### **Electrochemical Pseudo-Titration of Water-Soluble Antioxidants**

## -- Supporting Information –

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# SI-1 Cascade oxidation of multi-component systems during linear sweep voltammetry

Natural samples usually consist of a large variety of redox active species. Most likely, the electrochemical oxidation of these compounds take place at different anodic potentials and the speed of the global reaction will depend on different heterogeneous reaction rates. Therefore, a linear sweep will show the sum of the individual current-potential curves, which results in an increasing wave-shaped current (curve 1 in Figure SI-1). This curve was constructed by the addition of three linear sweep voltammograms (LSVs) of three redox active species A, B and C whose formal redox potentials and standard reaction rates differ significantly.

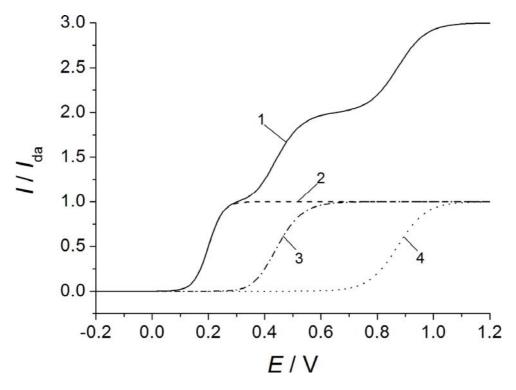


Fig. SI-1.Simulated linear sweep voltammograms demonstrating the cascade oxidation of a multi-component system (curve 1). This plot was built by adding the LSVs of three compounds A, B and C:  $k^0_A = 10 \text{ cm} \cdot \text{s}^{-1}$ ,  $E'_A = 0.2 \text{ V}$  (2);  $k^0_B = 0.01 \text{ cm} \cdot \text{s}^{-1}$ ,  $E'_B = 0.45 \text{ V}$  (3);  $k^0_C = 0.0001 \text{ cm} \cdot \text{s}^{-1}$ ,  $E'_C = 0.88 \text{ V}$  (4).  $D = 10 \cdot 10^{-5} \text{ cm}^2 \text{ s}^{-1}$ ,  $\delta = 5 \cdot 10^{-4} \text{ cm}$ ,  $\alpha = 0.5$ .

### SI-2 Optimisation of $\lambda$ and $E_{\text{threshold}}$

In order to optimise the modulated current with respect to the pseudo-titration voltammetry (PTV) curves, the threshold potential is usually selected to be slightly higher than the formal redox potential of the investigated redox species. In this theoretical example using the same parameters as in Figure 2 of the main manuscript,  $E_{\text{threshold}}$  was set to 0.8 V (E' = 0.6 V). Figure SI-2a shows the normalised current-potential curves and the Fermi-Dirac functions with  $\lambda = 1$ , 0.5 and 2.5. The PTVs are shown in Figure SI-2b. Due to the shift of  $E_{\text{threshold}}$  the modulated currents are significantly higher. Also reactions with slow kinetics (curve 5) are detected. The peaks become sharper with decreasing  $\lambda$ , but contrarily the influence of slow kinetics increases. These results demonstrate that a compromise between  $E_{\text{threshold}}$  and  $\lambda$  has to be determined.

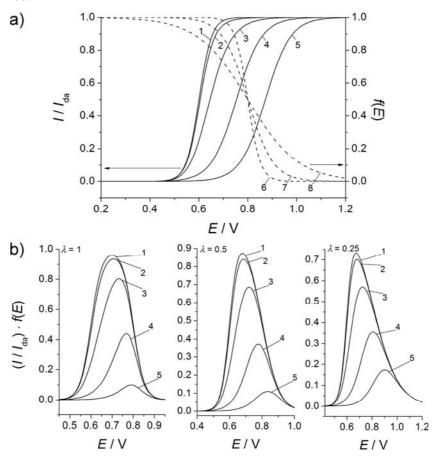


Fig. SI-2. Optimisation of  $\lambda$  and  $E_{\text{threshold.}}$  a) Current-potential curves for diffusion-limited reactions (solid lines, Equation (1)) using the same different standard reactions rates:  $k^0 = 10 \text{ cm} \cdot \text{s}^{-1}$  (curve 1), 0.1 cm·s<sup>-1</sup> (2), 0.01 cm·s<sup>-1</sup> (3), 0.001 cm·s<sup>-1</sup> (4) and 0.0001 cm·s<sup>-1</sup> (5).  $D = 10 \cdot 10^{-5} \text{ cm}^2 \cdot \text{s}^{-1}$ ,  $\delta = 5 \cdot 10^{-4} \text{ cm}$ ,  $\alpha = 0.5$ , E' = 0.6 V. Fermi-Dirac plots of Equation (3) (dashed lines) using different  $\lambda$  and  $E_{\text{threshold}} = 0.8 \text{ V}$ .  $\lambda = 1$  (curve 6), 0.5 (7) and 0.25 (8). b) Pseudo-titrated curves.

### SI-3 Principle of pseudo-titration voltammetry for a multi-component system

The PTV of the multi-component system introduced in SI-1 clearly demonstrates how reactions with high E' and slow kinetics are completely suppressed (Figure SI-3) whereas the fast reactions (*i.e.* the AOs in a biological system) appear as a peak. However, the peak height and shape can be influenced by  $E_{\text{threshold}}$ . E' of the desired reaction is 0.2 V. A  $E_{\text{threshold}}$  of 0.4 V gave a larger peak than 0.2 V. However, the influence of the second reaction has to be taken into consideration.

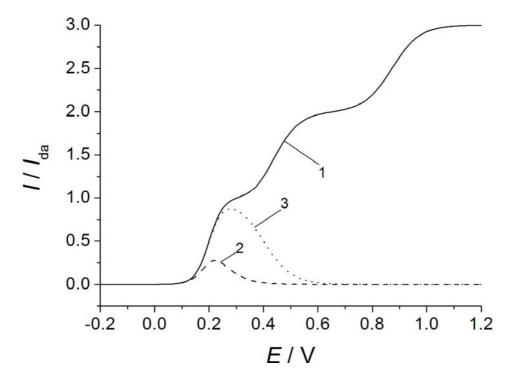


Fig. SI-3. Simulated linear sweep voltammogram of a cascade oxidation of a multi-component system (curve 1, same curve as in Fig. SI-1). PTVs with  $\lambda = 0.5$  and  $E_{\text{threshold}} = 0.2 \text{ V}$  (2) and 0.4 V (3).

### SI-4 Triplicate measurement of AOP of blood

LSVs of blood from a female test person were recorded in a triplicate measurement. The original LSVs are shown in Figure SI-4a and the PTVs in Figure SI-4b. The AOP values were calculated and are listed in Table SI-4. The standard deviation is 8% demonstrating a good reproducibility when measuring a complex sample such as blood.

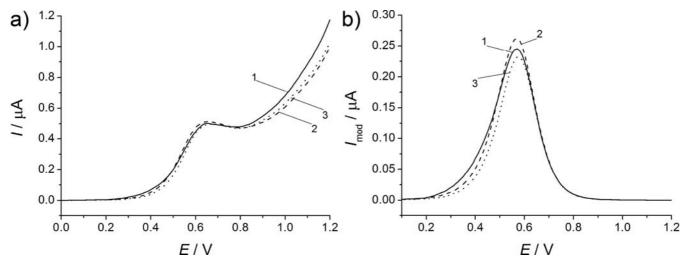


Fig. SI-4. Three LSVs of one blood sample from a female test person carried out in a triplicate measurement (a) and their corresponding PTVs (b). Start potential 0.0 V vs. Ag/AgCl, potential scan rate 100 mV s<sup>-1</sup>.  $E_{\text{threshold}} = 0.6 \text{ V}$ ,  $\lambda = 0.5$ .

Table SI-4. Antioxidant power of blood (AOP<sub>blood</sub>) from a female test person. AV = Average, SD = Standard deviation.

Meas. 1	Meas. 2	Meas. 3	AV	SD
56.80 nW	55.96 nW	48.52 nW	53.76 nW	4.5 nW