

# Analytical and numerical study on grating depth effects in grating coupled waveguide sensors

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## **ABSTRACT**

The in-coupling process for grating-coupled planar optical waveguide sensors is investigated in the case of TE waves. A simple analytical model based on the Rayleigh-Fourier-Kiselev method is applied to take into account the depth of the grating coupler, which is usually neglected in the modeling. Analytical expressions are derived both for the position and width of the in-coupling peaks to illustrate the effects of grating depth on the guided mode resonances in grating coupled waveguide sensors. Numerical computations verify the model for shallow gratings both in terms of peak shape and position and provide the limitations for the analytical formulas.

## 1. Introduction

Grating coupling of light into planar optical waveguides has become an integral part of modern technology [1]. Lukosz and Tiefenthaler [2] applied this technique to the field of biological and chemical sensing in 1983, where they introduced the grating coupler in planar optical waveguides as transducer element. By the introduction of this concept they fuelled a vast amount of scientific effort in experimental and theoretical characterization of the grating coupler in terms of sensitivity [3-9].

One of the most important features of grating couplers for chemical and biochemical waveguide sensing is the shift in angle of the in-coupling resonance peak with effective refractive index. Mostly, a planar model is used to calculate the in-coupling angle [10-15]. However, Kunz et al. [16] made a thorough numerical analysis of the influence of the depth of a surface corrugation on the resonance peak angle, but no closed form analytical solution have yet been obtained for it; this is one of the purposes of the present paper.

Theoretical methods to analyze grating length, and modulation depth issues are extensively reviewed [17-20]. However, one method, we believe, has an advantage with respect to others in the sense that it leads to results that can easily be interpreted by means of analytical expressions. This method, the so-called Rayleigh-Fourier [18,21] or Rayleigh-Fourier-Kiselev [22,23] approach, is based on resolving the electromagnetic field into harmonics and is commonly used to calculate the radiation loss coefficients of shallow grating coupled waveguide sensors [1,24,25]. This method assumes a shallow grating coupler compared to the wavelength of light which is fulfilled in most of the practical waveguide sensor configurations. An extensive review is available on the Rayleigh-Fourier method and its applications in Russian [26].

In the present paper it is our aim to apply the powerful analytical tool provided by the Rayleigh-Fourier theory to calculate, analytically, both the sensitivity and efficiency of a grating-coupled waveguide sensor with a sinusoidal surface corrugation imprinted into it. We show that not only can the radiation loss coefficient of the coupler be calculated analytically, but also closed form solutions for the effective refractive index shift and, hence, the shift in in-coupling peak of the waveguide mode due to the modulated surface can be obtained. The investigation of the shift in peak as a function of grating depth is of great importance in high sensitivity waveguide sensors where the determination of the absolute value of the effective refractive index is very critical. The presented analytical formulas give deep insight into the underlying physics with the possibility to easy and fast calculation of practical situations. To test the validity of the analytical results obtained we examine the regions of validity of the analytical results by comparing them to equivalent numerical results obtained using a boundary variation method [27-29].

To demonstrate the effect of grating depth a model waveguide structure with the following characteristic parameters is used in the calculations: A waveguiding film with thickness  $d_F=160\text{nm}$  and refractive index of  $n_F=1.57$  on nanoporous silica substrate ( $n_S=1.22$ ). For light coupling a sinusoidal surface relief grating with periodicity  $\Lambda=480\text{ nm}$  is assumed at the film - aqueous cover ( $n_C=1.33$ ) interface.

The paper is composed as follows. In section 2 we treat the homogeneous problem, i.e., a waveguide without external illumination in order to derive the mode equation and, subsequently, by applying a perturbational approach to obtain closed form solutions for both the real and imaginary parts of the effective refractive index corrections due to the presence of the sinusoidal grating. Section 3 is devoted to analyzing the influence of the corrugation depth on the in-coupling

mode power for a plane wave incident to the waveguide structure. In section 4 a comparison to numerical modeling is made and the region of validity in term of shift in in-coupling angle on grating depth is established. Lastly, a discussion of the results obtained is made in section 5.

## 2. Wave propagation in a corrugated waveguide: homogeneous problem

In most grating-coupled waveguide sensors a coupling-grating imprinted into the waveguiding film is illuminated by an external light source while the amount of light coupled into the waveguide is being detected. However, as we shall see, most of the characteristic sensor properties are given solely by the waveguide geometry irrespective of the manner in which it is being illuminated. In this section we therefore start by solving Maxwell's equations for a waveguide, which is left isolated without being illuminated from the outside. This is referred to as the homogeneous problem.

### A. Basic assumptions

The system considered is shown in Fig. 1. Here a waveguiding film with thickness  $d_F$  and refractive index  $n_F$  is embedded between a semi-infinite substrate with refractive index  $n_S$  and a semi-infinite cover medium with refractive index  $n_C$ . The film-cover interface is corrugated with a sinusoidal grating profile  $h$  of the form

$$h(x) = \sigma \sin(Kx), \quad K = 2\pi/\Lambda, \quad (1)$$

where  $\sigma$  is the grating amplitude,  $K$  is the grating wave number, and  $\Lambda$  is the period of the grating.

In the case where no light is incident upon the waveguide, there will only be downwards propagating waves in the substrate, i.e. waves with negative  $z$  components of the wave vector, and only upwards propagating waves in the cover. In the film, however, both up- and downwards propagating waves are present due to reflections at the interfaces.

We assume that in each medium one dominating zeroth-order wave with an  $x$  component of the wave vector  $k_x$  is present. Apart from that, diffracted waves are present due to diffraction off the grating. However, the surface corrugation amplitude  $\sigma$  is taken to be small (smallness to be quantified later) so that only the  $\pm 1^{\text{st}}$  diffraction orders in each medium are taken into account. This assumption is well known from the Rayleigh-Fourier analysis of optical diffraction in gratings, which is valid when the grating depth is much smaller than the light wavelength. As a result, a total of twelve waves are included in our analysis, as illustrated in Fig. 2.

Like in the conventional three-layer waveguide analysis without surface corrugation, [30] we wish to end up with a mode equation that dictates which values of  $k_x$  (i.e. which modes) are allowed in the waveguide. It should be emphasized here that a mode in our case consists of a set of twelve waves rather than the traditional four waves considered for non-corrugated waveguides.

We restrict the analysis to cover only TE polarized waves, which is sufficient to illustrate the main features of the corrugated waveguide.

## **B. Solution ansatz**

Since all three media are considered homogeneous, isotropic, and non-magnetic, we know that Maxwell's equations have simple plane-wave solutions. Hence, for the TE polarized electric fields

we may use the following scalar solution ansatz for the fields in the substrate, film, and cover

$E_{S,F,C}$ :

$$\begin{aligned}
E_S &= \sum_{l=-1}^1 b_l^- \exp[i(k_x + lK)x - ik_{z,l}^S z], \\
E_F &= \sum_{l=-1}^1 \{a_l^+ \exp[i(k_x + lK)x + ik_{z,l}^F z] + a_l^- \exp[i(k_x + lK)x - ik_{z,l}^F z]\}, \\
E_C &= \sum_{l=-1}^1 b_l^+ \exp[i(k_x + lK)x + ik_{z,l}^C z].
\end{aligned} \tag{2}$$

The temporal frequency term  $\exp(-i\omega t)$  has been omitted for simplicity, and  $l$  is a summation index that runs through the diffraction-order numbers  $-1$ ,  $0$ , and  $1$ .  $b_l^-$  are the amplitudes of the three diffraction orders in the substrate, where the superscript "-" refers to downwards propagating waves,  $a_l^+$  and  $a_l^-$  are the corresponding amplitudes of the up- and downwards propagating waves in the film, and  $b_l^+$  are the upwards propagating wave amplitudes in the cover. As mentioned,  $k_x$  denotes the  $x$  component of the zeroth-order wave vectors, which is identical in all three media, and  $k_{z,l}^j$  ( $j = S, F, C$ ) represent the  $z$  components of the individual wave vectors defined by

$$k_{z,l}^j = \sqrt{k_0^2 n_j^2 - (k_x + lK)^2}. \tag{3}$$

Here we have the vacuum wavenumber  $k_0 = 2\pi/\lambda_0$ ,  $\lambda_0$  is the vacuum wavelength, and  $n_j$  are the refractive indices of substrate, film, and cover, respectively.

### C. Boundary conditions

To work out which values of  $k_x$  are allowed in the waveguide we need to apply the well-known boundary conditions stating that the tangential components of the electric and magnetic fields are continuous across the substrate-film and film-cover boundaries.

(i) *Continuity of tangential electric field at substrate-film boundary*

By matching the expressions of  $E_S$  and  $E_F$  from Eqs. (2) at the boundary  $z = -d_F$  we obtain the following three relations:

$$b_l^- \exp(ik_{z,l}^S d_F) = a_l^+ \exp(-ik_{z,l}^F d_F) + a_l^- \exp(ik_{z,l}^F d_F), \quad (4)$$

where  $l = -1, 0, 1$ . As is seen here, the initial equation  $E_S(z = -d_F) = E_F(z = -d_F)$  is split up into three equations in Eq. (4), which is a result of the orthogonality of the spatial harmonics  $\exp[i(k_x + lK)x]$ . Therefore, the coefficients of each space-harmonic can be collected and set to zero separately resulting in three equations relating the nine amplitudes  $b_l^-$ ,  $a_l^+$ , and  $a_l^-$  ( $l = -1, 0, 1$ ).

(ii) *Continuity of tangential magnetic field at substrate-film boundary*

From the assumption that the electric field  $\vec{E}$  is TE polarized, i.e.  $\vec{E} = \hat{y}E$ , and that the media involved are homogeneous, isotropic, and non-magnetic it follows from Maxwell's equations that the magnetic field  $\vec{H}$  is proportional to  $\hat{x}\partial_z E - \hat{z}\partial_x E$ , where  $\hat{x}, \hat{z}$  are unit vectors along the  $x$  and  $z$  directions and  $\partial_{x,z}$  are derivatives with respect to  $x$  and  $z$ , respectively. The tangential part of  $\vec{H}$  is then found simply by scalar multiplying with the tangential surface vector  $\vec{t} = \hat{x} + \hat{z}\partial_x h$  (see Fig. 1) resulting in



$$H_{\text{Tangential}} \propto \partial_z E - \partial_x E \partial_x h, \quad (5)$$

where  $h$  represents the surface topography defined in Eq. (1).

At the substrate-film boundary  $\partial_x h$  is obviously zero, which leaves us with a simple matching between  $\partial_z E_S|_{z=-d_F}$  and  $\partial_z E_F|_{z=-d_F}$  leading to

$$k_{z,l}^S b_l^- \exp(ik_{z,l}^S d_F) = -k_{z,l}^F a_l^+ \exp(-ik_{z,l}^F d_F) + k_{z,l}^F a_l^- \exp(ik_{z,l}^F d_F), \quad (6)$$

where again  $l = -1, 0, 1$  and the coefficients of the spatial harmonics  $\exp[i(k_x + lK)x]$  have been collected and set to zero. Like in Eqs. (4), Eqs. (6) comprise three equations relating the nine amplitudes  $b_l^-$ ,  $a_l^+$ , and  $a_l^-$  ( $l = -1, 0, 1$ ).

*(iii) Continuity of tangential electric field at film-cover boundary*

By matching  $E_F$  and  $E_C$  from Eqs. (2), now at the boundary  $z = \sigma \sin(Kx)$ , we obtain:

$$\begin{aligned} \sum_{l=-1}^1 \left( \left\{ a_l^+ \exp[ik_{z,l}^F \sigma \sin(Kx)] + a_l^- \exp[-ik_{z,l}^F \sigma \sin(Kx)] \right\} \exp[i(k_x + lK)x] \right) = \\ \sum_{l=-1}^1 \left\{ b_l^+ \exp[ik_{z,l}^C \sigma \sin(Kx)] \exp[i(k_x + lK)x] \right\}. \end{aligned} \quad (7)$$

If we assume that the grating is shallow, i.e.  $\sigma \ll 1/k_{z,l}^j$ , we may use the relation

$\exp[ik_{z,l}^j \sigma \sin(Kx)] \approx 1 + ik_{z,l}^j \sigma \sin(Kx)$  and obtain

$$\begin{aligned}
& \sum_{l=-1}^1 \left( a_l^+ \left\{ 1 + \frac{k_{z,l}^F \sigma}{2} [\exp(iKx) - \exp(-iKx)] \right\} \exp(ilKx) + \right. \\
& \left. a_l^- \left\{ 1 - \frac{k_{z,l}^F \sigma}{2} [\exp(iKx) - \exp(-iKx)] \right\} \exp(ilKx) \right) = \\
& \sum_{l=-1}^1 \left( b_l^+ \left\{ 1 + \frac{k_{z,l}^C \sigma}{2} [\exp(iKx) - \exp(-iKx)] \right\} \exp(ilKx) \right), \tag{8}
\end{aligned}$$

in which the common factor  $\exp(ik_x x)$  has been omitted. After expanding the sum in Eq. (8), constant terms (i.e. terms that do not depend on  $x$ ) as well as terms proportional to  $\exp(-iKx)$  and  $\exp(iKx)$  are collected and set to zero. This results in three equations relating the nine amplitudes  $a_l^+$ ,  $a_l^-$ , and  $b_l^+$  ( $l = -1, 0, 1$ ). Terms of higher order being proportional to  $\exp(-2iKx)$  and  $\exp(2iKx)$  are omitted, as they relate to diffraction orders that are neglected.

(iv) *Continuity of tangential magnetic field at film-cover boundary*

By using relation (5) to match  $H_{Tangential}$  at the film-cover boundary we obtain

$$\begin{aligned}
& \sum_{l=-1}^1 k_{z,l}^F a_l^+ \left\{ 1 + \frac{k_{z,l}^F \sigma}{2} [\exp(iKx) - \exp(-iKx)] \right\} \exp(ilKx) - \\
& \sum_{l=-1}^1 k_{z,l}^F a_l^- \left\{ 1 - \frac{k_{z,l}^F \sigma}{2} [\exp(iKx) - \exp(-iKx)] \right\} \exp(ilKx) - \\
& \frac{K\sigma}{2} \sum_{l=-1}^1 (k_x + lK) (a_l^+ + a_l^-) [\exp(iKx) + \exp(-iKx)] \exp(ilKx) = \\
& \sum_{l=-1}^1 k_{z,l}^C b_l^+ \left\{ 1 + \frac{k_{z,l}^C \sigma}{2} [\exp(iKx) - \exp(-iKx)] \right\} \exp(ilKx) - \\
& \frac{K\sigma}{2} \sum_{l=-1}^1 (k_x + lK) b_l^+ [\exp(iKx) + \exp(-iKx)] \exp(ilKx) , \tag{9}
\end{aligned}$$

where again the common factor  $\exp(ik_x x)$  has been omitted and terms proportional to  $\sigma^2$  have been neglected.

Like in Eq. (8) constant terms as well as terms proportional to  $\exp(-iKx)$  and  $\exp(iKx)$  are collected and set to zero resulting in yet another three equations relating  $a_l^+$ ,  $a_l^-$ , and  $b_l^+$  ( $l = -1, 0, 1$ ).

#### D. Deriving the mode equation

As mentioned above, each of the four boundary conditions generates three equations which add up to twelve equations relating the twelve field amplitudes  $a_l^+$ ,  $a_l^-$ ,  $b_l^+$ , and  $b_l^-$  ( $l = -1, 0, 1$ ). However, by combining Eqs. (4) and (6) it is possible to isolate the amplitudes of the downwards propagating waves in the form:

$$a_l^- = \beta_l a_l^+, \quad b_l^- = \gamma_l a_l^+, \quad (10)$$

$$\beta_l = \frac{k_{z,l}^F + k_{z,l}^S}{k_{z,l}^F - k_{z,l}^S} \exp(-2ik_{z,l}^F d_F), \quad \gamma_l = 2 \frac{k_{z,l}^F}{k_{z,l}^F - k_{z,l}^S} \exp[-i(k_{z,l}^F + k_{z,l}^S) d_F].$$

Using these expressions in Eqs. (8) and (9) the number of equations can be reduced to six with the six unknowns  $a_l^+$ ,  $b_l^+$  ( $l = -1, 0, 1$ ). After some algebraic manipulation of this system of equations we arrive at the following matrix equation

$$\mathbf{A} \vec{e} = \vec{0}, \quad (11)$$

where  $\vec{e} = \{a_0^+, a_1^+, a_{-1}^+, b_0^+, b_1^+, b_{-1}^+\}$  and the elements of  $\mathbf{A}$  are given by

$$\begin{aligned}
A_{11} &= 1 + \beta_0, \quad A_{12} = -\frac{\sigma}{2} k_{z,1}^F (1 - \beta_1), \quad A_{13} = \frac{\sigma}{2} k_{z,-1}^F (1 - \beta_{-1}), \quad A_{14} = -1, \\
A_{15} &= \frac{\sigma}{2} k_{z,1}^C, \quad A_{16} = -\frac{\sigma}{2} k_{z,-1}^C, \quad A_{21} = \frac{\sigma}{2} k_{z,0}^F (1 - \beta_0), \quad A_{22} = 1 + \beta, \\
A_{23} &= 0, \quad A_{24} = -\frac{\sigma}{2} k_{z,0}^C, \quad A_{25} = -1, \quad A_{26} = 0, \\
A_{31} &= -\frac{\sigma}{2} k_{z,0}^F (1 - \beta_0), \quad A_{32} = 0, \quad A_{33} = 1 + \beta_{-1}, \quad A_{34} = \frac{\sigma}{2} k_{z,0}^C, \\
A_{35} &= 0, \quad A_{36} = -1, \quad A_{41} = k_{z,0}^F (1 - \beta_0), \\
A_{42} &= -\frac{\sigma}{2} [(k_{z,1}^F)^2 + (k_x + K)K] (1 + \beta_1), \\
A_{43} &= \frac{\sigma}{2} [(k_{z,-1}^F)^2 - (k_x - K)K] (1 + \beta_{-1}), \quad A_{44} = -k_{z,0}^C, \\
A_{45} &= \frac{\sigma}{2} [(k_{z,1}^C)^2 + (k_x + K)K], \quad A_{46} = -\frac{\sigma}{2} [(k_{z,-1}^C)^2 - (k_x - K)K], \\
A_{51} &= \frac{\sigma}{2} [(k_{z,0}^F)^2 - k_x K] (1 + \beta_0), \quad A_{52} = k_{z,1}^F (1 - \beta_1), \\
A_{53} &= 0, \quad A_{54} = -\frac{\sigma}{2} [(k_{z,0}^C)^2 - k_x K], \quad A_{55} = -k_{z,1}^C, \quad A_{56} = 0, \\
A_{61} &= -\frac{\sigma}{2} [(k_{z,0}^F)^2 + k_x K] (1 + \beta_0), \quad A_{62} = 0, \\
A_{63} &= k_{z,-1}^F (1 - \beta_{-1}), \quad A_{64} = \frac{\sigma}{2} [(k_{z,0}^C)^2 + k_x K], \quad A_{65} = 0, \quad A_{66} = -k_{z,-1}^C.
\end{aligned} \tag{12}$$

To obtain nontrivial solutions to Eq. (11) the determinant of  $\mathbf{A}$  must equal zero. This results in a mode equation that can be written in the following form by keeping only terms up to  $\sigma^2$ :

$$\begin{aligned}
D_0 D_1 D_{-1} = & \\
& + \frac{\sigma^2}{2} k_{z,0}^F (k_{z,0}^F - k_{z,0}^C) \left[ \sum_{l=\pm 1} \frac{(k_{z,l}^F)^2 - (k_{z,l}^C)^2}{(1-\beta_l)k_{z,l}^F - (1+\beta_l)k_{z,l}^C} (1+\beta_l) - 2k_{z,0}^C \right] D_1 D_{-1} \\
& + \frac{\sigma^2}{2} \left[ \left( \frac{T}{2} - K^2 \right) D_1 D_{-1} + \sum_{l=\pm 1} M_l (1+\beta_l) D_{-l} \right] D_0,
\end{aligned} \tag{13}$$

$$\begin{aligned}
D_l &= k_{z,l}^C (1+\beta_l) - k_{z,l}^F (1-\beta_l), \\
M_l &= \frac{1}{2} \left[ (k_{z,l}^F)^2 (k_{z,0}^C - k_{z,0}^F - k_{z,l}^C) + (k_{z,l}^C)^2 (k_{z,0}^F - k_{z,0}^C) + (k_{z,l}^C)^3 \right], \\
T &= -(k_{z,1}^C)^2 - 2k_{z,0}^F k_{z,0}^C - (k_{z,-1}^C)^2.
\end{aligned}$$

Here  $D_l$  ( $l = -1, 0, 1$ ) are the individual determinants of the three groups of diffraction orders for the non-corrugated waveguide ( $\sigma = 0$ ). For example,  $D_0$  represents the determinant of the  $4 \times 4$  matrix that would have resulted if only the zeroth order waves  $a_0^+$ ,  $a_0^-$ ,  $b_0^+$ , and  $b_0^-$  had been present in a non-corrugated waveguide. Hence, the equation  $D_0 = 0$  is equivalent to the conventional 3-layer mode equation for a planar waveguide without grating [22,30]. The terms proportional to  $\sigma^2$  on the right hand side of Eq. (13) are small correction terms representing the influence of the grating on the modes.

### E. Solving the mode equation: perturbational approach

The mode equation (13) describes those values of  $k_x$  (corresponding to propagation angles in the waveguide) that make the original solution ansatz, Eq. (2), with twelve waves a solution to Maxwell's equations. The relation between  $k_x$  and  $k_{z,l}^j$  is given by Eq. (3).

Usually, the solutions to the mode equation are expressed in terms of normalized  $k_x$  values called the effective refractive index  $N = k_x/k_0$ . In general, a number of distinct solutions  $N_m$  exist for

each waveguide geometry, with  $m$  being the mode number. In the following we shall analyze the impact of the surface corrugation on the solutions to the mode equation. Because  $\sigma$  is considered small, we write  $N_m$  as a sum of the non-corrugated solution  $N_m(\sigma=0) = N_m^{nc}$  and a perturbation term  $\delta N_m$ :

$$N_m = N_m^{nc} + \delta N_m. \quad (14)$$

In order to calculate  $\delta N_m$  we use  $N_m = N_m^{nc}$  in those terms in Eq. (13) which are representing the influence of the grating on the modes. Inserting  $N_m = N_m^{nc}$  on the right hand side of Eq. (13) it is possible to recover a simplified mode equation. Since  $D_0|_{N=N_m^{nc}} = 0$  the second correction term in Eq. (13) disappears and we obtain:

$$D_0 = \frac{\sigma^2}{2} k_{z,0}^F (k_{z,0}^F - k_{z,0}^C) \left[ \sum_{l=\pm 1} \frac{(k_{z,l}^F)^2 - (k_{z,l}^C)^2}{(1-r_l)k_{z,l}^F - (1+r_l)k_{z,l}^C} (1 + \beta_l) - 2k_{z,0}^C \right] \Big|_{N=N_m^{nc}}. \quad (15)$$

It is important to note that keeping the  $\sigma^2$  terms in  $\mathbf{A}$  results in a third correction term in Eq. (13) which is also proportional to  $\sigma^2 D_0$ , thus in the present approximation it is also neglected.

To derive an analytical expression for  $\delta N_m$  first we expand the left hand side of Eq. (15) to first order in  $\delta N_m$ :

$$\begin{aligned} D_0(N_m) &= D_0|_{N=N_m^{nc}} + \frac{\partial D_0}{\partial N} \Big|_{N=N_m^{nc}} \delta N_m \\ \frac{\partial D_0}{\partial N} \Big|_{N=N_m^{nc}} &= 2iN_m^{nc} k_0 d_{eff} \frac{k_{z,0}^F - k_{z,0}^C}{k_{z,0}^F} \Big|_{N=N_m^{nc}}. \end{aligned} \quad (16)$$

and again use  $D_0|_{N=N_m^{nc}} = 0$  to recover from Eq. (15):

$$\delta N_m = \delta N_m' + i\delta N_m'' = \frac{i}{k_0^2 d_{eff}} N \left( \frac{k_{z,0}^F \sigma}{2} \right)^2 \left[ 2k_{z,0}^C + \sum_{l=\pm 1} (k_{z,l}^F + k_{z,l}^C) \frac{\nu_l^S \exp(-2ik_{z,l}^F d_F) + 1}{\nu_l^S \nu_l^C \exp(-2ik_{z,l}^F d_F) - 1} \right]_{N=N_m^{nc}}, \quad (17)$$

$$\nu_l^j = (k_{z,l}^F + k_{z,l}^j) / (k_{z,l}^F - k_{z,l}^j), \quad j = S, C$$

where  $\delta N_m'$  and  $\delta N_m''$  denote the real and imaginary parts of  $\delta N_m$  and  $d_{eff}$  is the effective thickness of the non-corrugated waveguide defined by [31]

$$d_{eff} = d_F + i \left( \frac{1}{k_{z,0}^C} + \frac{1}{k_{z,0}^S} \right). \quad (18)$$

To obtain a deeper physical understanding of corrugated planar optical waveguides we present separate analytical expressions for the real and imaginary parts of  $\delta N_m$ . First, we note that the waves with  $l=0$  diffraction order represent a guided mode. This means evanescent waves in the substrate and cover media, but nonevanescent waves in the film, so  $k_{z,0}^F$  is real and  $k_{z,0}^{S(C)}$  are imaginary written in the following  $i|k_{z,0}^{S(C)}|$ . It is trivial that the first order diffraction of these evanescent waves are also evanescent, meaning that  $k_{z,1}^{S(C)} = i|k_{z,1}^{S(C)}|$ . Concerning the  $l=-1$  waves we suppose that these are nonevanescent,  $k_{z,-1}^{S(C,F)}$  are all real. This holds in most of the experimental situations when the incoupled wave is originating from air (even through a millimeter thick substrate plate), meaning that  $N_m^{nc} - \lambda/\Lambda < 1 (< n_j)$ . The only remaining wave vector component is  $k_{z,1}^F$ . Since in most of the practical situations the condition  $n_F < (N_m^{nc} + \lambda/\Lambda)$

holds, this is imaginary written as  $i|k_{z,1}^F|$ . We note that if the incoupled wave is originating from air and  $\text{Max}\{n_S, n_C\} > (n_F + 1)/2$  the previous condition is surely fulfilled since  $N_m^{nc} > \text{Max}\{n_S, n_C\}$ .

Keeping in mind the above assumptions after a long calculation we can write:

$$\begin{aligned} \delta N'_m &= \left( \frac{k_0 \sigma}{2} \right)^2 \frac{n_F^2 - N^2}{k_0 N d_{\text{eff}}} \left[ -2\sqrt{N^2 - n_C^2} + \Sigma_1 + \Sigma_{-1} \right] \Big|_{N=N_m^{nc}}, \\ \Sigma_1 &= \frac{k_0 (n_F^2 - n_C^2) \left[ |k_{z,1}^F| + |k_{z,1}^S| \tanh(|k_{z,1}^F| d_F) \right]}{|k_{z,1}^F| (|k_{z,1}^S| + |k_{z,1}^C|) + \left[ |k_{z,1}^F|^2 + |k_{z,1}^S| |k_{z,1}^C| \right] \tanh(|k_{z,1}^F| d_F)}, \\ \Sigma_{-1} &= -\frac{1}{2} \frac{(k_0)^3 k_{z,-1}^F (n_F^2 - n_C^2) (n_F^2 - n_S^2) \sin(2k_{z,-1}^F d_F)}{\left[ (k_{z,-1}^F)^2 + k_{z,-1}^S k_{z,-1}^C \right]^2 - (k_0)^4 (n_F^2 - n_S^2) (n_F^2 - n_C^2) \cos^2(k_{z,-1}^F d_F)}, \end{aligned} \quad (19)$$

and

$$\delta N''_m = \left( \frac{k_0 \sigma}{2} \right)^2 \frac{n_F^2 - N^2}{k_0 N d_{\text{eff}}} \frac{(n_F^2 - n_C^2) \left\{ k_0^2 k_{z,-1}^S (k_{z,-1}^F)^2 + k_{z,-1}^C \left[ (k_0) (k_{z,-1}^S)^2 + (k_0)^3 (n_F^2 - n_S^2) \cos^2(k_{z,-1}^F d_F) \right] \right\}}{\left[ (k_{z,-1}^F)^2 + k_{z,-1}^S k_{z,-1}^C \right]^2 - (k_0)^4 (n_F^2 - n_S^2) (n_F^2 - n_C^2) \cos^2(k_{z,-1}^F d_F)} \Big|_{N=N_m^{nc}}. \quad (20)$$

For most of the practical waveguide configurations we can neglect the relatively small term  $\Sigma_{-1}$

and use  $\tanh(|k_{z,1}^F| d_F) \cong 1$  in Eq. (19) to recover a simpler expression:



$$\delta N'_m \equiv \left( \frac{k_0 \sigma}{2} \right)^2 \frac{n_F^2 - N_m^2}{k_0 N_m d_{eff}} \left[ -2 \sqrt{N_m^2 - n_C^2} + (k_0) \frac{n_F^2 - n_C^2}{|k_{z,1}^F| + |k_{z,1}^C|} \right] \Big|_{N=N_m^{nc}}. \quad (21)$$

In Fig. 3  $\delta N'_0$  and  $\delta N''_0$  are plotted versus the corrugation depth  $\sigma$  for the model waveguide [32,33]. It is seen that  $\delta N'_0$  is negative implying that the mode propagation angle in the film  $\theta$ , defined by  $\sin(\theta) = N_0/n_F$ , is decreased as a result of the surface corrugation. This is in fine agreement with the simple graphical picture that by introducing the surface corrugation we place some of the high refractive index film to a region where less of the guided mode power is propagating, increasing the phase velocity of the guided mode. As expected,  $\delta N''_0$  is seen to be positive. The physical consequence of this is that each of the twelve waves in the solution ansatz (2) decay with the damping factor  $\exp(-k_0 \delta N''_0 x)$ . This damping is due to the diffractive out-coupling of the main wave into the substrate and cover media through the  $l = -1$  diffraction orders. Therefore, the radiation loss coefficient of the system is given by  $\alpha_{RAD} = k_0 \delta N''_m$  [1].

In Fig. 4,  $\delta N'_0$  and  $\delta N''_0$  are plotted versus film thickness  $d_F$  for a surface corrugation of  $\sigma = 10$  nm. Here, it is seen that for large film thickness and a film thickness close to the cutoff ( $N_m^{nc} = \text{Max}\{n_s, n_c\}$  [9,30]),  $\delta N'_0$  and  $\delta N''_0$  vanish. This is due to the fact that for a large film thickness, the surface corrugation has a decreasing influence on the effective thickness, whereas for a film thickness close to cutoff, the field penetration depth into the cover medium goes to infinity, so that eventually most of the mode power propagates outside the film and therefore does not experience the surface corrugation. Mathematically both effects are described by the  $1/d_{eff}$  term.

### 3. Coupling into the waveguide: non-homogeneous problem

In this section we assume that a monochromatic plane wave is incident on the waveguide through the substrate, see Fig. 5. In order to couple into the mode, we need to launch the wave along the  $-1^{\text{st}}$  diffraction order, i.e. with an angle of incidence  $\theta_s$  given by  $n_s \sin(\theta_s) = N - K/k_0$ , so that after transmission through the substrate-film interface, the incident wave gets diffracted off the grating into the direction of the  $a_0$  wave components. The resulting solution ansatz to be inserted in Maxwell's equations is therefore:

$$\begin{aligned}
 E_S &= c_{-1}^+ \exp[i(k_x - K)x + ik_{z,-1}^S z] + \sum_{l=-1}^1 b_l^- \exp[i(k_x + lK)x - ik_{z,l}^S z], \\
 E_F &= \sum_{l=-1}^1 \{ a_l^+ \exp[i(k_x + lK)x + ik_{z,l}^F z] + a_l^- \exp[i(k_x + lK)x - ik_{z,l}^F z] \}, \\
 E_C &= \sum_{l=-1}^1 b_l^+ \exp[i(k_x + lK)x + ik_{z,l}^C z],
 \end{aligned} \tag{22}$$

where  $c_{-1}^+$  is the amplitude of the incident field.

By following exactly the same procedures as in Secs. 2C and 2D, it is straightforward to obtain the following non-homogeneous matrix equation:

$$\mathbf{A} \vec{e} = \vec{c}, \tag{23}$$

where  $\mathbf{A}$  and  $\vec{e}$  are given in Sec. 2D and the driving vector  $\vec{c}$  is given by

$$\bar{c} = \begin{pmatrix} \frac{\sigma}{2} k_{z,-1}^F \\ 0 \\ -1 \\ -\frac{\sigma}{2} \left[ (k_{z,-1}^F)^2 - (k_x - K) K \right] \\ 0 \\ k_{z,-1}^F \end{pmatrix} \kappa_{-1} c_{-1}^+, \quad (24)$$

with

$$\kappa_l = -\frac{k_{z,l}^S}{k_{z,l}^F} \gamma_l. \quad (25)$$

Eq. (23) is readily solved by multiplying both sides with  $\mathbf{A}^{-1}$ :

$$\bar{e} = \mathbf{A}^{-1} \bar{c}. \quad (26)$$

By keeping only the lowest order terms in  $\sigma$ , analytical expressions for the elements of  $\bar{e}$  can be found. For example, the amplitude  $a_0^+$  assumes the form

$$a_0^+ = \frac{\sigma k_{z,-1}^F k_0^2 (n_F^2 - n_C^2) D_1 \kappa_{-1} c_{-1}^+}{\det(\mathbf{A})}. \quad (27)$$

The total internal reflection of the  $a_0^+$  and  $a_0^-$  waves in the film implies that  $|a_0^+| = |a_0^-|$ . Thus, the in-coupled mode power is proportional to  $|a_0^+|^2$ . In Fig. 6 this in-coupled mode power for the model waveguide versus  $N$  is plotted for three different values of surface corrugation depth  $\sigma$ . First of all, it is seen that for small surface corrugations a clear resonance close to the non-

corrugated effective mode refractive index,  $N_0^{nc}$ , appears. However, the position of the resonance peak shifts downwards with increasing  $\sigma$ , the peak height decreases with increasing  $\sigma$ , and the half-width increases with  $\sigma$ .

These peak shape characteristics are largely described by the  $1/\det(\mathbf{A})$  factor in Eq. (27). This is easily seen by Taylor expanding  $\det(\mathbf{A})$  around  $N = N_m$  [34,35]:

$$\det(\mathbf{A}) = C_1(N - N_m) + C_2(N - N_m)^2 + \dots, \quad (28)$$

where  $C_{1,2,\dots}$  are constants. Close to resonance, i.e.  $N \rightarrow N_m$ , we may keep only the first order term, after which we get

$$\det(\mathbf{A}) \cong C_1 \left[ N - (N_m^{nc} + \delta N_m') - i\delta N_m'' \right]. \quad (29)$$

Thus, because the square modulus of  $a_0^+$  is proportional to  $|\det(\mathbf{A})|^{-2}$ , the in-coupled mode power assumes a Lorentzian shape around resonance:

$$|a_0^+|^2 \propto \frac{1}{\left[ N - (N_m^{nc} + \delta N_m') \right]^2 + (\delta N_m'')^2}, \quad (30)$$

Where  $\delta N_m'$  represents the shift in resonance and  $\delta N_m''$  determines the peak height and the half-width ( $= 2\delta N_m''$ ) achieved due to the surface corrugation, just as we observed in Fig. 6.

An interesting note has to be made on the shape of the incoupling peaks. As it is shown in Fig. 6. the peaks tend to be sharper and higher with decreasing  $\sigma$  ending up in a Lorentzian curve with zero half-width and infinite height positioned at  $N_m^{nc}$  when  $\sigma = 0$  (See Eqs. 19, 20 and 30). We emphasize that the resonance curve obtained with  $\sigma = 0$  is not the so-called Dirac delta.

#### 4. Numerical verification

In order to verify the validity of our analytical approach above, we have analyzed the in-coupling problem numerically. The numerical routine used is the so-called multiple interface boundary variation method [27-29]. This approach enables modeling of periodic transmission consisting of an arbitrary number of materials and interfaces of general shape subject to plane wave illumination. A convolution of the exact waveguide solution with a multi-layered boundary variation solution yields the coupling coefficient for light coupled into the sensor.

In Figs. 7a-c the results of the numerical solutions are shown as dotted data points. For simplicity the analytical and numerical peaks are normalized with the height of the incoupling peaks obtained with  $\sigma = 10$  nm. As can be seen, there is good correlation between the numerical data and the analytical curves for  $\sigma$  up to  $\sim 80$  nm, meaning  $\sigma / \lambda = 0.12$  and  $\sigma / \Lambda = 0.16$ .

Regarding the peak shapes, these are further analyzed in Fig. 8 where  $\delta N_0'$  (resonance position) and  $\delta N_0''$  (resonance height and width) have been compared with the analytically obtained values.

It is seen that the analytical model starts breaking down at  $\sigma \approx 80$  nm.

The  $\delta N_0'$  and  $\delta N_0''$  values may easily be converted into corresponding propagation angle values  $\delta\theta_j$  ( $j = S, F, C$ ) in the three media by using that

$$\begin{aligned}\delta\theta_j' &= \delta N_0' / n_j, \\ \delta\theta_j'' &= 2\delta N_0'' / n_j.\end{aligned}\tag{31}$$

Here  $\delta\theta_j'$  and  $\delta\theta_j''$  represent the shift in coupling angle and peak half-width, respectively. Thus, for  $\sigma = 80$  nm, corresponding to half the film thickness, the peak shifts and peak half-widths (measured in the substrate) are 0.28 deg and 0.22 deg, respectively. Using the grating equation one can easily calculate the in-coupling angle, measured in air, which is the usual experimentally measured waveguide sensor parameter. For  $\sigma = 10$  nm, a typical grating depth, the peak shift is  $5.8 \times 10^{-3}$  deg, which is approximately two orders of magnitude higher than the resolution usually obtained in optical waveguide lightmode spectroscopy [10, 15].

## 5. Discussion

Based on the well-known Rayleigh-Fourier analysis we have analyzed the influence of finite grating depths on the TE mode properties in grating-coupled optical planar waveguide sensors. By using a perturbational approach, expressions for the in-coupling peak shift and peak width have been derived. The analytical results obtained for specific waveguide geometry were compared with rigorous numerical calculations. The domain of validity of the analytical method can be obtained from the criteria  $\sigma \ll 1/k_{z,l}^j$  which leads to the following expression in the worst case scenario:  $\sigma \ll \lambda / (2\pi n_f)$  Basically the depth of modulation has to be smaller than the wavelength of light.

From the comparison of the analytical and numerical simulations it was found that for grating amplitudes up to approximately half the waveguide film thickness, the analytical model provides satisfactory results.

In the analyzed example, it was shown that typical grating amplitude of 10 nm causes a shift on the order of  $10^{-3}$  deg which is two orders of magnitude larger than a typical resolution for a waveguide sensor device. Hence, the finite grating depth influence is significant when performing absolute refractive index measurements or when performing absolute thickness detections of small add layers, such as proteins, lipid bilayers and inorganic film depositions.

The presented model can be extended to cover TM mode propagation too and, moreover, we believe that the method may be extended for finite beam and grating lengths also using the results of Ref. 36.

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## Figure Captions

Fig. 1. Schematic illustration of the waveguide structure considered.  $n_{s,f,c}$  are the refractive indices of the substrate, film and cover media, respectively,  $\sigma$  is the grating amplitude,  $\vec{t}$  is a tangential vector at the film-cover interface,  $\Lambda$  is the grating period, and  $d_f$  is the film thickness.

Fig. 2. Diffraction orders included in the homogeneous analysis.

Fig. 3. Real and imaginary parts of the correction term  $\delta N_0$  plotted against surface corrugation depth  $\sigma$  for a model waveguide [32,33]. The parameters used are  $n_s = 1.22$ ,  $n_f = 1.57$ ,  $n_c = 1.33$ ,  $\lambda_0 = 632.8$  nm,  $\Lambda = 480$  nm, and  $d_f = 160$  nm.

Fig. 4. Real and imaginary parts of the correction term  $\delta N_0$  plotted against film thickness  $d_f$  for a model waveguide [32,33]. The parameters used are:  $n_s = 1.22$ ,  $n_f = 1.57$ ,  $n_c = 1.33$ ,  $\lambda_0 = 632.8$  nm,  $\Lambda = 480$  nm, and  $\sigma = 10$  nm.

Fig. 5. Wave vector scheme for the non-homogeneous case, in which an external wave with amplitude  $c_{-1}^+$  is incident on the waveguiding film through the substrate.

Fig. 6. In-coupled mode power versus effective refractive index  $N$  for the model waveguide (data given in Fig. 3 and 4).

Fig. 7. In-coupled mode intensity versus effective refractive index  $N$  for the model waveguide (data given in Figs. 3 and 4). Line: analytical, points: numerical.

Fig. 8.  $\delta N^+$  and  $\delta N^-$  versus grating amplitude obtained analytically and numerically.

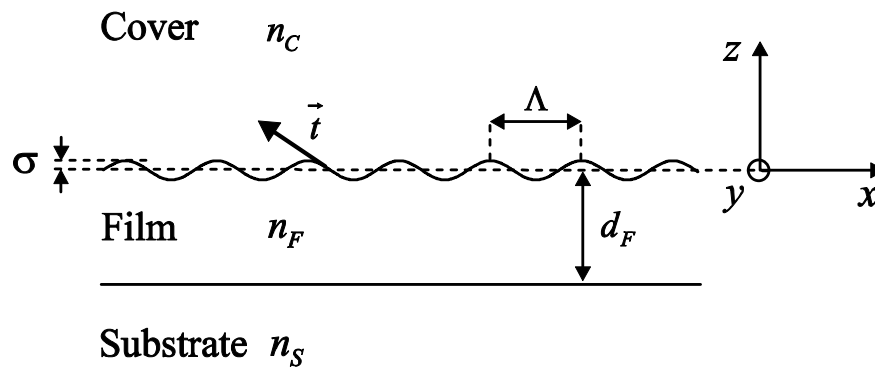


Fig. 1, Horvath et al, APB

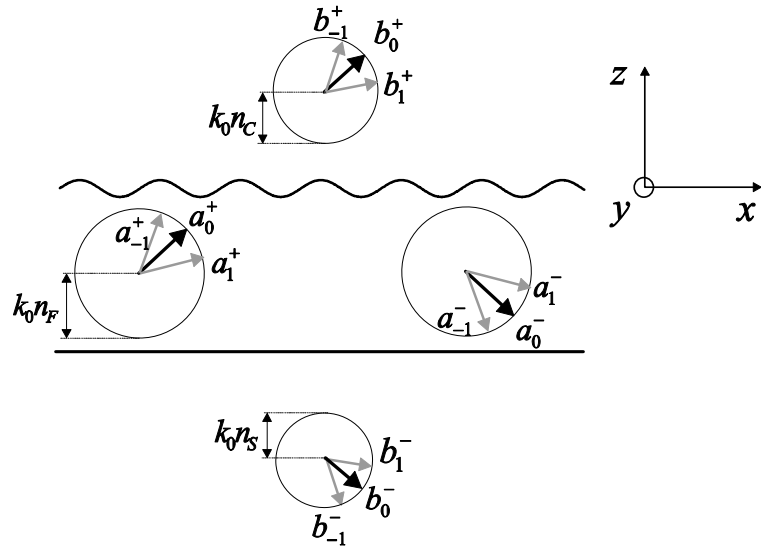


Fig. 2. Horvath et al., APB

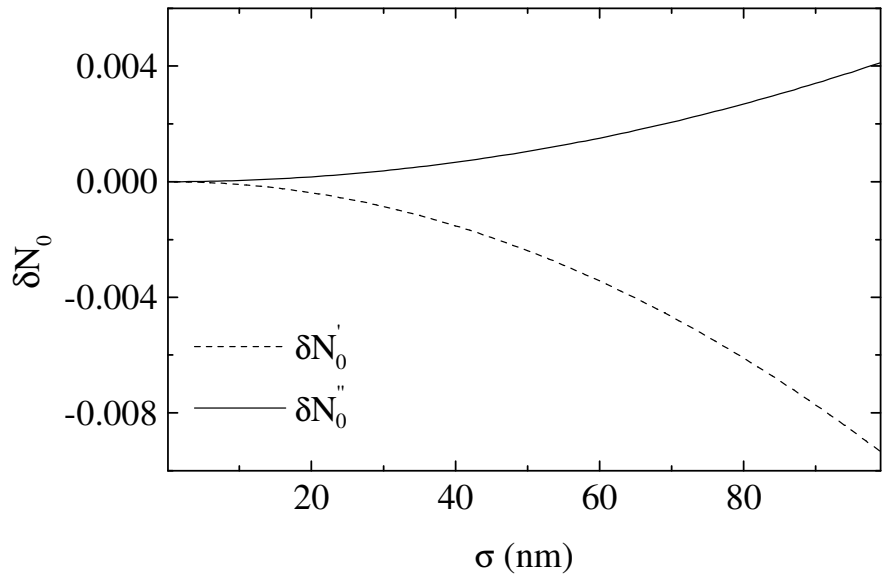


Fig. 3. Horvath et al., APB



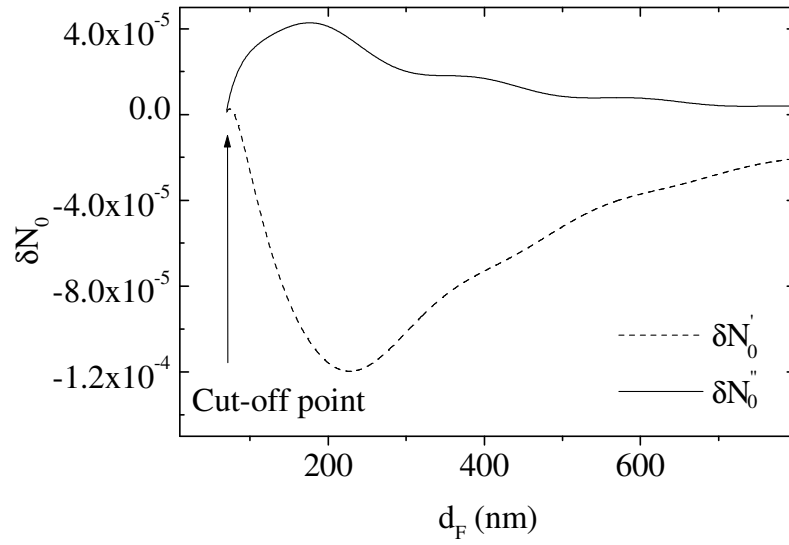


Fig. 4. Horvath et al., APB

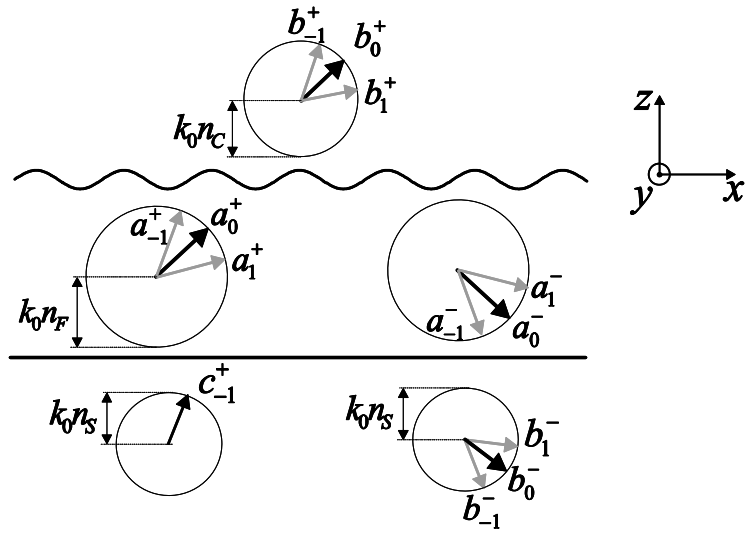


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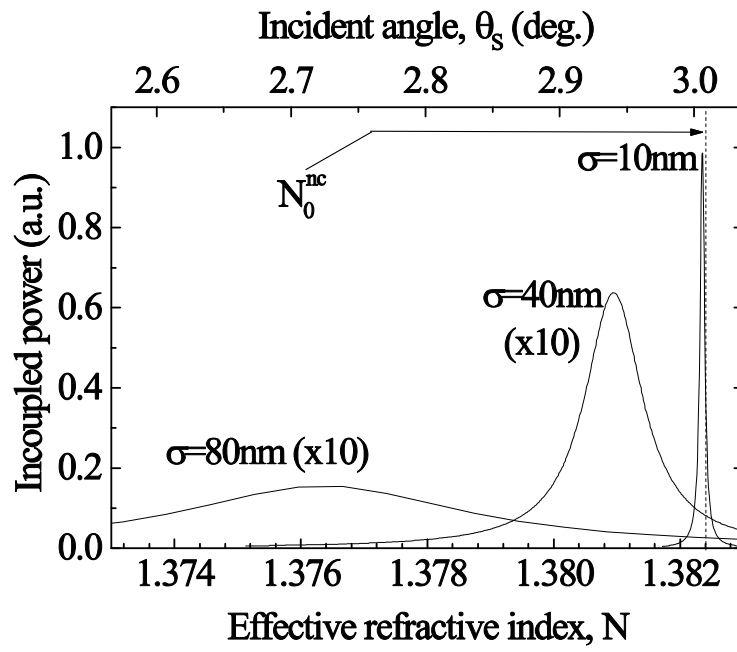
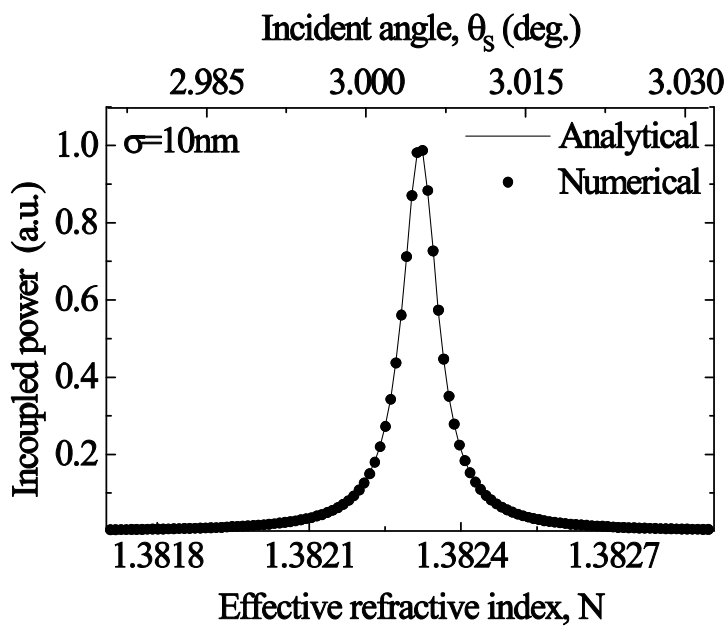
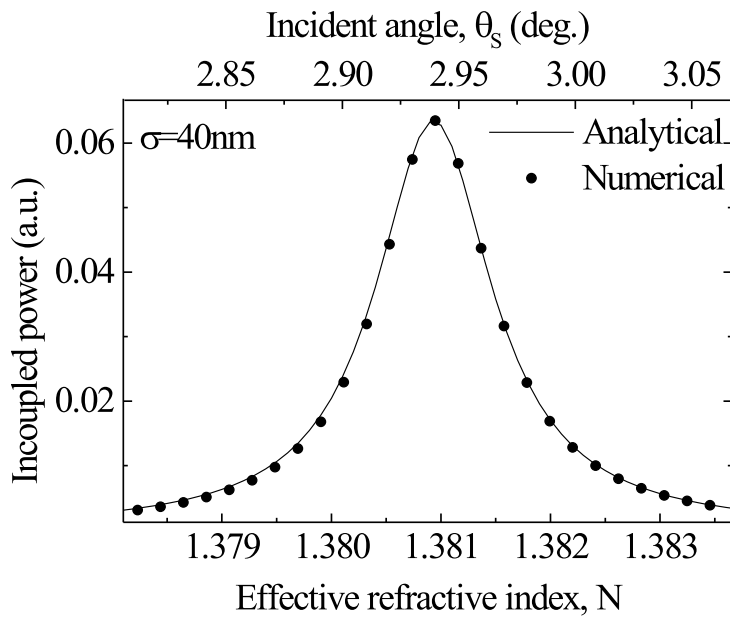


Fig. 6. Horvath et al., APB

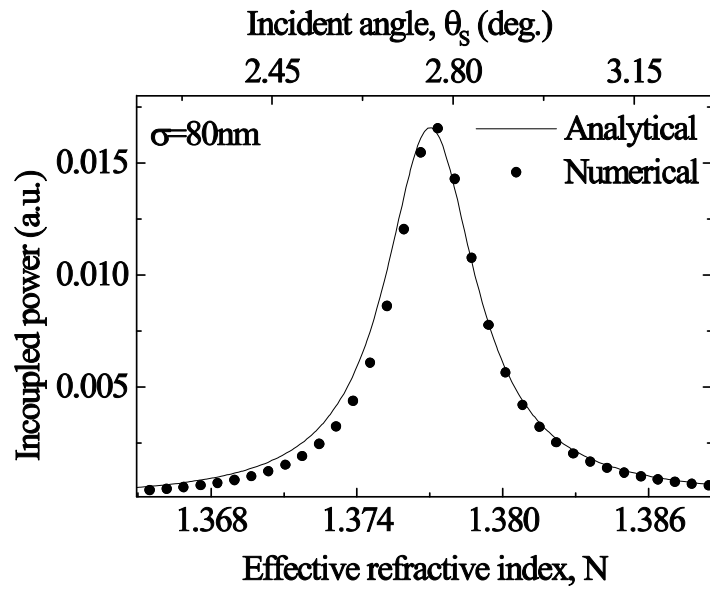


(a)



(b)

Fig. 7a,b. Horvath et al., APB



(c)

Fig. 7c. Horvath et al., APB

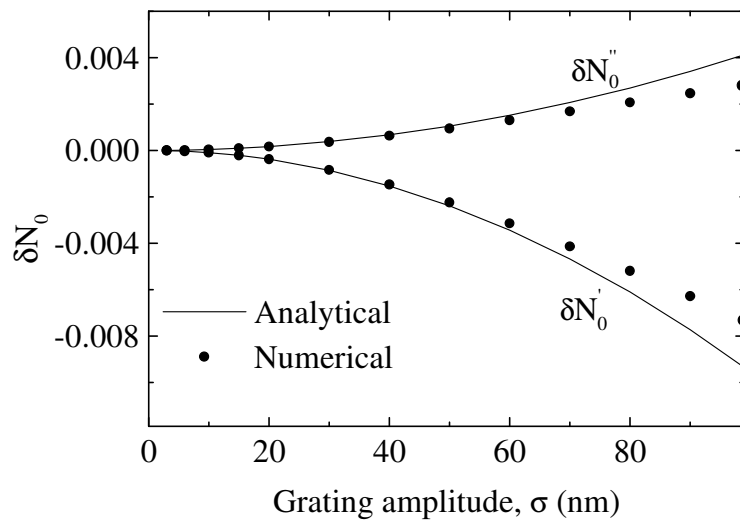


Fig. 8. Horvath et al., APB