artifacts and quickly provide sufficient clean data to assess patients and to enable communication. To give medical doctors a useful tool, the BCI system must be trained very quickly and be robust and accurate with patients. The results must be reliable and show with a high degree of certainty whether the patient understands instructions. The system should also allow repeated tests to find fluctuations of consciousness. Real-time feedback of brain activity can be essential by enabling patients to improve BCI performance over time.

Using BCI as a tool in the diagnosis of disorders of consciousness enters a new realm of ethical consideration and medical regulation that is not applicable to technology that is not used for diagnosis. What are the consequences if the BCI system shows that the patient can understand instructions? What if the BCI system shows that the patient cannot? BCI technology to assess, understand, and communicate with patients who have disorders of consciousness may not only change the lives of

these patients and their families and caregivers, but may also solve some scientific, clinical, and ethical problems. Thus, results and conclusions of research projects may provide a basis for improved guidelines and new clinical and research procedures.

#### BCIs for neurodevelopmental disorders

Organizer: Disha Gupta

Presenters: Scott Makeig, Jaime A. Pineda, Marissa Westerfield, Tzyy-Ping Jung, Leanne Chukoskie, Jonathan Tarbox, and Armin Schnürer

This workshop discussed the need, vision, barriers, and scope of potential BCI interventions in neurodevelopmental disorders such as autism-spectrum disorders (ASD) and attention deficit hyperactivity disorder (ADHD). Neurodevelopmental disorders are estimated to affect 1 in 88 children.[171] ASD encompasses a complex range of neurodevelopmental disorders, characterized by social impairments, communication difficulties, and restricted, repetitive, and stereotyped behavior patterns. Some individuals with ASD are asocial but otherwise high-functioning while others are low-functioning and nonspeaking.

ASD intervention research is predominantly done with high-functioning adults or adolescents, perhaps because subjects from the lower extreme of the spectrum may be non-compliant and difficult to manage. However, the younger, lower-functioning groups have the greatest need for early and rapid training, the greatest barriers to normal cognitive development, and potentially would experience the greatest benefit if BCI could improve function or prevent progression of the disorder at an early stage. Currently, the only known effective treatment [172,173] for ASD is intensive one-to-one applied behavior therapy, requiring about 40+ hours per week for 2-3 years. Further, even this intensive intervention has had mixed success.[172] Limited availability and the high investment of time and money puts even this treatment out of reach for many.

BCI could improve intervention by (a) using direct cognitive features for quantifying responses instead of indirect subjective qualitative behavioral measures; (b) providing rapid real-time feedback and hence increasing the pace of behavioral training by tightening the association between behavior and reward; (c) automating and computerizing the training to be more portable and accessible; and (d) detecting and training some of the difficult-to-measure automatic 'covert' mental states.

BCI research has largely focused on adults with normal cognitive development to improve, restore, enhance or replace disrupted or impaired functional connections. BCI use to supplement or correct atypical cortical development, such as in a neurodevelopmental disorder, may

appear to be sub-optimal, if not potentially damaging, since neuroscience is only starting to unravel the mysteries of brain development and function. However, considering the severity of cognitive impairment in ASD, experimental interventions to modify attention or basic executive function might be possible with current knowledge, offering hope for improvement to children who have few if any available treatments.

The foundations for BCI intervention in ASD are already in place. Neurofeedback with normative feedback has been used in autism to target improvement in the mirror neuron system [174] or aberrant functional connectivity.[175] EEG features have been identified that can have implications in reshaping behavioral planning.[176,177] Ongoing research projects include combining EEG and body motion capture,[178] vision research in autism,[179] and advanced signal processing methods for extracting useful features from noisy neural datasets.[180]

Challenges to BCI research in low-functioning ASD children include EEG acquisition in non-compliant children and the inevitable artifacts. These challenges may be mitigated through technological solutions such as real-time motion artifact rejection,[181,182] wireless EEG acquisition systems,[183] EEG systems with a dry and easy to apply system [182–185] and EEG hair nets with a high spatial resolution that are easy to drape on the child's head.[186]

While researchers continue to investigate causes and cures for autism, existing BCI expertise could help the current autism/ADHD population who are constantly struggling to manage and cope with the challenges of the disorder.

## Passive BCI – using neurophysiological signals that reflect cognitive or affective state

Organizers: Anne-Marie Brouwer, Thorsten Zander, and Jan van Erp

Presenters: Benjamin Blankertz, Sebastian Grissmann, Manfred Jaschke, and Fabien Lotte

Most current BCIs are intended as alternative output channels to replace lost capabilities such as speech or hand movement. However, brain signals (possibly in combination with other physiological signals) also form an output channel above and beyond the more usual ones, potentially providing continuous, online information about cognitive and affective states without conscious or effortful communication [187–190] (see also the workshop Cognitive processes and brain-machine interfaces above). For example, cognitive workload could be monitored through EEG and skin conductance for adaptive automation. Also, errors could be detected through ERPs and used to correct an erroneous behavioral response. Another potential application was suggested by participants in the Virtual BCI Users'

Forum at this Fifth International BCI Meeting, who included communication of their emotional state among their ideas for future BCI development.

While passive BCIs use neural and physiological responses online, these responses can also be analyzed offline. Examples of this include detecting amygdala responses for neuromarketing and measuring EEG and pupil dilatation as indicators of mental effort for optimizing information systems. This area of applied neurophysiology with offline affective and cognitive-state monitoring already has a long history (see the review of physiological correlates of mental workload by Hancock et al. [191] and an early study on detecting deception by variations in blood pressure [192]). Recent advances in wearable sensor systems, computational power and methods, and online BCIs may enable applications that were previously impossible.

The approximately 50 workshop participants (both scientists and stakeholders) identified challenges for future research in six areas. The most important 'hardware' issue was user-friendliness, involving ease of set-up and user mobility (no wires and miniaturization of equipment). Practical usability was also a focus for the area of 'signal processing', in this case taking the form of methods to avoid calibration and to reduce the number of required channels. Kindermans and Schrauwen [193] presented such a calibration-free P300 speller at the BCI Meeting. For the area of 'Identification of cognitive states', the primary challenge was moving from classical paradigms evoking cognitive processes to real-world situations. Solutions are expected to be found in using context information (also through behavioral data). For 'Identification of affective states', obtaining ground truth was identified as a major challenge for at least some types of applications. 'Applications' to improve individual human-computer interaction were considered the most important or promising. Discussion of 'Ethics' centered on William Casebeer's proposed 'three C's' of bioethics: character (the effect of applied neuroscience on one's own character or virtues), consent (related to privacy issues), and consequence (choose the action that will produce the greatest balance of good over bad consequences). Workshop participants thought consequences to be most important and character to be least important.

The workshop was held in conjunction with organizing a Frontiers in Neuroscience Research Topic 'Using neurophysiological signals that reflect cognitive or affective state'.[194] The first articles are already available. Most articles and a preface are expected to appear in 2014.

#### Conclusion

The breadth of the workshop topics and the depth of the research questions presented provide a clear indication of the growing maturity of BCI research. BCIs are emerging from a long history of laboratory incubation into the real world of practical use in home environments, with all the challenges, frustrations, and promise of revolutionary benefit for people with the most profound physical limitations that this includes. Some applications are far along the translational arc, but require optimization for real-world success. Other applications are only just being realized or are awaiting feasibility studies. Overall, the workshops of the BCI Meeting Series provided a venue to define the current state-of-the art of BCI research and a window into the future of BCI applications.

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