Biomechanical Orthopedics
Laboratory EPFL-HOSR
&
Orthopedic Cell Therapy Unit
CHUV

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Cell culture
(Changing media)

Version 4

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## **Materials:**

- DMEM (with L-Glutamine, 4,5 g/l D-Glucose and Sodium pyruvate) 500 ml (Invitrogen, #41966-29) at 4°C
- Fetal Bovine Serum (FBS) 500 ml -> aliquot 50 ml (Sigma, #F7524) at -20°C
- L-Glutamine (200 mM;100x) 100ml -> aliquot 5 ml (Invitrogen #25030-024) at -20°C

## **<u>Culture medium preparation : (for 500ml)</u>**

- Add 50 ml FBS(10%), 5 ml L-Glutamine (1%) to the 500ml DMEM bottle
- Filter, if necessary, the medium with Stericup system (Milian, SCGPU05RE)
- Heat the culture medium, PBS and Trypsin at RT or in 37°C water bath

## **Procedure:**

- 1. Clean and prepare inside the hood and all instruments
- 2. Check the cells with the microscope and the sterility
- 3. Throw away the culture medium
- 4. Put fresh culture medium 4 ml for small flasks (25 cm<sup>2</sup>), 10 ml for flasks (80 cm<sup>2</sup>), 7-10 ml for culture plate ( $\varnothing$  10 cm and 3 ml for  $\varnothing$  6 cm)
- 5. Place in the incubator at 37°C and 5% CO<sub>2</sub>
- 6. Culture medium changes 2-3 times per week