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Comparison of the  $\rm T_1$  of the neurochemical profile in rat brain at 9.4T and 14.1T

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### Abstract:

#### Introduction:

T<sub>1</sub> relaxation times can be important for accurate relative and absolute quantification of brain metabolites when the repetition time is comparable (i.e. quantitative CSI (1, 2)). T₁s have been reported at 9.4 and 11.7T (2, 3) for some proton metabolites. A general trend towards increased T<sub>1</sub> was noted with increasing B<sub>0</sub>. The goal of this study was to determine whether T<sub>1</sub> of the neurochemical profile further increases at 14.1T in rat brain.

## Methods:

Experimental: 1H spectra were measured in 6 SD rats (VOI=3x4x5mm<sup>3</sup>) using a 14 mm quadrature coil with SPECIAL localization (4). Data was acquired on a 9.4T/31 cm and 14.1T/26cm magnet (Varian/Magnex Scientific). T<sub>1</sub> measurements were accomplished using a progressive saturation technique (increasing TR from 1-10s, 9 measurements, TE=2.8ms, 160 scans @ 14.1T and 320 scans @ 9.4T), which was validated with an adiabatic inversion recovery measurement (TI=0.1-1.8s plus a measurement without inversion for M<sub>eq</sub> values, TE=20ms) (Figure 1).

Data analysis: The progressive saturation series were analyzed using LCModel including the measured macromolecule signal. The IR measurement was evaluated for the resonances labeled on Figure 1 using jMrui. The T<sub>1</sub> relaxation curves were fitted with two-parameter single exponential functions, fitting the M<sub>0</sub> and  $\rm T_1$  for the IR series and  $\rm M_{eq}$  and  $\rm T_1$  for the progressive saturation series.

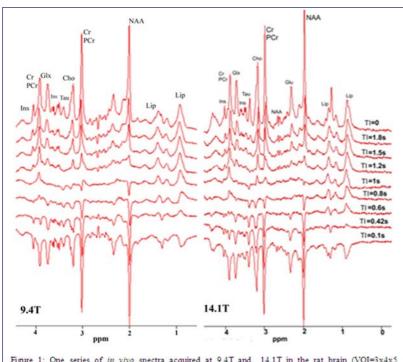
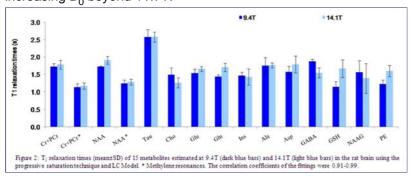


Figure 1: One series of *in vivo* spectra acquired at 9.4T and 14.1T in the rat brain (VOI=3x4x5 mm<sup>2</sup>, including frontal cortex, compus callosum and striatum) using the SPECIAL sequence with different inversion times (TI), ranging from 0 to 1.8s and a TE=20ms.

## **Results and Discussions:**

 $T_1$  was estimated for 16 metabolites in the rat brain at 9.4T and 14.1T and for most metabolites the  $T_1$  measured at 14.1 T are similar within ~10% to those measured at 9.4T. Our values are also similar with those published at lower field (2, 3). For those metabolites evaluated with IR, the  $T_1$  obtained were within ~15% of those obtained with progressive saturation. The  $T_1$  were found in a relatively narrow range from 1.4s to 1.9s for all metabolites, except for Tau (2.6s). The methylene resonances of NAA and Cr+PCr had slightly lower  $T_1$  similar to that of Cho. Macromolecule  $T_1$  was  $0.66\pm0.07s@14.1T$  and  $0.51\pm0.07s@9.4T$ . These results indicate that at 14.1T the  $T_1$  relaxation time corrections are likely to be similar. We can conclude that the potentially increased  $T_1$ s of metabolites are of minimal importance for sensitivity considerations when increasing  $B_0$  beyond 11.7T.



References: [1] Mlynarik V et al.,NMRBiomed.2001;14:325. [2] deGraaf RA et al.,MagnResonMed.2006;56:386. [3] Pfeuffer J et al.,JMagnReson.1999:141:104.[4] Mlynarik V et al.,MagnResonMed.2006;56:965.

Topic (Complete): 220 Processing and Quantification: Spectroscopy

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