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Analysis of distributed temperature sensing based on Raman scattering using OTDR coding and discrete Raman amplification

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Abstract
The behaviour of distributed temperature sensors based on spontaneous Raman scattering and coded OTDR (optical time domain reflectometry) is studied both theoretically and experimentally; in particular a high performance scheme has been implemented using amplitude modulation according to Simplex coding, direct detection and additional use of lumped Raman amplification to further extend the sensing range. An efficient and cost-effective distributed temperature sensing system operating along 30 km of dispersion-shifted fibre with 17 m spatial resolution and 5 K temperature resolution is theoretically demonstrated and experimentally achieved using 255 bit Simplex coding and low-power commercially available laser diodes (80 mW CW power). Use of lumped Raman amplification to produce high-power coded pulses allows further 10 km distance enhancement, resulting in a total measurement range of 40 km.

Keywords: fibre optics, sensors, Raman scattering, fibre testing, coding

1. Introduction

Raman-based distributed temperature sensors (DTS) have been the subject of intense research for several years [1] and, due to their wide range of practical applications, they are today available as commercial products.

The sensing principle is based on optical time domain reflectometry (OTDR) in which pump light pulses are sent down along the sensing fibre and the backward propagating light is detected. Most Raman-DTS systems based on spontaneous Raman scattering (SRS) light monitor the ratio of the temperature-dependent anti-Stokes to the Stokes light intensities, thus allowing for a correction of most fibre link losses. However, temperature assessment can also be based on the ratio of the anti-Stokes to the Rayleigh backscattered light intensities. Being based on well-understood and mature technology principles, the range of applications of Raman-based DTS is to-date rapidly growing, mostly including monitoring of oil/gas pipelines and power cables, fire detection systems in tunnels and nuclear plants [2, 3], as well as aeronautic applications [4].

Most Raman-based DTS commercial systems are based on multimode fibre technology and are targeting sensing distances within the range of 2–10 km.

For longer sensing distances, the development and commercial exploitation of low-cost DTS systems is however hindered by the low backscattered intensity of the anti-Stokes light, which requires high peak power levels in the OTDR, as well as high sensitivity detection schemes, in order to make the sensor performance attractive. These features have made other DTS systems more attractive and cost effective for long distance applications, such as spontaneous Brillouin scattering-based sensors [5].

We have recently shown that coded OTDR techniques with fibre link optimization allow for enhanced performance...
in Raman-based DTS, avoiding the use of high peak power
pump pulses [6].

In particular, using 255 bit Simplex codes and low-power
commercially available laser diodes at 1.55 µm, we have
demonstrated a DTS system based on a dispersion-shifted
(DS) fibre with 17 m/3 K spatial/temperature resolution and
with a measurement range enhancement greater than 15 km
with respect to conventional OTDR-based DTS systems
operating on conventional single mode fibre. Note that
this has been achieved using off-shell conventional OTDR
hardware and standard third window optical communication
components, providing then a cost-effective solution with a
maximum sensing distance up to more than 30 km, using
dispersion-shifted fibre.

A possible way to further enhance the measurement range
without sacrificing spatial and temperature resolution, consists
in introducing optical amplification techniques.

Distributed Raman amplification, although very effective
in improving the performance of Brillouin-based DTS, does
not seem to be appropriate in the case of Raman DTS; this is
due to the wide spectral band of the used pump laser at 1.55 µm,
which avoids the use of coherent detection, but
unfortunately does not allow one to effectively filter out the
amplified spontaneous emission added along the sensing fibre
by the distributed amplification process. However, discrete
(or lumped) optical amplifiers can be used to enhance the peak
power of the coded OTDR pulses.

In this paper, using lumped optical amplification in
combination with 255 bit Simplex coded pulses along zero-
dispersion-shifted sensing fibres, we demonstrate a sensing
range enhancement up to 10 km by amplifying the coded
OTDR signal at 1.55 µm before launching it into the sensing
fibre; a measurement distance greater than 40 km is reported,
with spatial (temperature) resolution of 17 m (5 K).

Since standard erbium-doped fibre amplifiers and counter-
pumped discrete Raman amplifiers cannot be effectively
used for coded OTDR amplification (due to undesirable
waveform distortion related to slow transient effects), we have
developed a co-pumped low-noise discrete—or lumped—
Raman amplifier based on the DS fibre, which provides up
to 6 dB net gain to the coded OTDR signal. Standard fibre
Raman laser (FRL) technology at 1460 nm is used to co-pump
the discrete Raman amplifier; no penalties associated with
pump to OTDR signal noise transfer have been observed, due
to the limited bandwidth of the receiver.

The paper is organized as follows: we first introduce the
basic theory of Raman-based distributed temperature sensors
and then introduce the experimental set-up including optical-
coded OTDR and discrete Raman amplification. Analysis
of lumped amplification is then carried out and compared
with the most common optical amplification techniques.
Experimental results are hence presented, showing the
obtained enhancement in the measurement distance. Also
theoretical calculations have been carried out, well predicting
the S-coding gain as well as the performance enhancement due
to discrete optical amplification of the coded OTDR pulses.

2. Theory

In OTDR-based DTS systems, short laser pulses are sent
along the sensing fibre, and the backscattered light, containing
information about loss and temperature along the fibre, is
detected with high temporal resolution. In particular, as the
anti-Stokes line depends on both fibre temperature (due
to changes in phonon distribution) and fibre loss, the ratios
of anti-Stokes to Stokes light intensities or anti-Stokes light
(AS) to backscattered pump light (BS) intensities are typically
used for effectively distinguishing distributed temperature
variations from local losses.

In our measurements we use the ratio between the
backward propagating AS intensity \( I_{AS} \) and the BS pump
intensity \( I_{BS} \), which can be approximately expressed (at the
scattering point) as

\[
\frac{I_{AS}}{I_{BS}} \propto \left[ \exp \left( \frac{\hbar \Delta \nu_R}{kT} \right) - 1 \right]^{-1},
\]

where \( \hbar \) is the Planck constant, \( k \) is the Boltzmann constant, \( T \)
absolutely the temperature, and \( \Delta \nu_R \) is the separation between
Raman anti-Stokes and pump light frequencies.

Equation (1) must be properly integrated along the
distance and spectrum to take into account the wavelength-
dependent loss along the path and the cross-section
spectrum of Raman anti-Stokes scattering.

In more detail, the amount of optical power incident at the
receiver deriving from pump Rayleigh backscattering and anti-
Stokes light scattering at distance \( z \) can be written respectively
as

\[
P_{BS}(z) = T_{BS} \frac{W}{2} R_{BS}(z) P_0 \exp \left[ -2 \int_0^z \alpha_{BS}(\zeta) \, d\zeta \right]
\]

and

\[
P_{AS}(z) = T_{AS} \frac{W}{2} R_{AS}(z) P_0 \times \exp \left\{ - \int_0^z \left[ \alpha_{BS}(\zeta) + \alpha_{AS}(\zeta) \right] \, d\zeta \right\},
\]

where \( W \) is the pulse width, \( P_0 \) is the input pump peak power,
\( \alpha_{BS} \) and \( \alpha_{AS} \) are the loss coefficients at BS and AS light
wavelengths, respectively. \( T_{BS} \) and \( T_{AS} \) are the transmittivity
values at the receiver end for AS and BS light, respectively.
\( R_{BS}(z) \) is the Rayleigh backscattering coefficient at position \( z \),
and can be written as

\[
R_{BS}(z) = S(z) \cdot \alpha_{BS}(z),
\]

where \( S(z) \) is the fibre capture factor at \( z \) (depending essentially
on the fibre type) and \( \alpha_{BS} \) is the fraction of absorption coefficient
due to Rayleigh scattering (\( \sigma_{R}/\lambda^4 \)) for BS light.

\[
R_{AS}(z) = T(z) \cdot \sigma_{R}(\nu_R) \cdot \int_{v_R}^{v_2} \sigma_{R}(v_R) B(v_R + v_p) \exp \left[ \frac{-h \nu_R}{kT(z)} \right] \, dv_R,
\]

where \( \sigma_{R}(\nu_R) \) is the fibre Raman gain efficiency, \( S_p(v_p) \) is the
pump optical power spectrum, \( \sigma_{R}(v_R) \) is the normalized cross-
section of Raman scattering, \( B(v) \) is the spectral band-pass
filter shape, \( C \) is a constant proportionality factor, \( h \) and \( k_B \)
are the Planck and Boltzmann constants, \( T(z) \) is the fibre
temperature at position \( z \). Double integration is performed
to take into account spectral widths of pump light and Raman

\[
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\]
scattering effect. In addition, equation (5) accounts for the non-ideal spectral response of the band-pass filter used to separate the AS light from BS light.

In order to compensate for possible changes in fibre loss due to connectors, bends and so on, temperature distribution is derived by using the ratio of $P_{\text{BS}}(z)$ to $P_{\text{AS}}(z)$, giving

$$
P_{\text{BS}}(z) = T_{\text{BS}} R_{\text{BS}}(z) \exp \left\{ - \int_0^z [\alpha_{\text{BS}}(\zeta) - \alpha_{\text{AS}}(\zeta)] \, d\zeta \right\}.
$$

(6)

Using equation (6) it is difficult to estimate the absolute fibre temperature, but it is possible to accurately measure the temperature variations along the whole optical fibre with respect to the known absolute temperature (300 K in our case) at the fibre input.

Coding techniques in OTDR schemes provide substantial SNR improvements, which can be quantified by the coding gain, defined as the ratio of SNR obtained with coded OTDR to SNR obtained with conventional OTDR at a given distance, and equal total number of measured traces.

Regarding the Simplex coding scheme, used in this work, the coding process is implemented by amplitude modulating a laser diode with sequences of pulses, according to code words which are row vectors of an unipolar $S$-matrix [8]. Decoding is achieved by a simple linear algebra operation on the set of measured coded OTDR traces obtained from the different code words. This provides an effective noise reduction in the decoded trace, with respect to the single-pulse case, and a consequent increase in the signal-to-noise ratio with respect to conventional, single-pulse OTDR, for the same number of acquired traces. The signal-to-noise ratio enhancement provided by coding is quantified by the coding gain $G_{\text{COD}}$, which, for an arbitrary code length $L$ and under the assumption of large receiver bandwidth and zero-mean uncorrelated noise, is given by

$$
G_{\text{COD}} = \frac{L + 1}{2\sqrt{L}}.
$$

(7)

In a more realistic case, considering a narrow receiver bandwidth $B$, and assuming ideal low-pass response [8], the coding gain can be written as

$$
G_{\text{COD}} = \frac{L + 1}{2\sqrt{L}} \left[ 1 - \frac{1}{L^2} \sum_{n=1}^{L} (L - n) \frac{\sin(2\pi B \tau)}{2\pi B \tau} \right]^{-1},
$$

(8)

where $\tau$ is the pulse period. As can be readily verified, for our used bandwidth (3 MHz) and pulse duration conditions (100 ns), the two equations give negligible differences in expected coding gain. However, for narrower receiver bandwidths, significant further improvement in coding gain can be achieved (at the expense of worse spatial resolution). It is also worth noting that Simplex coding can provide SNR enhancement without sacrificing spatial resolution unlike correlation-based coding techniques which degrade spatial resolution performance to some extent [8].

Finally, note that the longer coded pulse duration for 255 bit code words (25 µs) does not decrease the power threshold for the onset of stimulated Raman scattering, since for pulses longer than about 100 ns the threshold power is nearly constant (~1 W) and does not depend on the pulse width [9, 10].

### 3. Experiment

Figure 1 shows the experimental set-up used for implementing the Raman-based DTS system based on coded OTDR and lumped Raman amplification of OTDR coded pulses. The laser diode at 1550 nm was intensity modulated (direct current modulation through a laser driver module) by an in-house-built PC-controlled OTDR board with a digital signal processor (DSP), able to generate pulse patterns of Simplex coding [6], with 100 ns single bit pulse width, as well as to implement single pulses as required in conventional OTDR.

The light source was a commercially available Fabry–Perot laser diode (FP-LD centred at 1550 nm, 80 mW maximum output power, 10 nm FWHM, thus preventing coherent speckles). The input pulses were injected into the sensing fibre through an optical circulator, and the backscattered light wave signals were then coupled to the receiver after a large-bandwidth band-pass filter (bandwidths are about 1420–1510 nm for anti-Stokes light and 1520–1600 nm for Rayleigh-scattered pump light). Measured transmittance spectra of BPF for the anti-Stokes and Stokes light are reported in figure 2, showing a directivity higher than ~30 dB for Rayleigh-backscattering port, and higher than ~43 dB for anti-Stokes port, which permits the effective separation of anti-Stokes and Rayleigh-scattering light.

In this paper we compare the performance of standard OTDR, 255 bit S-coded OTDR and 255 bit S-coded OTDR combined with a lumped Raman amplification scheme (LRA), whose structure is schematically shown in figure 3.
low-noise optical amplification for the long coded pulse pattern at 1550 nm, as explained below.

The receiver, described in figure 1, is based on a high sensitivity InGaAs avalanche photodiode (APD), amplified by a high gain transimpedance amplifier (TIA), with about 3 MHz bandwidth. The estimated temperature sensitivity with this set-up was about $0.65\% / K$ (at $T = 300 K$).

After the receiver block, an analogue-to-digital converter (ADC) was used to sample the incoming analogue data trace at 20 MHz. The OTDR traces resulting from coded pulses were hence transmitted to the PC, where the de-coding process was carried out. The spatial resolution (defined by the measured 10%–90% response time) for the current DTS system was found to be 17 m, mainly limited by the TIA bandwidth.

Five spools of single-mode dispersion-shifted fibres (DSF-1 to DSF-5) have been used (lengths are 21.8, 1, 29, 1 and 10 km, respectively). The fibres have been spliced together to compose a total of 62.8 km sensing fibre link. DSF-2 and DSF-4 have been put inside a temperature-controlled chamber (TCC), while the other spools were kept at room temperature (300 K). DSF are characterized by smaller chromatic dispersion and higher Raman scattering coefficient than standard SMF (showing similar loss coefficients), and hence they have been found more suitable for long-range Raman-based DTS [6].

4. Optical-coded pulse amplification

In order to increase the peak power at the DTS input, thus permitting enhancement of the sensing distance in a Raman-based DTS, the coded sequences at the output of the FP laser have been optically amplified. The long used code words, and the high required values of optical peak power impose serious constraints for a suitable amplification technique, as explained below. The proposed scheme is shown in figure 3, and is based on a LRA. In this scheme, a WDM combiner couples in the co-propagating direction the coded pulses from directly modulated FP-LD (1550 nm, $P_{\text{peak}} = 80 \text{ mW}$) together with a non-polarized FRL pump (1460 nm, $P_{\text{max}} = 1.9 \text{ W}$), into a DSF spool (4.7 km, $\lambda_0 = 1540 \text{ nm}$). At the LRA output, two cascaded WDM combiners have been used to separate the amplified OTDR pulses from the residual pump power with high directivity, to avoid leakage of strong FRL residual light into the sensing fibre.

The LRA stage provides a net gain of about 6 dB, allowing one to attain about 320 mW peak power in coded pulse patterns, with negligible power excursions within one codeword (note that, as mentioned above, peak power remains below the threshold value for the onset of detrimental nonlinear effects [9, 10], thus allowing for spontaneous Raman temperature sensing).

Note that the LRA shown in figure 3 is based on a co-pumping scheme; actually, the use of other amplification techniques, such as counter-pumped LRA or erbium-doped fibre amplifiers (EDFAs) would not be effective due to undesirable waveform distortions of the coded OTDR signal at 1550 nm, induced by power transient excursions [11] arising due to long codeword duration (about 25 µs for a 255 bit codeword). Transient power variation within one codeword would cause significant impairment during the decoding process, leading thus to the impossibility of reconstructing the OTDR trace accurately. Semiconductor optical amplifiers (SOAs) also do not appear suitable for coded pulse amplification, due to typical lower values of saturation output power.

In order to characterize the extent of transient effects for the above-mentioned amplification techniques, a numerical study has been carried out simulating the power waveform at amplifier output in the case of 255 bit long coded sequences, considering a high output power EDFA, a counter-propagating LRA, and finally the co-propagating LRA previously described. The numerical method used to assess the transient dynamics of EDFAs is based on an average inversion model [12], also called reservoir model, where the upper level population of erbium ions and the exponential gain coefficient are averaged along the fibre length, thus describing the time-dependent gain of EDFA with a single ordinary differential equation for the average inversion level, which
can be expressed as
\[
\left( \frac{d}{dt} + \frac{1}{\tau_0} \right) \bar{N}_i(t) = -\frac{1}{\tau_0 \zeta} \sum_{i=1}^{N} P_i^{in}(t) \exp[\bar{\gamma}_i(t) \tau_0] - 1, \tag{9}
\]
where \( \bar{N}_i(t) \) is the averaged fraction of erbium ions in the upper level at time \( t \), \( P_i^{in}(t) \) is the \( i \)th channel input power (\( N \) channels total), \( l \) is the fibre length, \( \tau_0 \) is the erbium ion level lifetime, \( \zeta \) is the saturation parameter or the spontaneous decay rate per unit length [12]. \( \bar{\gamma}_i(t) \) is the averaged gain coefficient of the \( i \)th channel, expressed as \( \bar{\gamma}_i(t) = (\gamma_i + \alpha_i) \bar{N}_i(t) - \alpha_i \), where \( \gamma_i \) and \( \alpha_i \) are emission and absorption constants for the \( i \)th channel. Once \( \bar{N}_i(t) \) is calculated by integration of the ordinary differential equation system in equation (9) and \( \bar{\gamma}_i(t) \) is determined from the above expression, then the output power \( P_i^{out}(t) \) is obtained from
\[
P_i^{out}(t) = P_i^{in}(t) \exp[\bar{\gamma}_i(t) \tau_0]. \tag{10}
\]

The tools describing dynamics in co- and counter-propagating LRAs are based on integration of a system of coupled partial differential equations in the time and space domain [11]: such a system can be generally written, with compact notation for the \( i \)th signal and pump, as
\[
\frac{\partial}{\partial t} \pm \frac{1}{V_{g,S,P}} \frac{\partial}{\partial z} P_{S,P}^{\pm}(z,t)
= \mp \alpha_{S,P} P_{S,P}^{\pm}(z,t) \pm \gamma_i P_{S,P}^{\pm}
\pm \sum_{j \neq i} C_{ij} P_{S,P}^{\pm} \left[ P_{j}^{+} + P_{j}^{-} \right]
\pm \sum_{j \neq i} C_{ij} P_{S,P}^{\pm} \left[ P_{j}^{+} + P_{j}^{-} \right], \tag{11}
\]
where \( P_{S,P} \) represent the signal and pump power, the superscript \( \pm \) represents the co- or counter-propagating direction, \( V_{g,S,P} \) and \( \alpha_{S,P} \) are the group velocity and absorption coefficient for signals/pumps, \( \gamma_i \) is the Rayleigh scattering coefficient and \( C_{ij} \) is the Raman gain efficiency [11]. Such a system is solved with the standard fourth-order Runge–Kutta method and appropriate initial conditions for input signal waveform to provide for evolution of signal power at LRA output.

The simulated 255 bit long coded sequences have 100 ns single pulse duration, and the amplification stage is designed in order to provide 6 dB net gain (including insertion loss of WDM coupler and isolators), reproducing the experimental conditions. The simulated waveform of 255 bit coded pulse at the EDFA output can be seen in figure 4(a). Because of the slow transient effect of EDFA, power variation as much as 200 mW (more than 3 dB variation) occurs when the used pump power and fibre length are 200 mW at 980 nm and 1.2 m, respectively. This variation makes impossible the decoding process described above, which assumes constant launched optical peak power during the whole measurement process.

The results of simulations of counter-propagating LRA behaviour for a single 255 bit Simplex codeword are reported in figure 4(b). The simulated scheme consists of a LRA whose structure is similar to the one shown in figure 3, where the pump (1460 nm) is now coupled at the end of DSF spool in the counter-propagating direction with respect to the modulated 1550 nm light. An input pump power of about 1.1 W into the DS fibre allows for the required net gain value (6 dB as in experiment).

It is evident from figure 4(b) that the counter-propagating LRA induces transient power variation within a single codeword, with a timescale of approximately 14 \( \mu \)s (1 dB variation). The maximum power excursion for one 255 bit codeword is found to be 123 mW (1.5 dB relative variation), thus causing serious problems in the decoding process described above.

These impairments can be avoided by employing a co-pumped LRA scheme (reported in figure 3). Simulation results for one 255 bit codeword are presented in figure 4(c); it is evident how the faster response time characterizing co-pumped LRAs allows for a constant output peak power in amplified long coded sequences. Pump power at the DS fibre input is 1.2 W, which is in agreement with the experimental data.
Note that the use of the DS fibre in LRA is crucial for obtaining optical amplification with negligible power excursion within one codeword; in fact the low chromatic dispersion value \(D_M\) midway between pump and signal wavelengths results in a small walk-off during amplification with respect to bit duration, and negligible transient effects due to cross-gain saturation from neighbouring bits. More specifically, the response timescale of the co-pumped LRA can be inferred, as an order of magnitude, by estimating the walk-off parameter \(W\) between pump and signal lights. This can be written in the co-pumping case as

\[
W = D_M \cdot \Delta \lambda \cdot L,
\]

where \(\Delta \lambda\) is the wavelength separation between pump at 1460 nm and 1550 nm light, and \(L\) is the fibre length. In our set-up, total walk-off at the LRA output has been calculated to be about \(W = 1.5\) ns, that is a negligible fraction of one bit duration (100 ns), accounting for the negligible observed transient effects shown in figure 4(c).

Moreover, the high relative intensity noise value of standard FRL technology is not an issue in this application due to the limited receiver bandwidth (a few MHz), contrary to what happens for optical Raman amplification in high bit-rate (e.g., 10 Gb s\(^{-1}\)) transmission systems, where co-pumping with FRL generated strong signal degradation due to relative intensity noise transfer [13].

5. Results

The temperature estimation has been derived from the OTDR trace measurements on the sensing fibre spools using conventional pulsed OTDR, coded OTDR and coded OTDR in combination with lumped Raman amplification. Two different temperature conditions have been considered in all cases: in the first one, all fibre spools are kept at room temperature (300 K), in the second condition, two fibre spools (DSF-2 and DSF-4) have been heated up to 340 K in a temperature-controlled chamber (see figure 1).

Figure 5 reports the obtained OTDR traces for anti-Stokes light with all sensing fibre spools kept at room temperature (black line), and with the two spools (DSF-2 and DSF-4) heated at 340 K in a temperature-controlled chamber (see figure 1).

Figure 5(a) reports the curves obtained with conventional OTDR and 180 000 time averages, figure 5(b) shows the traces obtained using 255 bit S-coded OTDR (80 mW peak optical input power), and figure 5(c) the same traces in the case of 255 bit S-coded OTDR and additional discrete Raman amplification of the OTDR signal (320 mW peak power at sensing fibre input).

Note that for a sensible comparison of standard and coded OTDR techniques, a number of 706 time averages have been used for a single codeword (255 orthogonal Simplex code words are used), thus giving the same total number of 180 000 acquired traces as with conventional OTDR. An example of time-averaged trace for a single codeword is shown in figure 6, where the higher power value and the larger spatial resolution than in conventional OTDR can be noted. By conveniently combining all traces from different code words during the decoding process [8], the spatial resolution of decoded trace is then equal to the single pulse OTDR trace resolution (17 m in this case).

This can be seen in figure 5, where the coded OTDR allows for a sensible increase in SNR with respect to un-coded OTDR (for the same input power and same total number of acquired traces), hence allowing for an increased measurement range of temperature sensing. Also evident is how discrete Raman amplification of the coded OTDR signal allows for higher launched power and consequent improved SNR.

The OTDR trace of Rayleigh backscattered light is also used for deriving the temperature profile, see equation (6). Since the Rayleigh scattering light intensity is several orders of magnitude stronger than the anti-Stokes intensity, the former was acquired using conventional OTDR only, allowing for
adequate SNR values at all distances from fibre near end. The resulting trace is shown in figure 7, where the higher power and SNR values with respect to the AS trace in figure 5(a) are clearly evident.

The ratio $P_{AS}/P_{BS}$, corrected for wavelength-dependent losses, has then been used for temperature assessing. The temperature distribution calculated from the anti-Stokes to Rayleigh backscattering ratio is shown in figures 8(a)–(c) using conventional OTDR, pulse coding and pulse coding together with LRA, respectively.

It is evident from figure 8 that the temperature distribution obtained by using 255 bit coding allows for more accurate temperature assessing and increased measurement distance at the same SNR with respect to conventional OTDR. The effect of additional discrete optical amplification is seen from figure 8(c); it allows for further enhancement of the sensing range with a given resolution, allowing, e.g., to detect temperature variation in DSF-4 heated fibre spool, placed at a distance of 50 km. Achieved root-mean-square (RMS) temperature resolution versus distance is reported in figure 9, for each of the three used DTS techniques, namely, (a) conventional OTDR (squares), (b) Simplex-coded OTDR (circles) and (c) Simplex-coded OTDR in association with lumped Raman amplification (triangles). For a desired temperature/spatial resolution, the measurement range is greatly enhanced by the S-coding and discrete Raman amplification. Temperature resolution versus distance is observed to have exponential behaviour, as expected from exponential SNR degradation with distance due to fibre absorption; this is shown in exponential fitting of experimental data of figure 9 (dotted lines, $\chi^2$-test giving 0.4, 1.05 and 1.15 for cases (a), (b) and (c), respectively).

In particular, by considering a reference temperature resolution of 5 K, we can see that the sensing range is limited to less than 15 km with conventional OTDR, while 255 bit Simplex-coded OTDR allows for about 30 km measurement range (i.e., 15 km increase); providing discrete Raman amplification to the coded OTDR signal allows for a measurement range greater than 40 km (i.e., 10 km further increase). These experimental results are consistent with theoretical predictions; actually, based on the coding gain formula equation (8) for finite receiver bandwidth, predicted coding gain is 9 dB (accounting for one-way 15 km increase). Also the net gain provided by the LRA (6 dB) accounts for the 10 km sensing range enhancement observed when combining S-coding with discrete Raman amplification.

![Rayleigh Backscattered Trace](image)

**Figure 7.** Trace of received Rayleigh-scattered light power obtained using conventional OTDR only.

![RMS temperature resolution versus distance](image)

**Figure 9.** RMS temperature resolution versus distance (exponential fit shown in dashed lines) using conventional OTDR (squares), coded OTDR (circles) and coded OTDR with lumped Raman amplification (triangles).

(This figure is in colour only in the electronic version)

![Temperature distribution](image)

**Figure 8.** Temperature distribution versus fibre length obtained from measured traces using (a) conventional OTDR, (b) coded OTDR (255 bit Simplex codes), and (c) coded OTDR and lumped Raman amplification (DSF-2 and DSF-4 spools have been heated at 340 K).
6. Conclusion

In conclusion, improved performance in Raman-based DTS systems has been demonstrated using 255 bit Simplex coded OTDR, combined with discrete Raman amplification. Experimental results show that 255 bit Simplex coded OTDR provides a sensing range enhancement, with respect to conventional OTDR, of about 15 km with 17 m/5 K spatial/temperature resolution, making use of low-power (80 mW) commercially available laser diodes practical for most applications.

Further performance improvement can be achieved introducing low-noise discrete Raman amplification of coded pulses, allowing more than 40 km measurement range with the same spatial/temperature resolution (17 m/5 K).

References